MALTA IN MOTION

Valetta - Mdina - Gozo Island - Three Cities

US departure date: **October 2, 2027** |
Malta land tour start date: **October 3, 2027** |
Malta return date: **October 9, 2027**

8 Days from: **$2998**



START YOUR ADVENTURE

Dear Young Alumni and Friends!

Can you think of a better way to travel than with fellow University of Michigan young alumni?

The University of Michigan Alumni Association young alumni travel program, designed for recent grads in their 20s and 30s, offers you this opportunity by bringing you together with individuals in the same age range, with similar backgrounds and experiences, while enriching you on well-designed, hassle-free tours of the world.

These programs provide social, cultural, and recreational activities and many opportunities for learning, enrichment and enjoying a connection back to University of Michigan. Our journeys are of great quality and value, operated by a travel company with over 50 years of experience in the young travel market.

In this brochure you will find a detailed itinerary, travel dates and pricing.

If you have any questions about this tour, please contact our tour operator, AESU Alumni World Travel, by calling 800-638-7640 or email alumni@aesu.com.

To make an online booking, please visit our young alumni tour landing page www.aesu.com/umich and select this tour to be directed to the tour web site.

We are looking forward to traveling with you this coming season.

Sincerely,

Rachele Neu

RACHELE NEU B.S. ’08, M.A. ’12
Senior Travel Program Manager
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Michigan Alumni Travel is an exclusive member benefit, which means all travelers, regardless of alumni status, must be a member to attend our trips.
To join the Alumni Association please visit **https://alumni.umich.edu/membership/**

Travel insurance is compulsory. The Alumni Association of the University of Michigan offers the following travel insurance: **https://alumni.trawickinternational.com/school/welcome/677/**

WHAT'S INCLUDED

Sun-soaked days, neon-blue seas, and streets that whisper stories older than the pyramids — welcome to Malta, a Mediterranean gem with an under-the-radar energy. This journey blends together ancient temples and medieval cities with cliffside swims, hidden caves, and lazy afternoons on golden beaches. By night, swap stories over local wine or dive into the island's buzzing nightlife. Malta isn't just a trip — it's a perfect mix of culture, connection, and carefree Mediterranean vibes.

8-DAY PACKAGE

Transportation and Lodging
- 6 nights at 3 or 4-star hotels, 2-share rooms with private bath/shower
- Airport transfer with purchased AESU group airfare
- Ground transportation by private motor coach as per itinerary

Meals
- 6 breakfasts
- 3 specialty dinners
- 1 lunch

Activities & Admissions
- Guided tour of Valletta
- Misterium Fidei
- Blue Grotto boat ride
- Guided tour of Mdina ("The Silent City")
- Guided tour of Gozo Island, incl. Gozo Citadel
- Guided tour of the Three Cities: Vittoriosa, Senglea, Cospicua
- Tuta Agrotourism Farm visit
- Cheese-making workshop

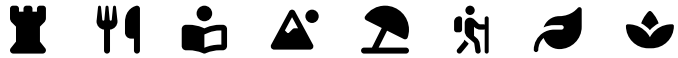
Sights & Highlights
- Valletta & Surroundings
- Upper Barrakka Gardens
- St. John's Co-Cathedral
- Grand Master's Palace
- Hagar Qim Temples
- Mnajdra Temples
- Blue Grotto
- Mdina ("The Silent City")
- Gozo Island
- Gozo Citadel
- Three Cities: Vittoriosa, Senglea, Cospicua
- Tuta Agrotourism Farm
- Cheese-making workshop
- Azure Window views
- Swim in the Inland Sea

Optional Excursions (not included in land package price):
- Brew & Culinary Journey: The Farsons Experience

Also Included
A private tour director for the entire duration of the land tour. All service charges and local taxes are covered. Airfare is an additional cost.

