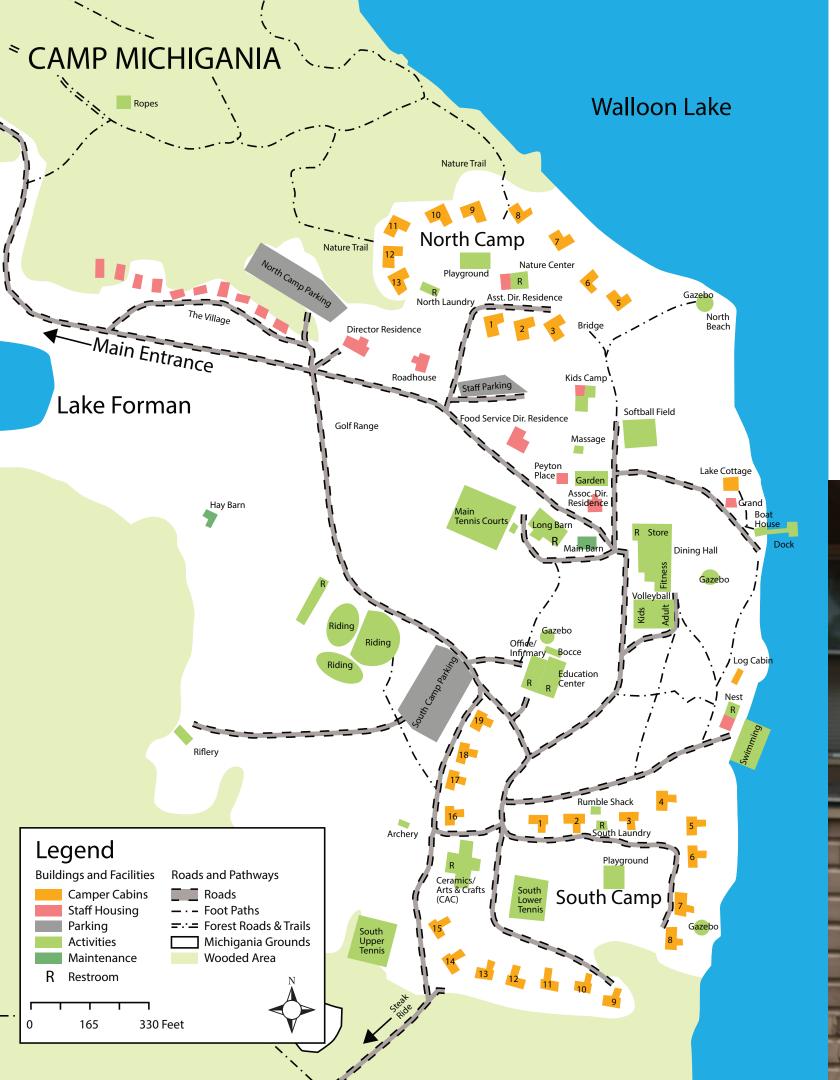


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## A LETTER FROM JAMES

Michigania campers,

On behalf of the Alumni Association of the University of Michigan, I am so excited to welcome you to this place that we love and that we hope you love as well. We are so happy that you have chosen to spend a week with us at Camp Michigania on the shore of beautiful Walloon Lake.

At Michigania, we welcome U-M alumni, family, and friends from all backgrounds and want to ensure that your experience with us is one that you and your family will remember fondly forever. The purpose of this booklet is to help you become familiar with our programs and policies. While reading it will never fully duplicate the knowledge you gain in person, it gives you a head start on navigating this wonderful camp.

Alum-owned since the summer of 1963, Camp Michigania has provided a unique and enjoyable experience to thousands of Alumni Association members and their families. This year, we look forward to continuing the tradition of excellence!

