



THE BEST WEEK

Saturday Schedule:

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
3-5 p.m.	Welcome & Check-in	Ed Center & Cabins
5-10 p.m.	Late Check-In	Ed Center
5:30 p.m.	Program Sign Ups Posted	Dining Hall, North Lounge
5:30-7 p.m.	Dinner <i>(please make alternate dinner plans if arriving after 7 p.m.)</i>	Dining Hall
7:15 p.m.	Camper Introductions	Flagpole Hill
Directly following	New Camper Orientation	Flagpole Hill

Hours:

Office

Sunday - Thursday 8:30 a.m. - 10 p.m.
Friday 8:30 a.m.-4 p.m.

Ed Center

Sunday - Thursday 7 a.m.-10 p.m.
Friday 7 a.m.-8 p.m.
Saturday 3-10 p.m.

Infirmary

8:45-9:45 a.m.
12:30-1:30 p.m.
6:15-7:15 p.m.

Store

Sunday 8:30-9:30 a.m. 12:30-1:30 p.m.
Monday - Friday 8:30-9:30 a.m.,
12:30-1:30 p.m. & 6-7:30 p.m.

Where to Find:

Event Sign Ups

(Massage, Sports, Tennis, Nature, Ropes, Keg & Coke, Special Events)

Dining Hall, North Lounge Saturday

Area Sign Ups

(Fitness, Riding, Boating, Swimming)

Program Areas starting Sunday

Mentor Match Form

Main Office

Camp & Staff Info

Ed Center & Dining Hall

Program Highlights:

Indigenous Education & Programs with Eric Hemenway

Twice each week
(see details within)

Gender Expansive Meet-Up
(community space for trans, nonbinary, and gender expansive campers & staff)

Tuesday 6:30 p.m.
(meet at Michigania Garden)

Family Events:

Campfire Sing-a-long

Monday 7 p.m.

Family Trivia

Tuesday 7 p.m.

Volleyball & Hayrides

Wednesday 7 p.m.

Family Olympics

Thursday 7 p.m.

Awards

Friday 7 p.m.

CAMP MICHIGANIA - MORNING YOUTH PROGRAMS

Program Area Acronyms:	FS - Field Sports FIT / YOGA - Fitness / Yoga KC - Kids Camp LR - Low Ropes/Challenge Games	NAT - Nature RID - Riding RIF - Riflery ROP - High Ropes	SP - Special Projects SUS - Sustainability SW - Swimming UNI - Unicorn (if we're lucky!)
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Age Groups	No.	Sunday			Monday			Tuesday			Wednesday			Thursday			Friday		
		8:45	9:45	10:45	8:45	9:45	10:45	8:45	9:45	10:45	8:45	9:45	10:45	8:45	9:45	10:45	8:45	9:45	10:45
Infants/Young Toddlers (typically ages 2 and under)		<i>Drop off for infants/young toddlers with staff from 8:45 AM - 11:35 AM and 1:30 PM - 4:30 PM; open for families anytime.</i>																	
		Magical Creatures			Music			Garden			Movement			Arts & Crafts			Unicorn Day!		
Older Toddlers/Preschool (typically ages 3-4, entering Preschool)		KC	NAT	FS	KC	RID	NAT	KC	CAC	YOGA	KC	SW	FS	KC	BO		KC		UNI
Early Elementary (typically ages 5-6, fall Kindergarten-1st grade)		SP	CAC	RID	ARH	FS	YOGA	NAT	BO		BO	CAC	SW	SW	NAT	FS	NAT	CAC	UNI
789s (ages 7-9, fall 2nd-4th grade)		FS*	ARH	BO	SW	BO		FS	RID		LR*		NAT	FS	CAC	ARH	CAC	NAT	SW UNI
Preteens (fall 5th-7th grade)		NAT	SW	CAC	NAT	ARH	CAC	ARH	ROP		RIF NAT	RID		BO	FS	RIF CAC	FS	BO	ARH
Maize Teens (fall 8th-9th grade)		ARH	FS	NAT	RIF	ROP		BO	SW	RIF ARH	CAC	ARH		NAT	ROP		RID		FS
Blue Teens (fall 10th-12th grade)		BO	RID	RIF	CAC	ROP		CAC	FS	ARH RIF	SW	ARH		ARH	ROP		ARH*		NAT
		NAT		RIF	CAC	NAT	SW*					BO	YOGA		RIF	SW	BO	SW	

NOTES:

KIDS CAMP/789s

Early elementary group meets at the flagpole Gazebo at 8:30am and 1:15pm daily. Infants & Toddlers/Preschool groups meet at Kids Camp.

FS* - 789 parents invited to check-in for the first morning drop off at Softball Field (Long Barn if raining)

ROPES

LR* - 789s Ropes, meet at Long Barn to walk to Ropes

ROP/LR - ROPES & LOW ROPES GROUPS - Meet at Ropes Course!

RIDING

Please be present at the beginning of any Riding Sessions & wear shoes that are closed toed and closed heeled. No keens, crocs, 5-finger shoes, etc.

Kids Camp RID sessions - parents encouraged to come watch!

ARCHERY

ARH* - Friday: The Archery Tournament of Champions (ages 15+) - sign-up in North Lounge

SWIMMING

SW* - Monday: Inner Tube Water Polo!

WEATHER

FS by default meets at the softball field. In cases of rain or inclement weather, FS meets at the Long Barn. Other classes meet as scheduled, including Ropes!