EXPERIENCES

This trip has been carefully designed for young travelers and features fantastic inclusions and highlights. For a glossary of these key aspects, visit: www.aesu.com/experiences



ACTIVITY LEVEL: MODERATE

This tour requires standing and walking for some extended periods of time during city or nature tours, museum visits, and/or outdoor activities.



HOTELS

Hotels are centrally located and many offer great extra amenities such as pools, gyms or rooftop bars. All land package rates are based on two people sharing a room. If a single room is desired, a supplement of $996 applies. If traveling solo and not wanting to pay the single supplement, AESU will attempt to arrange a share with a same-gender traveler. If a share cannot be arranged the single supplement will apply.

TOUR DIRECTORS

Our qualified tour directors and staff of local experts mean a trouble-free journey with the added security of group travel. Show your tour director and driver your appreciation with a tip. We suggest $8-10 per person/per day for your tour director and $4-5 per person/per day for your driver. To learn more visit www.aesu.com/tour-directors

By booking your trip with AESU, you are agreeing to all the terms and conditions as outlined on our website: www.aesu.com/terms-conditions/

ITINERARY



DAY 1 – FLIGHT TO MALTA
Wheels up, Wanderlust on! The adventure starts the moment we board our overnight flight. There's a buzz in the air — playlists queued, travel journals open. By morning, the Mediterranean sun will be waiting to welcome us.

Meals: In-flight

DAY 2 - LAND TOUR START DAY: MALTA
Step off the plane and into the warmth of Maltese light — that golden glow bouncing off honey-colored stone and sparkling sea. Rest up or start exploring the neighborhood before tonight's welcome dinner, our first taste of Malta's melting pot: fresh seafood, spiced stews, or flaky pastizzi — all shared over laughter with new travel friends.

Inclusion: Airport transfer with purchased AESU group airfare | Welcome orientation | Welcome dinner

Meals: Dinner



DAY 3 - MALTA: VALLETTA
Valletta is like a time capsule splashed with street art — ancient fortresses rising beside trendy cafés. On our guided walking tour, stroll through the Upper Barrakka Gardens for sweeping views of the Grand Harbour, then continue to St. John's Co-Cathedral, richly adorned by Knights of St. John and home to Caravaggio's masterpieces. Enjoy a private visit to Misterium Fidei, a cloistered convent, gaining rare insight into the socio-cultural traditions woven deep into Maltese identity — where church and daily life remain closely intertwined. We finish on a lively side street buzzing with locals, the scent of fresh ftira sandwiches in the air. The afternoon is ours: sip a rooftop spritz, browse quirky boutiques, or simply people-watch as the city's rhythm unfolds around us.

Inclusion: Guided walking tour of Valletta with a local English-speaking guide

Sights to see: Upper Barrakka Gardens | Grand Harbour views | St. John's Co-Cathedral | Misterium Fidei

Meals: Breakfast



DAY 4 - MALTA: HAGAR QIM + MNAJDRA - MDINA
Morning light spills across Hagar Qim and Mnajdra, where colossal stones — older than Stonehenge — stand defiantly against the sea. Led by a local expert, uncover the myths, rituals, and mysteries these prehistoric temples have guarded for over 5,000 years. Among the world's oldest free-standing structures, they are a powerful testament to Malta's ancient past. Fast-forward through the millennia and step aboard a traditional fishing boat bound for the Blue Grotto, one of the island's most stunning natural wonders. As sunlight filters through the water, the caves ignite into glowing, neon-blue chambers. Afterwards, journey to Mdina — "The Silent City." Its lantern-lit streets whisper of knights and nobles who once walked these paths. Our guide leads us through narrow alleys lined with noble palaces, pausing at panoramic bastions overlooking the island. We end with an early dinner at a local restaurant within the city walls, savoring Maltese flavors in this historic setting.

