# THE BEST CAMP MICHIGANIA MILY CAMP

## Saturday Schedule:

TIME	EVENT	LOCATION
3-5 p.m.	Welcome & Check-in	Ed Center & Cabins
5:30 p.m.	Program Sign Ups Posted	Dining Hall, North Lounge
5:30-7 p.m.	Dinner	Dining Hall
7:15 p.m.	Camper Introductions	Flagpole Hill

## Hours:

OfficeSunday - Thursday 8:30 a.m. - 10 p.m.<br/>Friday 8:30 a.m. - 4 p.m.<br/>Saturday 8:30 - 10 a.m.Ed CenterSunday - Friday 8 a.m. -10 p.m.<br/>Saturday 8-10 a.m. & 3-10 p.m.

8:45-9:45 a.m. **Infirmary** 12:30-1:30 p.m. 6:15-7:15 p.m.

 
 Store
 Sunday - Friday 12:30-2:30 p.m. & 6:30-8 p.m.

# Where to Find:

Tournament Sign Ups

Area Specific Sign Ups

**Mentor Match Form** 

Camp & Staff Info

Ed Center & Dining

**Dining Hall, North** 

**Program Areas** 

starting Sunday

Main Office

Hall

Lounge

## Program Highlights:

Indigenous Education & Programs with Eric Hemenway Sundays & Tuesdays (see additional details within)

#### **Gender Expansive**

**Meet-Up** (community space for trans, nonbinary, gender expansive campers & staff) Wednesday 4:30 p.m.

## Family Events:

Campfire Sing-a-long
Family Olympics
Volleyball & Family Hayrides
Trivia

Kickball/Softball

Tuesday 6:45 p.m. Wednesday 6:45 p.m.

Monday 6:45 p.m.

Thursday 6:45 p.m.

Friday 6:45 p.m.

		С	AMP	MIC	HIGA	NIA -	MO	RNIN	G YO	UTH I	PRO	GRAN	<b>MS</b>						
Program Area Acronyms: ARH - Range Archery BO - Boating CAC - Ceramics, Arts & Crafts			FIT - FI KC - K	eld Spo itness ids Can ow Rope	ιp	llenge G	ames		NAT - 1 RID - F RIF - R ROP - 1	Riding	pes				<b>SUS</b> - S <b>SW -</b> S	oecial P Sustaina wimmin Inicorn (	ability g	e lucky!	)
Age Groups	No.		Sunday 9:45			<b>Monda</b> 9:45		<b>T</b> 8:45	uesda 9:45			edneso			hursda		8:45	Friday	
0-2s (ages infant to 2 years)	110.							m 8:45						<u> </u>					
3/4s (ages 3 & 4, preschool)		кс	NAT	FS	KC	RID	CAC	FIT	NAT	кс	KC	SW	FS	кс	RID	во	Un	icorn D	ay!!
5/6s (fall Kindergarten-1st grade)		NAT	CAC	RID	ARH	FS	FIT	NAT	во	sw	во	CAC	RID	во	sw	FS	CAC	NAT	UNI
789 Victors (fall 2nd-4th grade)		FS	SW	NAT	CAC	ARH	FS	во	RID	FS	ARH	LR	FIT	SW	во	CAC	NAT	FS	SW UNI
789 Wolverines (fall 2nd-4th grade)		FS	ARH	CAC	SW	во	NAT	FS	RID	NAT	FS	FIT	LR	ARH	CAC	NAT	во	CAC	SW UNI
Preteens (10 year olds)		CAC	во	ARH	FS	NAT	RIF	ARH	R	OP	NAT	RID	SW	RIF	CAC	ARH	FS	во	CAC
Preteens (11-12 year olds)		BO	R	OP	во	SW	во	RIF	FS	CAC	CAC	FS	NAT	NAT	ARH	RID	RIF	sw	во
Maize Teens (fall 8th & 9th grade)		SW	FS	во	RIF	CAC	SW	CAC	sw	ARH	SW		н КН 80	FS	NAT	RIF	SW	RID	ARH
Blue Teens (fall 10th-12th grade)		ARH	RID	RIF	NAT	R CAC	OP SW	SW	CAC	RIF	SW		RO RH	CAC	R	) DP	AR	<u>H*</u>	FS
NOTES: KIDS CAMP 5/6s meet at the flagpole Gazebo at 8:3 ROPES				, ,	,	2s meet	at Kids	s Camp.											
LR/ROP - ALL ROPES & LOW ROPES GRO <b>RIDING</b> Please be present at the beginning of an 3/4 & 5/6 RID sessions - parents encou <b>RIFLERY</b> RIF** Riflery 101 (for beginners only) <b>ARCHERY</b>	ıy Ridir	ng Sess	ions/Le	essons/		2 wear s	shoes th	nat are d	losed t	oed and	d closed	d heele	d. No ke	eens, ci	rocs, 5-1	inger sl	noes, e	tc.	
ARCHERT <u>ARH*</u> - Friday: The Archery Tournament o WEATHER In case of rain, FS and ARH morning acti									uled, in	cluding	Ropes!								