CAMP MICHIGANIA - AFTERNOON YOUTH PROGRAMS

Program Area Acronyms:	FS - Field Sports	NAT - Nature	SP - Special Projects
ARH - Range Archery	FIT - Fitness	RID - Riding	SUS - Sustainability
BO - Boating	KC - Kids Camp	RIF - Riflery	SW - Swimming
CAC - Ceramics, Arts & Crafts	LR - Low Ropes/Challenge Games	ROP - High Ropes	UNI - Unicorn (if we're lucky!)

Age Groups	No.	Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			
		1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	1:30	2:30	3:30	
Infants/Young Toddlers		<i>Drop off for infants/young toddlers 1:30-4:30pm with staff; families can utilize space anytime.</i>															KC	WATER CARNIVAL		
Older Toddlers/Preschool		<i>North Beach 1:30-2:30, Cookie Man 2:30-3:30, Free Play 3:30-4:30</i>															North Beach			
Early Elementary		North Beach & Cookie Man	SP	North Beach & Cookie Man	TEN	North Beach & Cookie Man	ARH	North Beach & Cookie Man	NAT	North Beach & Cookie Man	ARH	North Beach								
789s <i>(Optional staffed programs meet at Long Barn)</i>		SP	BO	SW	TEN	SP	FIT*	NAT	SP	SW	FS	SP	SW	FIT*	CAC	SW	Awards			
		<i>789s can participate in staffed schedule above or anything open to their age group on the Daily Pages!</i>																		
Preteens, Maize Teens & Blue Teens (fall 5th-12th grade)		<i>Check out afternoon program offerings on Daily Pages!</i>																		

NOTES:

789s

789s can join in the schedule above with the 789s staff (meet at Long Barn), or they can participate in any programming that is open for ages 7+ on the Daily Pages.

FIT* - 789 Dance

Awards - join us for 789 awards in the Long Barn!

Kids Camp

Early elementary group meets at the flagpole Gazebo at 8:30am and 1:15pm daily. Infant/Toddler/Preschool groups meet at Kids Camp.

Awards - join us for the special Cookie Man & Kids Camp Awards at 2:30pm!

WEATHER

In case of rain, FS activities meet in the Long Barn

SUNDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				RIDING			
1:30 PM	4:30 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	S	<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>			
1:30 PM	2:30 PM	Adult Range Archery lecture/demonstration (ages 18+)	S	8:30 AM		Sign up sheets for Sunday, Monday and Steak Ride posted	S
2:30 PM	4:30 PM	Range Archery open (ages 7+)	S	1:30 PM	2:30 PM	Trail (ages 10+) - sign-up	SMTWThF
BOATING				RIFLERY			
8:45 AM		Sign up sheets for Sunday & Monday posted	S	3:00 PM	4:00 PM	Trail (ages 10+) - sign-up	SMWThF
8:45 AM	11:30 AM	Open Boating	SMTWThF	RIFLERY			
9:00 AM		Basics of Sailing (first time sailor) - sign up	SM	8:45 AM	10:35 AM	Riflery 101 (ages 18+) (Beginner lessons at 8:45 & 9:15am)	S
10:00 AM		Kayak Excursion (ages 18+)	SW	1:30 PM		Riflery 101 (ages 18+) (Beginner lessons at 1:30pm & 2pm)	S
1:30 PM	4:30 PM	Open Boating	SMTWF	directly following, 'til 3pm .22 Range Open (ages 10+)			
1:45 PM		Butterfly Lesson (beginner, ages 13+) - sign-up	SMW	3:00 PM	4:30 PM	Shotgun 101 (ages 15+) (beginners only first 15 min.)	S