Inclusion: Guided walk with a local English speaking expert | Excursion to the Blue Grotto by traditional fishing boat (weather permitting) | Guided exploration of Mdina

Sights to see: Hagar Qim temple | Mnajdra temple

Meals: Breakfast | Dinner

DAY 5 - MALTA: GOZO ISLAND

Today, we kick things off at the Cittadella — Gozo's impressive hilltop fortress towering over Rabat like something out of a fantasy film. Once a military stronghold designed by master architects, it now offers 360° views and history at every turn. Then it's off to Tuta Agrotourism Farm, where rural life takes center stage. Roll up your sleeves for a hands-on cheese-making session and learn to craft ġbejna, the island's iconic sheep's milk cheese. Afterward, sit down to a farm-to-table lunch made entirely from seasonal ingredients sourced straight from the estate — ultra-fresh, no frills, just good food in a relaxed countryside setting. Post-lunch, we visit the former Azure Window, still one of Gozo's most dramatic coastal viewpoints. The views? Unreal. If you're up for it, take a dip in the Inland Sea — a natural lagoon that opens into the Mediterranean through a tunnel in the cliffs — before we hop on the ferry back.

Inclusion: Excursion to Gozo by ferry | Cittadella, hilltop fortress | Tuta Agrotourism Farm | Cheese-making workshop | Farm-to-table lunch | Azure Window views | Swim in the Inland Sea

Meals: Breakfast | Lunch



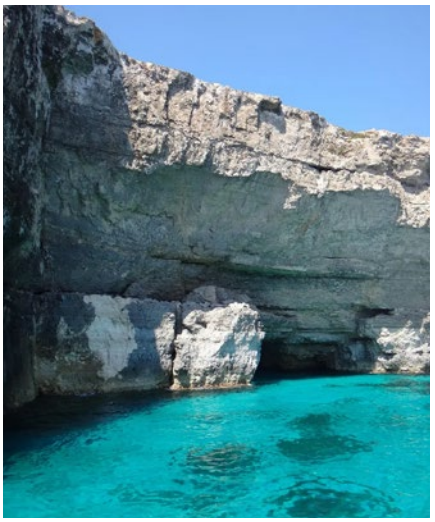
DAY 6 - MALTA: FREE DAY

Today is ours to shape. Diving into the turquoise paradise of Comino's Blue Lagoon, where the water is so clear it feels unreal, or lacing up our sneakers for a hike along the dramatic Dingli Cliffs, with endless horizons and crashing seas below. Prefer something flavorful? Join an optional Brew & Culinary Journey at Farsons Brewery, a Maltese institution brewing since 1928. Go behind the scenes on a guided tour exploring the art and science of beer-making, followed by a curated tasting paired with inventive dishes — each thoughtfully crafted and infused with Farsons' signature brews.

Inclusions: Free day

Meals: Breakfast

Optional activities: Brew & Culinary Journey: The Farsons Experience



DAY 7 - MALTA: HISTORIC THREE CITIES

Across the water, the Three Cities — Vittoriosa, Senglea, and Cospicua — come alive with tales of knights, pirates and sailors who once ruled the harbors. These fortified towns were the first home of the Knights of St. John in 1530 and have played a central role in Malta's military and maritime history ever since. With a local guide leading the way, wander narrow lanes that twist past colorful doors and hanging laundry, stopping for those postcard-perfect views that only an insider can reveal. Our day — and our journey together — concludes with a farewell dinner at a traditional Maltese restaurant, where we savor authentic local cuisine in a warm, intimate setting, raising a toast to shared memories and the adventures we have enjoyed together.

Inclusions: Three cities visit with a local English-speaking guide | Maltese farewell dinner

Sights to see: Vittoriosa | Senglea | Cospicua

Meals: Breakfast | Dinner



DAY 8 - TRAVEL HOME

The journey home begins, but Malta lingers: the salt on your skin, the glow of ancient stones, the sound of waves echoing in caves, and the friendships sparked along the way. We came for an island escape — we leave with a story.

Inclusion: Airport transfer with purchased AESU group airfare

Meals: Breakfast

TOUR MAP