## CAMP MICHIGANIA - AFTERNOON YOUTH PROGRAMS

Program Area Acronyms:		FS	- Field Sp	orts				NAT - I	Vature					SP - Sp	ecial P	rojects		
ARH - Range Archery		FIT	- Fitness					RID - F	Riding					<b>SUS</b> - S	Sustaina	ability		
BO - Boating		KC	- Kids Ca	mp				RIF - R	iflery					SW - Sv	wimmin	g		
CAC - Ceramics, Arts & Crafts		LR	- Low Rop	es/Cha	llenge (	Games		ROP -	High Ro	pes				UNI - U	nicorn (	(if we're	lucky!)	
Age Groups		Sun			Monda			uesda			dnesda			hursda			Friday	
, igo aroups	No.	1:30 2:	30 3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30 3:3	30
0-2s (ages infant to 2 years)			Drop off	for 0-2	year old	ls 1:30-	-4:30pm	with st	aff; par	ents ca	n utilize	space	anytim	е.		KC		
3/4s (ages 3 & 4, preschool)			٨	lorth Be	ach 1:3	80-2:30,	, Cookie	Man 2	30-3:30	D, Kids	Camp 3:	30-4:3	30			North Beach		
5/6s (fall Kindergarten-1st grade)		North Beach Cookie Ma			Beach kie Man	TEN	North B Cookie		ARH	North & Cool	Beach kie Man	NAT	North & Cool	Beach kie Man	ARH	North Beach	WATER CARNIVA	
789s (fall 2nd-4th grade) optional		SW Gr	oup choice	e TEN	Group	choice	NAT	Group	choice	FS	Group d	hoice	RID*	Group	choice	Awards		
staffed programs		789	)s can par	ticipate	in staffe	ed sche	dule abo	ove or a	nything	open te	o their ag	ge groi	up on tl	he Daily	Pages!			
<b>Preteens, Maize Teens &amp; Blue Teens</b> (fall 5th-12th grade)					Check	out aft	ernoon	progra	m offer	rings ol	n Daily F	Pages	!					

### NOTES:

#### 789s

789s can join in the schedule above with the 789s staff (meet at program area), or they can participate in any programming that is open for ages 7+ on the Daily Pages. RID\* - Horse Care Exploration

Awards - join us for 789 awards in the Long Barn!

#### Kids Camp

5/6s meet at the flagpole gazebo at 1:15pm daily. 3/4s & 0/2s meet at Kids Camp at 1:15pm

3/4s & 5/6s will participate in swimming at North Beach and Cookie man every afternoon. 3/4s will then have activities at Kids Camp and 5/6s will go to program areas.

Pick up for 0/2s and 3/4s will be at Kids Camp & pick up for 5/6s will be at the flagpole gazebo at 4:30pm

Awards - join us for the special Cookie Man & Kids Camp Awards at 2:30pm!

