



**SMALL GROUP**  
Maximum of  
24 Travelers

**LAND  
JOURNEY**

# Heart of Britain

featuring Yorkshire, the Lake District & Wales

## Inspiring Moments

- ▶ Marvel at the **breathtaking natural grandeur within Britain's premier parks**, including Yorkshire Dales National Park, the English Lake District and Snowdonia National Park.
- ▶ Take in sublime vistas of the **Fountains Abbey ruins** nestled within a spectacular, 18th-century water garden.
- ▶ Explore **historic, walled York**, built by the Romans, captured by the Vikings and packed with medieval treasures.
- ▶ Immerse yourself in Welsh history inside the mighty **castles of Conwy and Caernarfon**.
- ▶ Connect with local traditions over a traditional **English afternoon tea** and a stirring session of **Welsh folk music**.
- ▶ Luxuriate in the refined comforts and beautifully landscaped grounds of a **Welsh country manor**.

## INCLUDED FEATURES

### Accommodations (with baggage handling)

- **3 nights** in York, England, at the first-class Hotel Indigo York.
- **3 nights** in Windermere at the first-class Low Wood Bay Resort & Spa.
- **3 nights** in Deganwy (Conwy), Wales, at The Quay Hotel & Spa, a first-class property.
- **2 nights** in Llyswen at the first-class Llangoed Hall.

### Transfers (with baggage handling)

- Deluxe motor coach transfers during the Land Program.

### Extensive Meal Program

- 11 breakfasts, 6 lunches and 6 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

### Your One-of-a-Kind Journey

- **Discovery excursions** highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **AHI Sustainability Promise:** We strive to make a positive, purposeful impact in the communities we visit.
- **AHI Connects:** Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

### Itinerary

- Day 1** Depart gateway city✈
- Day 2** Arrive in Manchester and transfer🔄 to hotel in York
- Day 3** York
- Day 4** North Yorkshire
- Day 5** Fountains Abbey | Yorkshire Dales | Windermere
- Day 6** Northern Lake District
- Day 7** Lake District
- Day 8** Windermere | Chester | Conwy
- Day 9** Conwy | Llandudno
- Day 10** Caernarfon
- Day 11** Snowdonia National Park | Betws y Coed | Llyswen
- Day 12** Llyswen
- Day 13** Transfer🔄 to Birmingham airport and depart for gateway city✈

✈ Flights and 🔄 transfers included for AHI FlexAir participants.

**Note:** Itinerary may change due to local conditions.

**Activity Level:** We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details.



Conwy Castle



**Discovery**

**AHI Connects: Afternoon Tea at Betty's Tea Room.** Sit down for tea and sweet treats at this popular shop in York.

**Historic York.** Surrounded by superb medieval buildings, stroll on York's narrow, twisting lanes enclosed by 13th-century city walls, and visit York Minster, the magnificent Gothic cathedral. Walk with your guide along the Riverside Trail, and enjoy some free time.

**North Yorkshire.** Journey through wide, open moorland blanketed in heather to Rievaulx Terrace and Temples in North York Moors National Park. Admire the elegant, 18th-century temples and the nearby abbey ruins. Afterward, tour stately Castle Howard, where "Brideshead Revisited" was filmed.

**Fountains Abbey & Yorkshire Dales.** Explore the atmospheric, 12th-century Cistercian abbey ruins, England's largest and the focal point of a stunning Georgian water garden. Next, head into the Yorkshire Dales' sweeping landscapes of rolling hills and lush valleys lined with stone walls. See Aysgarth Falls and visit quaint Grassington.

**Northern Lake District.** Delight in wild fells, craggy mountain passes, peaceful dales and mirror-like lakes on a scenic tour. Learn about the area's geology and history, and stop in tiny Grasmere. After a distillery lunch and tasting, walk among the ancient stones of Castlerigg Stone Circle that date to 3000 B.C. and cruise on Derwentwater.

**Authors Day.** Discover the Lake District's former literary denizens. Enjoy a tour and poetry reading at Rydal Mount, William Wordsworth's home. Visit the lakeside home of Victorian writer John Ruskin, and Hill Top, Beatrix Potter's charming farmhouse.

**Chester.** Walk along old Chester's original Roman walls and have lunch in town.

**Conwy Castle, Bodnant Gardens and Llandudno.** Marvel at this imposing 13th-century castle built by English King Edward I, which features eight huge towers, a high curtain wall and fortified town walls. After roaming in the flower-filled terraces of Bodnant Gardens, relish the Victorian charm of seaside resort town Llandudno.

**Caernarfon Castle.** Gaze in awe at this formidable fortress born out of Edward's bitter wars with the Welsh princes. A lunch of Welsh specialties follows your guided tour.

**Snowdonia National Park.** Be dazzled by deep valleys, serene lakes and dramatic, rugged mountain ranges in this wonderland that stretches over 800 square miles. Visit the National Slate Museum to learn about this once dominant Welsh industry and cozy Betws y Coed, a village in Gwydir Forest.

**Enrichment**

- ▶ **Contemporary Britain**
- ▶ **North Yorkshire**
- ▶ **The History of the English Lakes**
- ▶ **Welsh Music Traditions**
- ▶ **Wales, Past & Present**

**UNESCO World Heritage**

1. Studley Royal Park including the Ruins of Fountains Abbey
2. The English Lake District
3. Castles and Town Walls of King Edward in Gwynedd (Conwy and Caernarfon)



York



Snowdonia National Park

**Accommodations**

- Hotel Indigo York** ○○○○○
- Low Wood Bay Resort & Spa** ○○○○○
- The Quay Hotel & Spa** ○○○○○
- Llangoed Hall** ○○○○○



The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

**AHI Sustainability Promise**

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

**Environmental Impact** | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

**Social Impact** | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

**Economic Impact** | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, "shoulder seasons."

**AHI Travel Expertise**

**Passenger Service Representative** | Helps with everything from arranging flights to fulfilling special requests.

**Travel Director** | Manages all details to ensure a memorable trip.

**Travel information** | Prepares you fully for your journey.

**Expert local guides and lecturers** | Provide friendly, knowledgeable service and share their passion for their country.

**Let us arrange your flights!**

**AHI FlexAir** | Our **personalized air program** features transfers, assistance and flexibility.

**DATES & PRICES**

**July 28 – August 9, 2022**

From Price **\$5,345**

Special Savings **\$250**

**Special Price \$5,095**

VAT is an additional \$495 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional \$1,095 (limited availability).