1:45 PM	3:00 PM	Ensign Ride (ages 18+) - sign-up	SMTThF	ROPES			
1:45 PM	2:45 PM	Hobie Lesson (intermediate, ages 15+) - sign up	SMTW	<i>Meet at Ropes with closed toe shoes.</i>			
1:45 PM		Ensign lesson (ages 18+) - sign-up	SMT	8:45 AM	9:35 AM	Adult Course (18+)	S
3:15 PM	4:15 PM	Hobie Lesson (intermediate, ages 15+) - sign up	SMTW	1:30 PM	4:30 PM	High Ropes & Elements (ages 13-17)	SM
3:15 PM	4:30 PM	Ensign Ride (ages 18+) - sign-up	SMTThF	SWIMMING			
CERAMICS, ARTS & CRAFTS				SWIMMING			
ALERT: TIE DYE CLOSED ALL DAY SUNDAY				8:45 AM	11:45 AM	Open Swim (ages 15+)	SMTWThF
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	S	1:30 PM	4:30 PM	Open Swimming	SMTWTh
9:00 AM	11:15 AM	Drop In Workshop: Raw Clay Fairy Doors (ages 13+)	S	1:30 PM	2:15 PM	Water Aerobics w/ Swim Staff	ST
1:30 PM	4:30 PM	All Ages - Open Crafting (ages 0-6 adult required)	SMTWTh	TEENS			
1:30 PM	4:30 PM	Raw Clay (ages 10+ or 7-10 w/ adult) - SUNDAY ONLY	S	<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
FITNESS				TENNIS			
<i>All fitness classes meet in or at the lower level of the dining hall unless otherwise specified</i>				<i>Meet at Center Courts</i>			
<i>Please bring a separate pair of clean shoes to change into prior to class.</i>				8:45 AM	9:35 AM	Beginner Lesson; Groundstrokes (ages 15+)	S
7:00 AM	8:00 AM	Open Gym (Staff Present, come use the equipment!)	STTh	9:45 AM	10:35 AM	Intermediate Tennis: Groundstrokes (ages 15+)	S
8:45 AM	9:35 AM	Intro to Camp - Circuit Workout (outdoor)	S	10:45 AM	11:35 AM	Advanced Tennis: Groundstrokes (ages 15+)	S
9:45 AM	10:35 AM	Vinyasa - All level (Intro class) With Adrienne	SMTThF	1:30 PM	3:00 PM	Intro to Pickle Ball (ages 13+)	S
10:45 AM	11:35 AM	Outdoor HIIT (High Intensity Interval Training) - meet at FIT	STh	3:00 PM	4:30 PM	Open Pickle Ball (ages 13+)	S
1:30 PM	2:30 PM	Intro to Stretching (all ages/levels welcome)	S	SPECIAL EVENTS			
2:30 PM	3:30 PM	Open Gym (Staff Present, come use the equipment!)	SMTWThF	All-day - Tournament, Court and limited-participant sign-ups in the North Lounge			
3:30 PM	4:30 PM	Michigania 5K - meet at Fitness	S	1:30 PM		789s Afternoon Program - meet at Long Barn	SMTWThF
NATURE / SUSTAINABILITY				1:30 PM	3:30 PM	Native History & Education w/ Eric Hemenway	S
9:45 AM	11:35 AM	Rock polishing (ages 18+)	SMTWTh	- meet in Forum Room			
10:00 AM	11:15 AM	Lakeshore hike - moderate difficulty, often muddy	S	3:30 PM	4:30 PM	Michigania 5K - meet at Fitness	S
				- meet at Nature Center			
1:30 PM	2:30 PM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	SMTWTh	7:15 PM		Staff Skit Show & Introductions - meet on Flagpole Hill	S
1:30 PM	2:30 PM	Power Hike- meet at Nature Center	S	8:30 PM		Faculty Forum - meet in Ed Center	SMWTh
2:30 PM	4:30 PM	Rock polishing (7-9 w/adult, 10+)	SMTWTh				
3:00 PM	4:30 PM	Open Nature Crafting and Paracord	SMTh				