#### WEATHER

In case of rain, FS activities meet in the Long Barn

			SUI	NDAY				
start timo	end time	description	days offered		ond time	description days of	offered	
Start time		ARCHERY	uays offered	Start time	enu time	RIDING	Jileieu	
1.30 PM	2.30 PM	Adult Range Archery lecture/demonstration (ages 18+)	S	No	experience	required for Walking Trails, lessons/check-out for Advanced Trails only!		
		Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent	-			10min prior to start time or your spot may be forfeited to an alternate.		
		Range Archery open (ages 7+)	., 5 S	8:30 AM	cuse arrive .	Sign up sheets for Sunday & Monday posted	S	
2.301 10	4.301 10	BOATING	3		10.30 AM	Checkouts for Gold M (ages 15+) - no sign-up	S S	
8:45 AM		Sign up sheets for Sunday & Monday posted	S			Open Lesson (ages 10+) - sign-up	STW	
	11·30 AM	Open Boating		2·45 PM	3.15 PM	Open Lesson (ages 10+) - <u>sign-up</u>	S	
9:00 AM	11.007.00	Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>				789s Lesson (ages 7-9) - <u>sign-up</u>	S	
	10:00 AM	Laser Rigging Demonstration	SWTh	0.001111	neerm	RIFLERY	0	
10:00 AM		Kayak Excursion (ages 13+)	SWTh	8:45 AM	9:35 AM	Riflery 101 (ages 18+) (Beginner lessons at 8:45 & 9:15am)	S	
		Open Boating	SMTWF		0.00	Riflery 101 (ages 18+) (Beginner lessons at 1:30pm & 2pm)	S	
1:45 PM		Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	SMTWF		llowing, 'til	3pm _22 Range Open (ages 10+)	S	
	3:00 PM	Ensign Ride (ages 18+) - <u>sign-up</u>				Shotgun 101 (ages 15+) (beginners only first 15 min.)	S	
		Hobie Lesson (intermediate, ages 15+) - sign up				ROPES		
		Advanced lesson (ages 18+) - sign-up	SMT			Meet at Ropes with closed toe shoes.		
		Hobie Lesson (intermediate, ages 15+) - sign up	_	8:45 AM	9:45 AM	Adult High Ropes (ages 18+)	S	
3:15 PM	4:30 PM	Ensign Ride (ages 18+) - <u>sign-up</u>				High Ropes & Elements (ages 18+)		
3:45 PM	4:30 PM	Hobie Lesson (intermediate, ages 15+) - sign up				High Ropes & Elements (ages 13-17)	SM	
		CERAMICS, ARTS & CRAFTS				SWIMMING		
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	S			Swim and Stay Fit (ages 15+) SMT	WThF	S
		Class: Raw Clay Fairy Doors - <u>sign up</u> at CAC (ages 13+)	S	1:30 PM	4:30 PM	Open Swimming SM	1TWTh	Ċ
		Class: Raw Clay Fairy Doors - <u>sign up</u> at CAC (ages 13+)	S			TEENS		Ζ
1:30 PM	4:30 PM	All Ages - Open Crafting	S			s: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn		
1:30 PM	4:30 PM	Raw Clay (ages 10+ or 7-10 w/ adult) - SUNDAY ONLY	S			Preteen - Mixer Mania (ages 10-12)	S	Þ
		FITNESS				Maize - Night Zip (ages 13-14)	S	
All fitnes		neet in or at the lower level of the dining hall unless otherwis		8:30 PM	10:00 PM	Blue - Bonfire at Steak Ride (ages 15-17)	S	
		ng a separate pair of clean shoes to change into prior to clas	SS.			TENNIS		
		Intro to Camp - Circuit Workout (outdoor)	S			Meet at Center Courts		
		Vinyasa - All level (Intro class)				Beginner Lesson; Groundstrokes (ages 15+)	S	
		HIIT (High Intensity Interval Training)	STh			Intermediate Tennis: Groundstrokes (ages 15+)	S	
		Intro to Stretching	S			Advanced Tennis: Groundstrokes (ages 15+)	S	
		Open Gym (Staff Present, come use the equipment!)	SMTWThE			Intro to Pickle Ball (ages 13+)	S	
3:30 PM	4:30 PM	Maize and Blue Teen Yoga	S	3:00 PM	4:30 PM	Open Pickle Ball (ages 13+)	S	
				All days T		SPECIAL EVENTS		
	11.25 ^ 4	NATURE / SUSTAINABILITY Rock polishing (ages 18+)	SMTWTh		ournamen	t, Court and limited-participant sign-ups in the North Lounge Grandparent Coffee Meet-Up - Ed Center Center lounge	S	
		Lakeshore hike - moderate difficulty, often muddy	SIVITIVITI	1:30 PM			S WThF	
10.00 AW	11.50 AW	- meet at Nature Center	5	1:30 PM		Indigenous Education Program w/ Eric Hemenway	S	
1.20 DM	2.20 DM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	SMTWTh	1.50 FIVI		- details TBA	5	
		Rock polishing (7-9 w/adult, 10+)	SMTWTh	7.15 DM		Staff Skit Show & Introductions - meet on Flagpole Hill	S	
		Indigenous Education Program w/ Eric Hemenway		8:30 PM		Deadline to submit the online form to be matched with a	C	
1.301 101		- see Special Events section for details	3	0.001 10		Staffer in the Mentor Matching program - stop by the office!	5	
3.00 PM	4·30 PM	Mystery hike - mild difficulty, camper dependent	SWTh	8:30 PM			MWTh	
3.001 1	1.501 10	- meet at Nature Center	300111	0.001 10				
2.00 PM	1.30 DM	Nature Center Open	STW					
2.00 FIVI	4.30 F IVI	Nature Center Open	3170					
Color Cod	le Key:	BOLDED - May incur additional fees	sign-up - Adva	ance sign-u	o required	Days of the week offered at same time: SMTWThF <color< th=""><th>Code Ke</th><th>y</th></color<>	Code Ke	y

			MO	NDAY				
start time	end time	description	days offered	start time	end time	description	days offered	
		ARCHERY	- 3			NATURE / SUSTAINABILITY cont'd		
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent	MTWThF	1:30 PM	3:30 PM		М	
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent	MTWThF			(bring water shoes and car keys to carpool)		
1:30 PM	4:30 PM	Range Archery open (ages 7+)	MW	1:30 PM	2:30 PM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	MTWTh	
		BOATING				Invasive Species Workshop Hike - meet outside Nature	Μ	
8:45 AM		Sign up sheets for Tuesday posted	M	2:30 PM	4:30 PM	Rock polishing (7-9 w/parent, ages 10+)	MTWTh	
	11:30 AM	Open Boating	MTWThF			RIDING		
9:00 AM		Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	SMTWThF	Pleas		min prior to start time or your spot will be forfeited to an a	alternate.	
		Pontoon boat ride (ages 18+) - <u>sign-up</u>		0.00 444	Photo.	shoot does not require that you arrive prior to start time.		
1:30 PM	4:30 PM	Open Boating		8:30 AM	11.15 AM	Sign up sheets for Tuesday posted	MTWTh	
1:45 PM	2.00 DM	Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	SMTWF			Open Lesson (ages 10+) - <u>sign-up</u>	M	
1:45 PM 1:45 PM		Ensign Ride (ages 18+) - <u>sign-up</u>				Trail (ages 10+) - <u>sign-up</u>	MW MT	
		Hobie Lessons (intermediate, ages 15+) - <u>sign up</u> Advanced lesson (ages 18+) - <u>sign-up</u>	SMT			Blue M Lesson (ages 10+) - <u>sign-up</u> Horse Photoshoot!	M	
		Hobie Lessons (intermediate, ages 15+) - <u>sign up</u>	51011	3.00 PIVI	3.45 FIVI	RIFLERY	IVI	
3:15 PM		Ensign Ride (ages 18+) - sign-up		1:30 PM	3:00 PM	Trap range open (ages 15+)22 range closed	MW	
		Hobie Lessons (intermediate, ages 15+) - sign up				Skeet range open (ages 15+)22 range closed	MW	
5.451 W	4.301 10	CERAMICS, ARTS & CRAFTS		3.001 10	4.301 W	ROPES		
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	М			Meet at Ropes with closed toe shoes.		
		Class: Advanced Tie Dye (ages 13+)		1:30 PM	4:30 PM	Preteens Course (ages 10-12)	Μ	
		Class: Advanced Tie Dye (ages 13+)	М			Teens Elements (ages 13-17)	М	
		All Ages - Open Crafting	М			SWIMMING		$\leq$
		FIELD SPORTS				Swim and Stay Fit (ages 15+)	MTWT	0
		I Tournament Kick-off - meet in N. Lounge, find your first op				Innertube Water Polo (ages 13+)	Μ	ð
		Junior Table Tennis Tournament (ages 7-12) - <mark>sign-up</mark>	M			Open Swimming	MTWT	ĸ
		Adult Table Tennis Tournament (ages 13+) - <u>sign-up</u>	M	4:30 PM	5:30 PM	Extended Open Swimming	MWF	
7:00 PM		Ultimate Frisbee (ages 13+) - meet on Softball Field	M			TEENS		
	All tourr	nament signs ups are in the North Lounge, meet in Long Bar	n			ts: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long		
Allfitzaa		FITNESS	appacified			Preteen - Bonfire at the Dunes (ages 10-12) I Maize - Movie Night (ages 13-14)	M	
		neet in or at the lower level of the dining hall unless otherwis ng a separate pair of clean shoes to change into prior to clas				I Blue - Night Zip (ages 15-17)	M	
		Wake-up yoga flow - Ed Ctr (Lakeside Porch, Library if rain)		0.301 10	10.001 10	TENNIS	IVI	
		TRX: strength training - all levels welcome (intro class)	MWF	8·45 AM	9·35 AM	Beginner Tennis instruction: net fundamentals (ages 15+	) MTWT	
		Vinyasa - All level				Intermediate/Advanced Tennis: net fundamentals (ages 1)		
		5/6s Fitness	М			Advanced Shots: Slices, Dropshot & Lobs (ages 15+)	M	
		Standup Paddle Board Yoga - sign-up: Fitness, meet: Boatir				789s Tennis/Pickleball (ages 7-9)	M	
		Open Gym (Staff Present, come use the equipment!)	MTWThF			Preteen & Maize Teen tennis/Pickleball (ages 10-14)	М	
		Michigania Mile, meet at Ed Center Porch	Μ			5/6s Tennis	Μ	
		Meditation, meet at Fitness room	Μ			SPECIAL EVENTS		
		NATURE / SUSTAINABILITY		9:00 AM		Coffee with Sun. Faculty Forum Speaker - Ed Center	MTThF	
7:00 AM		Bird Hike with the camp Naturalist- coffee 6:45am	M			Mentor Matching notification - check email and message		
		- meet at flag pole, cancelled if raining		1:30 PM	2:30 PM	789s Afternoon Program - meet at Tennis	MTWT	
		Rock polishing (ages 18+)	MTWThF		3:00 PM		М	
9:45 AM	10:45 AM	Wilderness and Wonders Walk - gentle walk	M	5:15 PM	5:30 PM	Mentor Mingle - meet in North Lounge of Dining Hall	M	
		- meet at Nature Center Lounge				- Informal touch base/connection between mentees/me		
1				6:45 PM		Family Campfire Sing-a-long	M	
	Ν	IATURE/SUSTAINABILITY continued in next column		0.00.51		- Meet at South Beach for singing & s'mores!		
				8:30 PM		Faculty Forum - meet in Ed Center	MWTh	
Color Coc	le Kev	BOLDED - May incur additional fees sig	<u>n-up</u> - Advar	nce sign_un	required	Days of the week offered at same time: SMTWThF	<color code="" ke<="" th=""><th>v</th></color>	v
	ie ney.			ice sign-up	requireu			2