SUNDAY

Color Code Key: **BOLDED** - May incur additional fees **sign-up** - Advance sign-up required Days of the week offered at same time: SMTWThF **<Color Code Key**

MONDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				NATURE/SUSTAINABILITY cont.			
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	MTWThF	2:30 PM	4:30 PM	Open Nature Crafting and Paracord	MTh
1:30 PM	4:30 PM	Range Archery open (ages 7+)	MW	2:30 PM	4:30 PM	Rock polishing (7-9 w/adult, 10+)	MTWTh
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	MTWThF	3:30 PM	4:30 PM	Animal Care	MTh
BOATING				RIDING			
8:45 AM		Sign up sheets for Tuesday posted	M	<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>			
8:45 AM	11:30 AM	Open Boating	MTWThF	8:30 AM		Sign up sheets for Tuesday posted	MTWTh
9:00 AM		Basics of Sailing - sign up	M	1:30 PM	2:30 PM	Trail (ages 10+) - sign-up	MTWThF
9:00 AM	10:00 AM	Pontoon boat ride (ages 18+) - sign-up	MWF	3:00 PM	4:00 PM	Trail (ages 10+) - sign-up	MWThF
1:30 PM	4:30 PM	Open Boating	MTWF	RIFLERY			
1:45 PM		Butterfly Lesson (beginner, ages 13+) - sign-up	MW	1:30 PM	3:00 PM	Trap range open (ages 15+) - .22 range closed	MW
1:45 PM	3:00 PM	Ensign Ride (ages 18+) - sign-up	MTThF	3:00 PM	4:30 PM	Skeet range open (ages 15+) - .22 range closed	MW
1:45 PM	2:45 PM	Hobie Lessons (intermediate, ages 15+) - sign up	MTW	ROPES			
1:45 PM		Ensign lesson (ages 18+) - sign-up	MT	<i>Meet at Ropes with closed toe shoes.</i>			
3:15 PM	4:15 PM	Hobie Lessons (intermediate, ages 15+) - sign up	MTW	8:45 AM	9:35 AM	Giant Swing - All ages	M
3:15 PM	4:30 PM	Ensign Ride (ages 18+) - sign-up	MTThF	9:45 AM	11:35 AM	Teens Course (ages 13-17)	M
CERAMICS, ARTS & CRAFTS				SWIMMING			
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	M	8:45 AM	11:45 AM	Open Swim (ages 15+)	MTWThF
9:30 AM	11:00 AM	Class: Water Color at the Water - meet at CAC (ages 13+)	M	10:45 AM	11:35 AM	Innertube Water Polo (ages 13+)	M
1:30 PM	4:30 PM	All Ages - Open Crafting (ages 0-6 adult required)	MTWTh	1:30 PM	4:30 PM	Open Swimming	MTWTh
	3:00 PM	Kiln Alert: Ceramic and Glass Kilns Unloaded!	MTWTh	4:30 PM	5:15 PM	Extended Open Swimming	MTWThF
FIELD SPORTS				TEENS			
11:50 AM		Bocce Ball Tournament Kick-off - meet in N. Lounge, find your first opponent		<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
1:30 PM	2:30 PM	Junior Table Tennis Tournament (ages 7-12) - sign-up	M	8:00 PM	9:30 PM	Preteen - Bonfire at the Dunes (ages 10-12)	M
2:30 PM	3:30 PM	Adult Table Tennis Tournament (ages 13+) - sign-up	M	8:30 PM	10:00 PM	Maize & Blue - Night Zip (ages 13-17)	M
		<i>All tournament signs ups are in the North Lounge, meet in Long Barn</i>		TENNIS			
FITNESS				TENNIS			
<i>All fitness classes meet in or at the lower level of the dining hall unless otherwise specified</i>				8:45 AM	9:35 AM	Beginner Tennis instruction: net fundamentals (ages 15+)	MTWT
<i>Please bring a separate pair of clean shoes to change into prior to class.</i>				9:45 AM	10:35 AM	Intermediate/Advanced Tennis: net fundamentals (ages 15+)	M
7:00 AM	8:00 AM	Wake-up Yoga w/ Adrienne - Ed Ctr Lake Porch (Library if rain)	MWF	10:45 AM	11:35 AM	Advanced Shots: Slices, Dropshot & Lobs (ages 15+)	M
8:45 AM	9:35 AM	TRX: strength training - all levels welcome (intro class)	MWF	1:30 PM	2:30 PM	789s Tennis (ages 7-9)	M
9:45 AM	10:35 AM	Vinyasa - All level With Kimberly	MTThF	2:30 PM	3:30 PM	Preteen & Maize Teen tennis/Pickleball (ages 10-14)	M
10:45 AM	11:40 AM	Kids Camp Yoga	M	3:30 PM	4:30 PM	5/6s Tennis	M
1:30 PM	2:30 PM	Accessible Stretch & Strengthen	MW	6:30 PM	7:30 PM	Evening Pickleball - main Tennis Courts	M
1:30 PM	2:30 PM	SUP Yoga - sign-up : Fitness, meet: Boating	MW	SPECIAL EVENTS			
2:30 PM	3:30 PM	Open Gym (Staff Present, come use the equipment!)	MTWThF	9:00 AM		Coffee with Faculty Forum Speaker - Ed Center	MTThF
3:45 PM	4:30 PM	Zumba	M	12:00 PM		Deadline to submit the online form to be matched with a Staffer in the Mentor Matching program - stop by the office!	M
NATURE / SUSTAINABILITY				SPECIAL EVENTS			
8:45 AM	11:35 AM	Rock polishing (ages 18+)	MTWThF	1:30 PM		789s Afternoon Program - meet at Long Barn	MTWT
9:00 AM	10:00 AM	Nature and Mindfulness Immersion	MTW	1:30 PM	3:00 PM	Petoskey stone safari (off camp) - meet at Ed Center	M
10:00 AM	11:35 AM	Garden Tour/ Tea making/Pickling- meet at Nature Center	MW	7:00 PM		Family Campfire Sing-a-long	M
1:30 PM	3:00 PM	Petoskey stone safari (off camp) - meet at Ed Center	M			- Meet at South Beach for singing & s'mores!	
		<i>(bring water shoes, and car keys to carpool)</i>		8:30 PM		Faculty Forum - meet in Ed Center	MWTh
1:30 PM	2:30 PM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	MTWTh	11:00 PM		Stargazing - meet on Ed Center porch	M
		NATURE/SUSTAINABILITY continued in next column					