			TUE	SDAY				
start time	end time	description da	ays offered	start time	end time	description da	ys offered	
		ARCHERY				NATURE/SUSTAINABILITY cont'd		
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	TWThF	1:30 PM	2:30 PM	Rock polishing (kids only, 7-10 w/ adult)	TWTh	
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)		1:30 PM		Adventure Kayak Hike (ages 18+) - mod. difficulty	Т	
		Range Archery open (ages 7+)	TThF			- sign-up North Lounge, meet: Boating		
		5/6 shoot	TTh	2:30 PM	4:30 PM	Rock polishing (7-9 w/parent, ages 10+)	TWTh	
		Evening open Archery (ages 10+) bring sunglasses	Т	2:00 PM		Nature Center Open	Т	
		BOATING		11:00 PM		Stargazing - meet on Ed Center porch	Т	
8:45 AM		Boating sign-up sheets for Wednesday posted	Т			RIDING		
8:45 AM	11:35 AM	Open Boating	TWThF	Pleas	e arrive 15	min prior to start time or your spot will be forfeited to an alte	rnate.	
9:00 AM		Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	SMTWThF		Popsicl	e Making does not require you to arrive prior to start time.		
1:30 PM	4:30 PM	Open Boating	TWF	8:30 AM		Sign up sheets for Wednesday posted	TWTh	
1:45 PM	2:30 PM	Hobie Lessons (intermediate, ages 15+) - <mark>sign up</mark>	TWF	10:45 AM	11:45 AM	Building the Basics Lesson (ages 10+) - <u>sign-up</u>	Т	
1:45 PM	4:30 PM	Advanced lesson (ages 18+) - <u>sign-up</u>	Т	1:45 PM	2:15 PM	Open Lesson (ages 10+) - <u>sign-up</u>	ΤW	
1:45 PM	4:30 PM	Sailing Excursion (out-of-bounds)	TF	1:45 PM	2:30 PM	Blue M Lesson (ages 10+) - <u>sign-up</u>	Т	
		- sign-up in advance at Boating to choose your vessel		2:45 PM	3:45 PM	Trail (ages 10+) - <u>sign-up</u>	Т	
2:45 PM	3:30 PM	Hobie Lessons (intermediate, ages 15+) - <mark>sign up</mark>		3:00 PM	3:45 PM	Horse Popsicle Making!	Т	
3:15 PM	4:30 PM	Ecology Ensign Ride, <u>sign-up</u> N. Lounge, meet at Boating	Т			RIFLERY		
		Hobie Lessons (intermediate, ages 15+) - <u>sign up</u>	~	1:30 PM	4:30 PM	.22 range open (ages 10+)	TTh	
6:45 PM	8:00 PM	Pontoon Ride (ages 18+) - <u>sign-up</u>	TTh	2:30 PM	4:30 PM	Trap range open (ages 15+)	TTh	
6:45 PM	8:00 PM	Open Evening Boating	TTh			ROPES		
		CERAMICS, ARTS & CRAFTS				Meet at Ropes with closed toe shoes.		
		AND FAMILY ROOMS CLOSED FOR TIE-DYE TUESDAY				High Ropes & Elements (ages 18+)	Т	2
		Adults/Teens - Open Crafting (ages 13+)	Т			Family Low Ropes team building - meet at Ropes	Т	F
		Class: Acrylic Pour (ages 13+) - <u>sign up at CAC</u>	Т	2:30 PM	4:30 PM	Zip Line (ages 10+)	Т	S.
		Class: Acrylic Pour (ages 13+) - <u>sign up at CAC</u>	Т			SWIMMING		Ū
		Adults/Teens - Open Crafting (ages 13+)	Ţ	6:45 AM		Lakeswim - approx 1 mile swim	Т	
1:30 PM	4:30 PM	All Ages - TIE DYE TUESDAY!	1			(ages 15+ & <b>must pass mandatory swim test)</b>		$\prec$
		(Tie Dye closed in morning)	1			Sign-up at Swimming, meet at Boating		
7:00 PM	9:00 PM	Crafting and Cocktails (ages 18+) BYOB	Г			Swim and Stay Fit (ages 15+)	TWThF	
1.20 514	1 . 0 .	FIELD SPORTS		1:30 PM	4:30 PM	Open Swimming	TWTh	
1:30 PM		dult Golf Chipping Tournament	I			TEENS		4
		the North Lounge & meet at the Long Barn	-			s: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Ba		
2:30 PM	3 V. 3 basi	ketball tourney, South Camp (camper led) sign-up N. Lounge				Preteen - Movie Night (ages 10-12)	T	
A 11 C 1		FITNESS	it's d			Maize - Capture the Flag (ages 13-14)	T	
		eet in or at the lower level of the dining hall unless otherwise		8:30 PM	10:00 PM	Blue - Capture the Flag (ages 15-17)	l	
		ng a separate pair of clean shoes to change into prior to class 3/4s Fitness			0.25 AM	TENNIS	TWTh	
						Beginner Tennis instruction: serves (ages 15+) Intermediate/Advanced Lesson: serves & returns (ages 15+		
		Vinyasa - All level Body Pump & Core Power						
						Cardio Tennis (ages 15+) all levels welcome	TTh T	
		Advanced Yoga Play Chair (Modified) Yoga - Outdoor, meet at Fitness Room		1:30 PM	4:30 PIN	Open Pickleball/Tennis (all ages welcome 7+) SPECIAL EVENTS	1	
		Open Gym (Staff Present, come use the equipment!)		9:00 AM		Coffee with Faculty Forum Speaker - Ed Center	TThF	
		Preteen Yoga		1:30 PM		789s Afternoon Program - meet at Nature	TWThF	
		Yin Yoga - restorative poses	і т	3:45 PM		Michigania Mile, meet at Education Center	T	
7.301 1	0.001 10	NATURE / SUSTAINABILITY	1	6:45 PM	7·45 PM	Michigania Family Olympics - meet at softball field	Ť	
8·45 AM	11·35 AM	Rock polishing (ages 18+)	TWThF			Indigenous Education Program w/ Eric Hemenway	T	
		Two Lakes Meadow Hike - meet at Nature Center		8:00 PM	9.00 PM		Ť	
		- moderate difficulty, steep incline, ~2 miles	1	11:00 PM	5.001 10	Stargazing - meet on Ed Center porch	T	
	Ν	ATURE/SUSTAINABILITY continued in next column		11.001 W			1	
						Days of the week offered at same time: SMTWThF < Co		
Color Cod		BOLDED - May incur additional fees sig	<u>n-up</u> - Advar					

			WED	NESDA	Υ			
start time	end time	description	avs offered	start time	end time	description days days days days days days days days	offered	
		ARCHERY	ayo orrorou		ond time	RIDING	0110100	
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	WThF	Р	lease arrive	15 min prior to start time or your spot will be forfeited to an alternate.		
9:45 AM	10:35 AM	Range Archery open (ages 18+)	W			otoshoot does not require you to arrive prior to start time.		
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	WThF	8:30 AM		Sign up sheets for Thursday posted	WTh	
1:30 PM	4:30 PM	Range Archery open (ages 7+)	W	9:15 AM	10:30 AM	Gold M Extended Trail (ages 18+) - sign-up	W	
		BOATING				Open Lesson (ages 10+) - sign-up	W	
8:45 AM		Sign up sheets for Thursday posted	W	1:45 PM	2:45 PM	Trail (ages 10+) - sign-up	W	
8:45 AM	11:30 AM	Open Boating	WThF	3:00 PM	4:00 PM	Gold M Lesson (ages 10+) - sign-up	W	
		Laser Rigging Demonstration	W			Horse Photoshoot!	W	
10:00 AM		Kayak Excursion (ages 13+)	WTh			RIFLERY		
		Advanced lesson (ages 18+) - <u>sign-up</u>	W			Trap range open (ages 15+)22 range closed	W	
9:00 AM	10:00 PM	Pontoon Ride (ages 18+) - <u>sign-up</u>	W	3:00 PM	4:30 PM	Skeet range open (ages 15+)22 range closed	W	
		Teen Regatta (ages 13-17)	W			ROPES		
		Open Boating	WThF			Meet at Ropes with closed toe shoes.		
1:45 PM	4:30 PM	Hobie lessons (ages 15+) - <u>sign up</u> for a time slot	W			Climbing 101 (ages 18+)	W	
1:45 PM		Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>				Adult Elements (ages 18+)	W	
		Ensign Ride (ages 18+) - <u>sign-up</u>	W	1:30 PM	4:30 PM	Family High Ropes (ages 10+) - <u>sign up</u> in North Lounge	W	5
1:45 PM	4:15 PM	Sailing Excursion (out-of-bounds)	WF			SWIMMING		
		- sign-up in advance at Boating to choose your vessel				Swim and Stay Fit (ages 15+)	WThF	
		CERAMICS, ARTS & CRAFTS				Open Swimming	WTh	DNE
		Adults/Teens - Open Crafting (ages 13+)	W	4:30 PM	5:30 PM	Extended Open Swimming	WF	
1:30 PM	4:30 PM	All Ages - Open Crafting	W			TEENS		$\overline{0}$
		FITNESS				s: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn		D
		neet in or at the lower level of the dining hall unless otherwise				Preteen - Capture the Flag (ages 10-12)	W	B
		ng a separate pair of clean shoes to change into prior to class				Maize - Bonfire at Steakride (ages 13-14)	W	
		Wake-up yoga flow - Ed Ctr (Lakeside Porch, Library if rain)	WF	8:30 PM	10:00 PM	Blue - LARPing (ages 15-17)	W	
		TRX: strength training - all fitness levels welcome	WF			TENNIS		
		Vinyasa - All level	WThF			Beginner Tennis instruction: putting it together (ages 15+)	WTh	
	11:35 AM		W			Intermediate/Advanced Tennis: putting it together (ages 15+)	WTh	
		Standup Paddle Board Fitness: sign-up: FIT, meet: BO				Open Tennis on the Main Courts		
		Open Gym (Staff Present, come use the equipment!)	WThF	1:30 PM	4:15 PM	Pickleball Tournament - meet at Main Courts	W	
		Wayback Wednesday: 80's Inspired Aerobics	W	0.00.414	10.00.414	SPECIAL EVENTS	W	1
5:00 PM	5:30 PM	Family Yoga	W	9:00 AM	10:30 AM	Book Club: camper-led discussion	VV	
	11.25 ANA	NATURE / SUSTAINABILITY		1.20 DM	2.20 014	- Meet in Ed Center Library		
		Rock polishing (ages 18+) Mystery hike - mild difficulty, camper dependent	1.4./			789s Afternoon Program - meet at Softball Field Gender Expansive Meet-Up - meeting spot TBA	WThF W	
10:00 AM	11:50 AIVI		VV	4:50 PIVI				
1:30 PM	2.00 014	Meet at Nature Center	14/	6:45 PM	- commun	ity space for trans, nonbinary, gender expansive campers & sta	TT W	
1:30 PM	5:00 PIVI	Treemendous Tree Hike - moderate difficulty - meet at Nature Center	vv	0:45 PM		Campers vs. Staff Volleyball Games (ages 15+) - for fun game first, competitive game directly following	VV	
1.20 DM	2.20 DM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	\\/Tb	GAE DM		Family Hayrides (every 15 min) - meet outside Dining Hall	W	
		Rock polishing (7-9 w/adult, ages 10-17) Rock polishing (7-9 w/adult, ages 10+)		6:45 PM 8:30 PM	1.43 PIVI	Faculty Forum - meet in Ed Center	WTh	
		Nature Center Open	W	0.30 F 101		racuity forum - meet in Eu Center	VV I []	
2.00 F M			VV	ļ				
Color Cod	le Key:	BOLDED - May incur additional fees sig	<mark>n-up</mark> - Advan	ice sign-up	required	Days of the week offered at same time: SMTWThF <color< td=""><td>Code Ke</td><td>y</td></color<>	Code Ke	y