MONDAY

Color Code Key: BOLDED - May incur additional fees sign-up - Advance sign-up required Days of the week offered at same time: SMTWThF **<Color Code Key**

TUESDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				NATURE/SUSTAINABILITY cont.			
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	TWThF	1:30 PM	2:30 PM	Rock polishing (kids only, 7-10 w/ adult)	TWTh
9:45 AM	10:35 AM	Range Archery open (ages 18+)	T	1:30 PM	3:30 PM	Adventure Kayak Hike (ages 18+) - mod. difficulty	T
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	TWThF			- sign-up North Lounge, meet: Boating	
1:30 PM	3:00 PM	Range Archery open (ages 7+)	TThF	2:30 PM	4:30 PM	Rock polishing (7-9 w/parent, ages 10+)	TWTh
3:30 PM	4:30 PM	5/6 shoot	TTh	6:30 PM	7:30 PM	Evening Rock Polishing	TTh
7:00 PM	8:00 PM	Evening open Range Archery (ages 10+) <i>bring sunglasses</i>	T	RIDING			
BOATING				<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>			
8:45 AM		Boating sign-up sheets for Wednesday posted	T	8:30 AM		Sign up sheets for Wednesday Posted	TWTh
8:45 AM	11:35 AM	Open Boating	TWThF	8:45 AM	9:45 AM	Adult Trail (18+) - sign-up	TTh
9:00 AM		Butterfly Lesson (beginner, ages 13+) - sign-up	TF	1:30 PM	2:30 PM	Trail (ages 10+) - sign-up	TWThF
1:30 PM	4:30 PM	Open Boating	TWF	4:45 PM	7:30 PM	Steak Ride (ages 18+) - sign-up (opens Sunday 8:30 AM)	T
1:45 PM	2:45 PM	Hobie Lessons (intermediate, ages 15+) - sign up	TW	RIFLERY			
1:45 PM		Ensign lesson (ages 18+) - sign-up	T	9:45 AM	10:45 AM	.22 range open (ages 18+)	TTh
1:45 PM	3:00 PM	Ensign Ride (ages 18+) - sign-up	TThF	1:30 PM	3:00 PM	.22 range open (ages 10+)	TTh
3:15 PM	4:15 PM	Hobie Lessons (intermediate, ages 15+) - sign up	TW	3:00 PM	4:30 PM	Trap range open (ages 15+)	TTh
3:15 PM	4:30 PM	Ensign Ride (ages 18+) - sign-up	TThF	ROPES			
6:45 PM	8:00 PM	Pontoon Ride (ages 18+) - sign-up	TTh	<i>Meet at Ropes with closed toe shoes.</i>			
6:45 PM	8:00 PM	Open Evening Boating	TTh	8:45 AM	9:35 AM	Climbing 101 (ages 18+)	T
CERAMICS, ARTS & CRAFTS				9:45 AM	11:35 AM	Preteens Course (10-12)	T
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	T	1:30 PM	4:30 PM	Racing Zip Line (ages 10+)	T
		ALERT: TIE DYE CLOSED IN THE MORNING	T	SWIMMING			
1:30 PM	4:30 PM	All Ages - Open Crafting (ages 0-6 adult required)	TWTh	6:45 AM		Lakeswim - approx 1 mile swim	T
1:30 PM	4:30 PM	All Ages - TIE DYE TUESDAY!	T			(ages 15+ & must pass mandatory swim test)	
	3:00 PM	Kiln Alert: Ceramic and Glass Kilns Unloaded!	TWTh			Sign-up at Swimming, meet at Boating	
7:00 PM	9:00 PM	Crafting and Cocktails (ages 13+, ages 21+ may BYOB)	T	8:45 AM	11:45 AM	Open Swim (ages 15+)	TWThF
FIELD SPORTS				1:30 PM	4:30 PM	Open Swimming	TWTh
1:30 PM		Junior & Adult Golf Chipping Tournament	T	1:30 PM	2:15 PM	Water Aerobics w/ Swim Staff	T
		Sign up in the North Lounge & meet at the Long Barn		4:30 PM	5:15 PM	Extended Open Swimming	TWThF
FITNESS				TEENS			
<i>All fitness classes meet in or at the lower level of the dining hall unless otherwise specified</i>				<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
<i>Please bring a separate pair of clean shoes to change into prior to class.</i>				8:00 PM	9:30 PM	Preteen - Movie Night (ages 10-12)	T
7:00 AM	8:00 AM	Open Gym (Staff Present, come use the equipment!)	TTh	8:30 PM	10:00 PM	Maize & Blue - Capture the Flag (ages 13-17)	T
8:45 AM	9:35 AM	Cardio Body Pump	T	TENNIS			
9:45 AM	10:35 AM	Vinyasa - All level With Adrienne	TThF	8:45 AM	9:35 AM	Beginner Tennis instruction: serves (ages 15+)	TWTh
10:45 AM	11:35 AM	Kids Camp Yoga	T	9:45 AM	10:35 AM	Intermediate/Advanced Lesson: serves & returns (ages 15+)	TWTh
1:30 PM	2:30 PM	SUP Fitness - sign-up: Fitness, meet: Boating	T	10:45 AM	11:35 AM	Cardio Tennis (ages 15+) all levels welcome	TTh
1:30 PM	2:30 PM	Mindfulness Meditation with Kimberly	T	1:30 PM	4:30 PM	Open Pickleball/Tennis (all ages welcome 7+)	T
2:30 PM	3:30 PM	Open Gym (Staff Present, come use the equipment!)	TWThF	SPECIAL EVENTS			
3:45 PM	4:30 PM	Michiganiana Mile	T	7:00 AM		Bird Hike - coffee 6:45am, meet at flag pole	T
NATURE / SUSTAINABILITY				9:00 AM		Coffee with Faculty Forum Speaker - <i>Ed Center</i>	TThF
7:00 AM	7:45 AM	Bird Hike - coffee 6:45am in North Lounge	T	9:00 AM		New camper check-in with Camp Director	T
		- meet at flag pole, cancelled if raining				- meet at Michiganiana garden	
9:00 AM	10:00 AM	Nature and Mindfulness Immersion	TW	1:30 PM		789s Afternoon Program - meet at Long Barn	TWThF
8:45 AM	11:35 AM	Rock polishing (ages 18+)	TWThF	3:45 PM	4:30 PM	Michiganiana Mile, meet at Ed Center Porch	T
10:00 AM	11:35 AM	Two Lakes Meadow Hike - meet at Nature Center	T	6:30 PM	7:30 PM	Gender Expansive Meet-Up - meet at Michiganiana garden	T
		- moderate difficulty, steep incline, ~2 miles				- community space for trans, nonbinary, gender expansive campers & staff	
		NATURE/SUSTAINABILITY continued in next column		7:00 PM		Family Trivia - meet in Faculty Forum Room	T
				7:00 PM	8:00 PM	Camper Led Family Softball game - meet at Softball field	T
				7:30 PM	9:00 PM	Learning on the Land, Indigenous Education w/ Eric Hemenway	T
						- meet on Education Center lakeside porch	

TUESDAY

Color Code Key: **BOLDED** - May incur additional fees | **sign-up** - Advance sign-up required | Days of the week offered at same time: SMTWThF **<Color Code Key**

WEDNESDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				NATURE/SUSTAINABILITY cont.			
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	WThF	1:30 PM	2:30 PM	Shoreline Exploration Hike, meet at Nature Center	W
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	WThF	1:30 PM	2:30 PM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	WTh
1:30 PM	4:30 PM	Range Archery open (ages 7+)	W	2:30 PM	4:30 PM	Rock polishing (7-9 w/adult, ages 10+)	W
BOATING				RIDING			
8:45 AM		Sign up sheets for Thursday posted	W	<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>			
8:45 AM	11:30 AM	Open Boating	WThF	8:30 AM		Sign up sheets for Thursday posted	WTh
9:00 AM	10:00 AM	Laser Rigging Demonstration	W	1:30 PM	2:30 PM	Trail (ages 10+) - sign-up	WThF
10:00 AM		Kayak Excursion (ages 13+)	W	3:00 PM	4:00 PM	Trail (ages 10+) - sign-up	WThF
9:00 AM	11:30 AM	Ensign lesson (ages 18+) - sign-up	W	RIFLERY			
9:00 AM	10:00 PM	Pontoon Ride (ages 18+) - sign-up	WF	1:30 PM	3:00 PM	Trap range open (ages 15+) - .22 range closed	W
9:45 AM	11:35 AM	Teen Regatta (ages 13-17)	W	3:00 PM	4:30 PM	Skeet range open (ages 15+) - .22 range closed	W
1:45 PM		Butterfly Lesson (beginner, ages 13+) - sign-up	W	ROPES			
1:45 PM	2:45 PM	Hobie lessons (ages 15+) - sign up for a time slot	W	<i>Meet at Ropes with closed toe shoes.</i>			
1:45 PM		Spinnaker Lesson (Advanced, ages 18+) - sign up	W	8:45 AM	9:35 AM	Low Ropes - All ages	W
1:45 PM	4:15 PM	Sailing Excursion (out-of-bounds)	WF	8:45 AM	10:35 AM	Giant Swing (7-9)	W
3:00 PM		Eco Ensign Ride (ages 18+) - sign-up in the north lounge	W	10:45 AM	11:35 AM	Giant Swing - All ages	W
3:15 PM	4:15 PM	Hobie lessons (ages 15+) - sign up for a time slot	W	1:30 PM	4:30 PM	Family High Ropes (ages 10+) - sign up in North Lounge	W
CERAMICS, ARTS & CRAFTS				SWIMMING			
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	W	8:45 AM	11:45 AM	Open Swim (ages 15+)	WThF
		ALERT: TIE DYE CLOSED IN THE MORNING	TW	1:30 PM	4:30 PM	Open Swimming	WTh
9:30 AM	11:00 AM	Class: Shibori Tie Dye - The Ripple Effect (ages 13+)	W	4:30 PM	5:15 PM	Extended Open Swimming	WThF
1:30 PM	4:30 PM	All Ages - Open Crafting (ages 0-6 adult required)	WTh	TEENS			
3:00 PM		Kiln Alert: Raw Clay, Ceramics, and Glass Kilns Unloaded!	W	<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
		Drop-In: Beaded Earrings (ages 13+)	W	8:00 PM	9:30 PM	Preteen - Capture the Flag (ages 10-12)	W
FIELD SPORTS				TENNIS			
2:30 PM	3 v. 3	basketball tourney, South Camp (camper led) sign-up N. Lounge	W	8:30 PM	10:00 PM	Maize & Blue - Movie Night (ages 13-17)	W
FITNESS				SPECIAL EVENTS			
<i>All fitness classes meet in or at the lower level of the dining hall unless otherwise specified</i>				9:00 AM 10:30 AM Book Club: camper-led discussion			
<i>Please bring a separate pair of clean shoes to change into prior to class.</i>				- Meet in Ed Center Library			
7:00 AM	8:00 AM	Wake-up Yoga w/ Adrienne - Ed Ctr Lake Porch (Library if rain)	WF	1:30 PM		789s Afternoon Program - meet at Long Barn	WThF
8:45 AM	9:35 AM	TRX: strength training - all fitness levels welcome	WF	7:00 PM		Campers vs. Staff Volleyball Games (ages 15+)	W
8:45 AM	9:35 AM	TRX: strength training - all fitness levels welcome	WF	- for fun game first, competitive game directly following			
9:45 AM	10:35 AM	Vinyasa Yoga With Kimberly	W	7:00 PM	8:00 PM	Family Hayrides (every 20 min) - meet outside Dining Hall	W
10:45 AM	11:35 AM	Core Power	W	8:00 PM	8:30 PM	Mentor Mingle - Ed Center Library	W
1:30 PM	2:30 PM	SUP Yoga - sign-up : Fitness, meet: Boating	WTh	- informal mentor/mentee meet up & connection			
1:30 PM	2:30 PM	Accessible Stretch & Strengthen	WThF	8:30 PM		Faculty Forum - meet in Ed Center	WTh
2:30 PM	3:30 PM	Open Gym (Staff Present, come use the equipment!)	W	NATURE / SUSTAINABILITY			
3:30 PM	4:30 PM	Aqua Fitness	W	8:45 AM 11:35 AM Rock polishing (ages 18+)			
3:30 PM	4:30 PM	Yin Yoga (Restorative poses) with Adrienne	WF	9:00 AM 10:00 AM Accessible Nature and Mindfulness Immersion			
8:30 PM	9:30 PM	Glow Zumba	W	-Meet in the Michigania Garden			
NATURE / SUSTAINABILITY				NATURE/SUSTAINABILITY continued in next column			
8:45 AM	11:35 AM	Rock polishing (ages 18+)	W				
9:00 AM	10:00 AM	Accessible Nature and Mindfulness Immersion					
		-Meet in the Michigania Garden					

WEDNESDAY

Color Code Key: BOLDED - May incur additional fees sign-up - Advance sign-up required Days of the week offered at same time: SMTWThF <Color Code Key

THURSDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				NATURE/SUSTAINABILITY cont.			
8:45 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	ThF	1:30 PM	2:30 PM	Rock polishing- kids only (7-9 w/adult, ages 10-17)	Th
1:30 PM	3:00 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	ThF	2:30 PM	4:30 PM	Open Nature Crafting and Paracord	Th
1:30 PM	3:00 PM	Range Archery open (ages 7+)	ThF	2:30 PM	4:30 PM	Rock polishing (7-9 w/parent, ages 10+)	Th
3:30 PM	4:30 PM	5/6 shoot	Th	3:00 PM	4:30 PM	Wilderness and Wonders Hike, moderate difficulty - Meet at Nature Center	Th
6:30 PM	8:00 PM	Evening open Range Archery (ages 18+) <i>bring sunglasses</i>	Th	6:30 PM	7:30 PM	Evening Rock Polishing	Th
BOATING				RIDING			
8:45 AM		Sign up sheets for Friday posted	Th	<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>			
8:45 AM	11:30 AM	Open Boating	ThF	8:30 AM		Sign up sheets for Friday posted	
9:15 AM	10:00 AM	Boat Draw for Michiganian Classic Regatta - Regatta Basics Directly Following	Th	8:45 AM	9:45 AM	Adult Trail (18+) - sign-up	Th
9:00 AM		Ensign lesson (ages 18+) - sign-up	Th	1:30 PM	2:30 PM	Trail (ages 10+) - sign-up	ThF
1:30 PM	1:45 PM	Regatta Skippers Meeting (req'd for regatta- boating bench)	Th	3:00 PM	4:00 PM	Trail (ages 10+) - sign-up	ThF
1:30 PM		Michiganian Classic Regatta: 1st heat	Th	RIFLERY			
1:30 AM	4:45 PM	Boating closed except Regatta and Ensign Rides	Th	8:45 AM	9:35 AM	.22 range open (ages 18+)	Th
1:45 PM	3:00 PM	Race Ensign Ride (ages 18+) - sign-up	ThF	1:30 PM	3:00 PM	.22 range open (ages 10+)	Th
following the first		Michiganian Classic Regatta: 2nd Heat	Th	3:00 PM	4:30 PM	Trap range open (ages 15+)	Th
3:15 PM	4:30 PM	Ensign Ride (ages 18+) - sign-up	ThF	ROPES			
6:45 PM	8:00 PM	Open Evening Boating	Th	<i>Meet at Ropes with closed toe shoes.</i>			
6:45 PM	8:00 PM	Pontoon boat ride (ages 18+) - sign-up	Th	8:45 AM	9:35 AM	Climbing 101 (ages 18+)	Th
CERAMICS, ARTS & CRAFTS				9:45 AM	11:35 AM	Teen Elements (ages 13+)	Th
8:45 AM	11:35 AM	Adults/Teens - Open Crafting (ages 13+)	Th	1:30 PM	4:30 PM	Adult Course (18+)	Th
1:30 PM	4:30 PM	All Ages - Open Crafting (ages 0-6 adult required)	Th	SWIMMING			
3:00 PM		Kiln Alert: Ceramic and Glass Kilns Unloaded!	Th	8:45 AM	11:45 AM	Open Swim (ages 15+)	ThF
4:30 PM		LAST GLASS KILN FIRES AT 4:30 PM	Th	1:30 PM	4:30 PM	Open Swimming	WTh
6:30 PM	8:00 PM	Family Crafting: Treasure Chests, Fairy Doors, Rock Painting	Th	4:30 PM	5:15 PM	Extended Open Swimming	ThF
		ALERT: ONLY PORCH OPEN		TEENS			
FIELD SPORTS				<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
1:30 PM		Bag-O Tournament, teams of two (all ages) - sign up , meet at Long Barn	Th	8:00 PM	9:30 PM	Preteen - Scavenger Hunt (ages 10-12)	Th
FITNESS				8:30 PM	10:00 PM	Maize & Blue - Game Day! (ages 13-17)	Th
<i>All fitness classes meet in or at the lower level of the dining hall unless otherwise specified Please bring a separate pair of clean shoes to change into prior to class.</i>				TENNIS			
7:00 AM	8:00 AM	Open Gym (Staff Present, come use the equipment!)	Th	<i>Beat the Pros morning has an 80s Theme, dress up or just come watch!</i>			
8:45 AM	9:35 AM	Fitness Hike - meet outside Fitness	Th	8:45 AM	9:35 AM	Beginner Tennis: Beat the Pros (ages 15+)	Th
9:45 AM	10:35 AM	Vinyasa - All level with Adrienne	ThF	9:45 AM	10:35 AM	Intermediate/Advanced Tennis: Beat the Pros (ages 15+)	Th
10:45 AM	11:35 AM	Outdoor HIIT (High Intensity Interval Training) - meet at FIT	Th	10:45 AM	11:35 AM	Cardio Tennis (ages 15+) all levels welcome	Th
1:30 PM	2:30 PM	SUP Yoga - sign-up : Fitness, meet: Boating	Th	1:30 PM	4:30 PM	Picklefest! (players ages 13+; all welcome to enjoy!)	Th
1:30 PM	2:30 PM	Accessible Hike - meet outside Fitness	Th	SPECIAL EVENTS			
2:30 PM	3:30 PM	Open Gym (Staff Present, come use the equipment!)	ThF	9:00 AM		Coffee with Faculty Forum Speaker - <i>Ed Center</i>	ThF
3:30 PM	4:30 PM	Family Yoga (parents and little ones!)	Th	1:30 PM		Michiganian Classic Regatta: 1st heat	Th
NATURE / SUSTAINABILITY				following the first		Michiganian Classic Regatta: 2nd Heat	Th
8:45 AM	11:35 AM	Rock polishing (ages 18+)	ThF	1:30 PM		789s Afternoon Program - meet at Long Barn	ThF
9:00 AM	10:30 AM	Explorer's Hike, Moderate Difficulty (Off Trail Hike) (bring long pants and hiking shoes) - Meet at Nature Center	Th	7:00 PM	8:00 PM	Michiganian Family Olympics - meet at softball field	Th
1:30 PM	2:30 PM	Animal Care	Th	8:15 PM		789s Movie Night - meet at Nature Center	Th
<i>NATURE/SUSTAINABILITY continued in next column</i>				8:30 PM		Faculty Forum - meet in Ed Center	Th

THURSDAY

Color Code Key: **BOLDED** - May incur additional fees **sign-up** - Advance sign-up required Days of the week offered at same time: SMTWThF **<Color Code Key**