			THU	RSDAY	,			
start time	end time	description days	offered	start time	end time	description days days d	offered	
		ARCHERY				NATURE/SUSTAINABILITY cont'd		
		Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	ThF			Rock polishing- kids only (7-9 w/adult, ages 10-17)	Th	
		Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	ThF	1:30 PM	3:00 PM	Nature Soap Making (ages 7+) - meet at Nature Center	Th	
		Range Archery open (ages 7+)	ThF			- show up anytime between 1:30-3:00!		
		5/6 shoot	Th	3:30 PM	4:30 PM	Mystery hike - mild difficulty, camper dependent		
6:30 PM	8:00 PM	Evening open Archery (ages 18+) bring sunglasses	Th			-Meet at Nature Center		
0.45.414		BOATING				Rock polishing (7-9 w/parent, ages 10+)	Th	
8:45 AM		Sign up sheets for Friday posted	Th	6:30 PM	7:30 PM	Evening Rock Polishing	Th	-
	11:30 AM	Open Boating	ThF		1 45	RIDING		4
9:00 AM		Kayak Excursion (ages 13+)	Th			min prior to start time or your spot will be forfeited to an alterna		
9:00 AM		Advanced lesson (ages 18+) - <u>sign-up</u>	Th		se Care and	d Popsicle Feeding do not require you to arrive prior to start time		
9:00 AM	10.00 4	Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	Th	8:30 AM	2.45 DM	Sign up sheets for Friday posted	Th	
		Boat Draw for Michigania Classic Regatta				Horse Care Exploration	Th	
1:30 PM 1:30 PM	1:45 PM	Regatta Skippers Meeting (req'd for regatta- boating bench)	Th Th			Popsicle Feeding <b>Steak Ride (ages 18+)</b> - sign-up	Th Th	
		Michigania Classic Regatta: 1st heat Boating closed except Regatta and Ensign Rides	Th	4.45 FIM	8.00 PIVI	RIFLERY		
		Race Ensign Ride (ages 18+) - sign-up	ThF	9:45 AM	0.25 AM	.22 range open (ages 18+)	ThF	4
	the first	Michigania Classic Regatta: 2nd Heat	Th			.22 range open (ages 10+)	Th	
		Ensign Ride (ages 18+) - sign-up	ThF			Trap range open (ages 15+)	Th	
		Open Evening Boating	Th	2.501 10	4.501 101	ROPES		
		Pontoon boat ride (ages 18+) - <u>sign-up</u>	Th			Meet at Ropes with closed toe shoes.		17
0.1011	0.001 10	CERAMICS, ARTS & CRAFTS		9.45 AM	10.35 AM	Climbing 101 (ages 15+)	Th	2
LAST DAY	Y FOR FUS	ED GLASS! LAST GLASS KILN WILL BE FIRED AT 4:30 PM!				Teen Elements (ages 13+)	Th	$\overline{\mathbf{x}}$
		Adults/Teens - Open Crafting (ages 13+)	Th			Zip Line (ages 18+)	Th	RS
		Drop-in Workshop: Beaded Earrings (ages 13+)	Th			SWIMMING		D
		All Ages - Open Crafting	Th	8:45 AM	11:45 AM	Swim and Stay Fit (ages 15+)	ThF	P
4:30 PM		Last glass kiln fires!	Th	1:30 PM	4:30 PM	Open Swimming	WTh	
6:30 PM	8:00 PM	Family Porch Crafting: Rock Painting & Stepping Stones	Th			TEENS		
		(Only Porch open)				s: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn		
		FIELD SPORTS				Preteen - Scavenger Hunt (ages 10-12)	Th	
1:30 PM		Bag-O Tournament, teams of two (all ages)	Th			Maize - Silly Olympics (ages 13-14)	Th	
		- <mark>sign up</mark> , meet at Long Barn		8:30 PM	10:00 PM	Blue - Silly Olympics (ages 15-17)	Th	_
		FITNESS				TENNIS		4
		neet in or at the lower level of the dining hall unless otherwise sp	pecified			Beginner Tennis: Beat the Pros (ages 15+)	Th	
		ng a separate pair of clean shoes to change into prior to class.				Intermediate/Advanced Tennis: Beat the Pros (ages 15+)	Th	
		Fitness Hike	Th			Cardio Tennis (ages 15+) all levels welcome	Th	
		Vinyasa - All level	ThF	1:30 PM	4:30 PM	Picklefest! (players ages 13+; all welcome to enjoy!)	Th	
		HIIT (High Intensity Interval Training)	Th	9:00 AM		SPECIAL EVENTS	THE	4
		Standup Paddle Board Yoga - <u>sign-up: FIT</u> , meet: BO	Th	9:00 AM 1:30 PM		Coffee with Faculty Forum Speaker - Ed Center	ThF	
		Open Gym (Staff Present, come use the equipment!)	ThF		the first	Michigania Classic Regatta: 1st heat	Th Th	
3.30 PIVI	4.30 PIVI	Yin Yoga - restorative poses NATURE / SUSTAINABILITY	IN	following 1:30 PM	ine nist	Michigania Classic Regatta: 2nd Heat 789s Afternoon Program - meet at CAC	Th ThF	
8.45 AM	11·35 AM	Rock polishing (ages 18+)	ThF		8.00 PM	Steak Ride (ages 18+) - sign-up	Th	
		Power Hike - Cardio based walk in nature, meet at Nature	1116	6:45 PM		Family Trivia - meet in Game Room in Ed Center	Th	
	3:15 PM		Th			Adult Trivia - meet in Game Room in Ed Center	Th	
1.501 1	0.101 101	- water friendly shoes required, meet at Nature Center	Th		5.001 W	Faculty Forum - meet in Ed Center	Th	
	Ν	IATURE/SUSTAINABILITY continued in next column	111	5.551 1			111	
					. ,			-
Color Coc	de Key:	BOLDED - May incur additional fees sign-u	<u>ip</u> - Advai	nce sign-up	required	Days of the week offered at same time: SMTWThF <color< th=""><th>Code Ke</th><th>ey</th></color<>	Code Ke	ey

		FRIDA	AY			
art time end ti	me description	days offered star	rt time	end time	description	days offered
	ARCHERY				RIFLERY	
	AM Field Archery open (ages 7+ w/Field/Jr Field, 7-12				.22 range open (ages 18+)	F
:00 AM	The Archery Tournament of Champions (ages 15					F
	M Range Archery open (ages 7+)				Advanced Shoot22 range, "Marksman" (ages 18+)	F
<u>30 PM 2:45 P</u>	M Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/pa	rent) F 1:30	0 PM	2:45 PM	Trap range open (ages 18+)	F
	BOATING				ROPES	
	AM Open Boating	F			Meet at Ropes with closed toe shoes.	_
	M Pontoon boat ride (ages 18+) - <u>sign-up</u>				High Ropes & Elements (ages 18+)	F
00 AM	Butterfly Lesson (beginner, ages 13+) - <u>sign-up</u>	F <u>1:30</u>	0 PM	<u>2:45 PM</u>	High Ropes: Last call (ages 13+)	F
00 AM	Advanced lesson (ages 18+) - <u>sign-up</u>	F			SWIMMING	
	M Open Boating				Swim and Stay Fit (ages 15+)	F
	M Michigania Fun Regatta- meet on boating beach			3:00 PM	Open Swimming	F
	M Ensign Ride (ages 18+) - <u>sign-up</u>		5 PM		Water Carnival & Awards!	ŀ
45 PM 4:30 P	M Sailing Excursion (out-of-bounds)		0 PM	5:30 PM	Extended Open Swimming	ŀ
	- sign-up in advance at Boating to choose yo	urvessel			TEENS	
	CERAMICS, ARTS & CRAFTS				s: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long	
	SES AFTER 11:35AM! LAST CERAMIC KILN WILL F				Preteen Party - North Beach (ages 10-12)	F
	JSED OR STAINED GLASS TODAY No glass kiln wil		UPM	10:00 PM	Maize & Blue - Last Chance Teen Dance (ages 13-17)	F
	PM Adults/Teens - Last Chance to Finish Ceramics				TENNIS	
35 AM	NO MORE PURCHASES! Last ceramic kiln fires		5 AM		Tournament Finals: Parent/Child	F
	Tie Dye closed all day		0 AM		Tournament Finals: Men's singles	ł
30 PM 2:45 P	M All Ages - Finish Crafts (no purchases/ceramics/		0 AM		Tournament Finals: Women's singles	1
Disease	FITNESS		30 AM		Tournament Finals: Men's doubles	ł
	bring a separate pair of clean shoes to change into pr		30 AM		Tournament Finals: Women's doubles	r
	M Wake-up yoga flow - Ed Ctr (Lakeside Porch, Lib) M Advanced TRX strength training		0 PM 0 PM		Tournament Finals: Mixed Doubles	f r
					Tournament Finals: Teens (ages 13-17) SPECIAL EVENTS	Г
	AM Vinyasa - All level AM Aqua Fitness / Meditation (meet at fitness)		0 AM		Coffee with Faculty Forum Speaker - Ed Center	
	M Yoga-Pilates Fusion *or* Body Pump and Core Po		00 AM		Electronic version of the camp evaluation available via e	email F
	M Open Gym (Staff Present, come use the equipme		45 AM		Unicorn Visit (if we're lucky!) - at Sand Pit	Finan F
301101 3.301	NATURE / SUSTAINABILITY	10.4			- Enter the woods by 10:30 to get to Sand Pit!	I
15 AM 11.35	AM Last Chance Rock Polishing (ages 18+)	F			- Kids Camp families meet at Sand Pit for pick up	
	M Last Chance Rock Polishing (ages 10°)	0+) E 1:45	5 PM	3:00 PM		F
	M Leaf-print shirts! (ages 7+)		0 PM	5.001 W	789s Afternoon Program - meet at Long Barn	F
01 W 2.431	RIDING		0 PM		Kids Camp Awards - meet at Cookie Man outside D. Hall	l F
Please arr	ive 10min prior to start time or your spot may be forfeited to		5 PM		WATER CARNIVAL & CAMP AWARDS!! - at Swimmin	
	M Gold M Trail (ages 10+) - sign-up			8:00 PM	Family Photos w/ Camp Photographer - Flagpole Hill	<b>-</b>
	M "Last Chance" Trail (ages 10+) - <u>sign-up</u>					F
	and and a second to the second of the second s		0 PM	0.001 10	Keg 'n' Coke party (ages 18+) - <i>Dining Hall</i>	F
		5.00			\$2 donation per person please	I
	SATURDAY					
45 AM 9:00 A	M Breakfast served in Dining hall					
	M Pick-up from last Kiln Firing - at CAC					
0:00 AM	Week Ends. Have a safe ride home!					
	Ip us prepare for next week's campers by vacating	our cabin no later than 10	0:00am	. THANK	YOU!!	
olor Code Key:	BOLDED - May incur additional fees	sign-up - Advance s		roquirod	Days of the week offered at same time: SMTWThF	<color codo="" i<="" td=""></color>