FRIDAY

start time	end time	description	days offered	start time	end time	description	days offered
ARCHERY				RIFLERY			
9:00 AM	11:35 AM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	F	8:45 AM	10:35 AM	.22 range open (ages 18+)	F
9:00 AM		The Archery Tournament of Champions (ages 15+) - sign-up	F	1:30 PM	2:00 PM	.22 range open (ages 18+) - Marksman day!	F
1:30 PM	2:45 PM	Range Archery open (ages 7+)	F	2:00 PM	2:45 PM	Trap range open (ages 18+)	F
1:30 PM	2:45 PM	Field Archery open (ages 7+ w/Field/Jr Field, 7-12 w/parent)	F	ROPES			
BOATING				<i>Meet at Ropes with closed toe shoes.</i>			
8:45 AM	11:30 AM	Open Boating	F	8:45 AM	11:35 AM	High Ropes & Elements (ages 18+)	F
9:00 AM	10:00 AM	Pontoon boat ride (ages 18+) - sign-up	F	1:30 PM	2:45 PM	High Ropes: Last call (ages 13+)	F
9:00 AM		Butterfly Lesson (beginner, ages 13+) - sign-up	F	SWIMMING			
1:30 PM	4:30 PM	Open Boating	F	8:45 AM	11:45 AM	Open Swim (ages 15+)	F
1:45 PM	3:00 PM	Michigania Fun Regatta- <i>meet on boating beach</i>	F	1:30 PM	3:00 PM	Open Swimming	F
1:45 PM	3:15 PM	Ensign Ride (ages 18+) - sign-up	F	3:15 PM		Water Carnival	F
1:45 PM	4:30 PM	Sailing Excursion (out-of-bounds)	F	4:30 PM	5:15 PM	Extended Open Swimming	F
CERAMICS, ARTS & CRAFTS				TEENS			
ALERT: NO FUSED OR STAINED GLASS TODAY				<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
8:45 AM	11:35 PM	Adults/Teens - Last Chance to Finish Crafts (ages 13+)	F	8:00 PM	9:30 PM	Preteen Party - North Beach (ages 10-12)	F
11:35 AM		LAST CERAMIC KILN FIRES AT 11:35 AM	F	8:30 PM	10:00 PM	Maize & Blue - Last Chance Teen Party (ages 13-17)	F
After Water Carnival Kiln Alert: All Kilns Unloaded! Come pick up your art! FINISHED PIECES WILL BE AVAILABLE ON THE PORCH. DON'T SEE YOUR PIECE? COME BACK SATURDAY 8:30-10:00				TENNIS			
FITNESS				<i>Meeting spots: Preteens - Long Barn, Maize - Teen Lounge, Blue - Long Barn</i>			
<i>Please bring a separate pair of clean shoes to change into prior to class.</i>				8:45 AM		Tournament Finals: Parent/Child	F
7:00 AM	8:00 AM	Wake-up Yoga w/ Adrienne - Ed Ctr Lake Porch (Library if rain)	F	8:45 AM		Tournament Finals: Men's singles	F
8:45 AM	9:35 AM	Advanced TRX strength training	F	8:45 AM		Tournament Finals: Women's singles	F
9:45 AM	10:35 AM	Vinyasa - All level With Kimberly	F	10:30 AM		Tournament Finals: Men's doubles	F
10:45 AM	11:35 AM	Yin Yoga - restorative poses	F	10:30 AM		Tournament Finals: Women's doubles	F
1:30 PM	2:30 PM	Sound Bath & Meditation With Adrienne - meet at Fitness	F	1:30 PM		Tournament Finals: Mixed Doubles	F
2:30 PM	3:00 PM	Open Gym (Staff Present, come use the equipment!)	F	1:30 PM		Tournament Finals: Teens (ages 13-17)	F
NATURE / SUSTAINABILITY				SPECIAL EVENTS			
9:45 AM	11:35 AM	Last Chance Rock Polishing (ages 18+)	F	9:00 AM		Coffee with Faculty Forum Speaker - <i>Ed Center</i>	F
1:30 PM	2:45 PM	Last Chance Rock Polishing - (7-9 w/adult, ages 10+)	F	10:00 AM		Electronic version of the camp evaluation available via email	F
1:30 PM	2:45 PM	Open Nature Crafting (ages 7+)	F	10:45 AM		UNICORN VISIT (if we're lucky!) - at Sand Pit	F
RIDING				- Enter the woods (behind CAC) by 10:30 to get to Sand Pit - Kids Camp families meet at Sand Pit for pick up			
<i>Please arrive 15 min prior to start time or your spot will be forfeited to an alternate.</i>				1:45 PM	3:00 PM	Michigania Fun Regatta- <i>meet on boating beach</i>	F
1:30 PM	2:30 PM	Last Chance Trail (ages 10+) - sign-up	F	1:30 PM		789s Afternoon Program - meet at Long Barn	F
3:00 PM	4:00 PM	Last Chance Trail (ages 10+) - sign-up	F	2:30 PM		Kids Camp Awards - meet at Cookie Man outside D. Hall	F
SATURDAY				3:15 PM		WATER CARNIVAL - at Swimming	F
7:45 AM	9:00 AM	Breakfast served in Dining hall		7:00 PM		AWARDS - Flagpole Hill	F
8:30 AM	9:30 AM	Pick-up from last Kiln Firing - <i>at CAC</i>		9:00 PM		Keg 'n' Coke party (ages 18+) - <i>Dining Hall</i>	F
10:00 AM		Week Ends. Have a safe trip home!		\$2 donation per person please			
*Note: Please help us prepare for next week's campers by vacating your cabin no later than 10:00am. THANK YOU!!							

FRIDAY

FRIDAY & SATURDAY

Color Code Key: BOLDED - May incur additional fees sign-up - Advance sign-up required Days of the week offered at same time: SMTWThF Color Code Key