Sincerely,

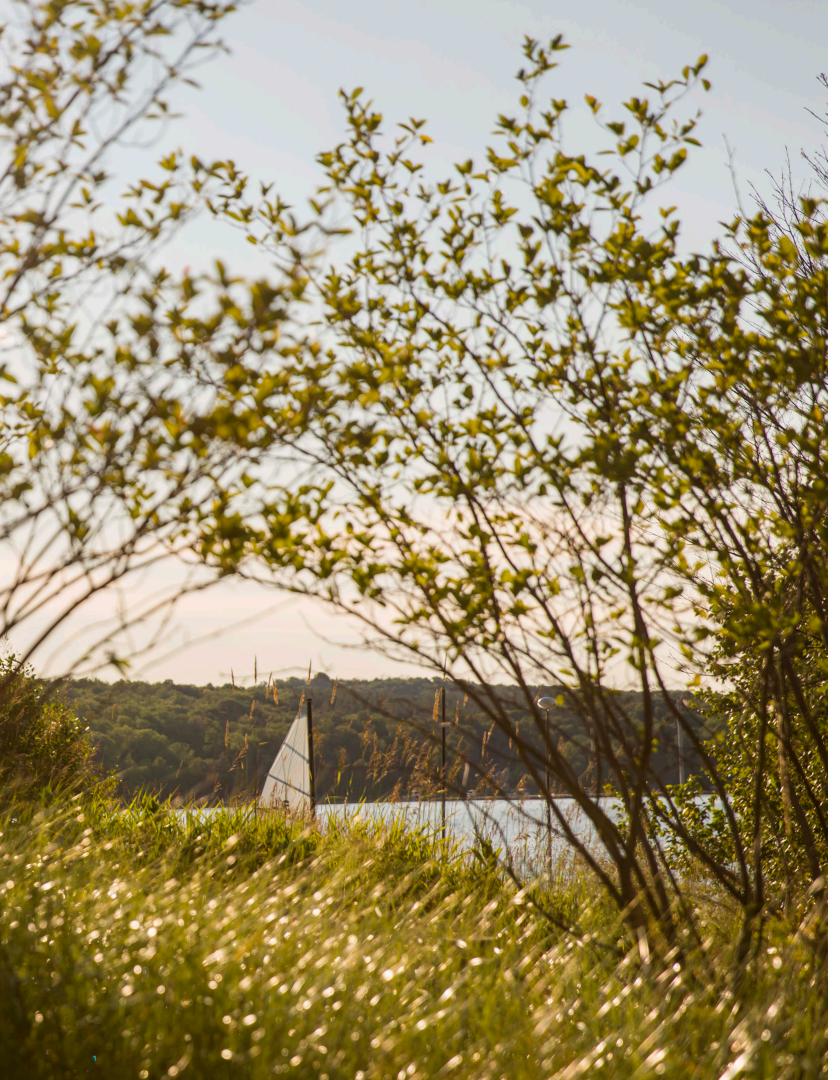
James McRae

Director, Camp Michigania





Camp Michigania resides on the historical and contemporary homelands of the Odawa and Anishinaabe people. Our program has benefited and continues to benefit from access to land originally gained through the exploitation of these people, who were here first and who are still here. We are committed to honoring this land and working with local tribes to take steps toward a more equitable future.



## **POLICIES**

#### **COMMUNITY STANDARDS**

Camp Michigania represents a special place for our families, and we hope it always remains a welcoming, safe, and enjoyable space for everyone. We hope to sustain and enhance the Camp experience for all families attending camp now and in the future.

Diversity, equity, and inclusion are a cornerstone of Camp Michigania and the Alumni Association of the University of Michigan. Camp Michigania complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). Camp Michigania does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

## **ACCESSIBILITY**

Camp Michigania is committed to providing accessible and inclusive camp experiences for all campers. We have a variety of support options and adaptive equipment available for camper use. Please reach out to Kelley Stearns, associate director (wierkel@umich.edu), before your stay to discuss specific needs.

## CAMPS COUNCIL

The Camps Council Advisory Board consists of representatives from each week at camp and is a valuable resource for you during your stay. They provide direction and recommendations to the Camp Michigania professional staff, sharing your feedback throughout the summer and at two annual meetings. Your Camps Council fully supports the Camp policies regarding appropriate behavior and expectations of our campers throughout their week at Camp and would ask that each family review these expectations. Please contact your week's representative if you have any input or concerns.

## ALCOHOL AND DRUGS

Campers of legal age (in Michigan, the legal age for the purchase, distribution, and consumption of all alcoholic beverages is 21), who choose to consume alcoholic beverages while at Camp Michigania must only do so with proper and lawful regard for the rights and safety of others.

It is the responsibility of those who have alcoholic beverages at Camp Michigania to ensure they are not available to minors at any time, including ensuring all alcoholic beverages are stored securely inside their cabin unit (not in common rooms, on front porches, etc.). Camp Michigania is a family camp and should be treated as such at all times. Consumption of alcohol in program areas and other common areas should be kept to a minimum.

Campers choosing to drink should do so responsibly, with an awareness that inappropriate, alcohol-impaired behavior that is dangerous to oneself or dangerous/disruptive to others may result in the camp staff intervention, and possibly asking them to forego the balance of their week at Camp Michigania. In addition, future Camp attendance may be denied.

The use, possession, or distribution of illegal drugs is strictly prohibited. Campers are also responsible for properly handling and securing prescription medications. Those who violate the law will be held legally responsible for their actions and required to forego the balance of their week at Camp. In addition, future Camp attendance may be denied.

## SMOKING/MARIJUANA

The University of Michigan Tobacco-Free University Premises policy prohibits the use of tobacco products in University buildings, facilities, and grounds, as well as University-owned vehicles.

This includes smokeless tobacco products, as well as electronic nicotine delivery systems, which are battery-powered devices used to smoke or "vape" chemical solutions that usually include tobacco.

Use of tobacco products is prohibited on Camp property except in designated smoking areas: on top of hill outside the Education Center and the staff parking lot behind dumpsters.

Individuals who smoke including smokeless tobacco products should do so with regard to the rights of others who do not smoke.

Consistent with University of Michigan policy, the use or possession of marijuana at Camp is strictly prohibited. Camp staff may ask those who violate this rule to forego the balance of their week at Camp Michigania. In addition, future Camp attendance may be denied.

#### **VEHICLES**

After unloading belongings at their cabins, campers should park their car in one of Camp Michigania's parking lots. Unless authorized by the administration, cars should not be driven to cabins again until the end of the week. Campers who leave Michigania mid-week should walk to and from the parking lots. Pull carts will be provided at each lot to aid those who need to transport items between their cabin and their car during the week.

## **BICYCLES**

Bicycles may be ridden only in designated areas at specified times. These include the Camp road, west of the North Camp parking area. Campers are requested to walk their bicycles to and from their cabins. Please ride slowly and use extreme caution at all times. For designated times, please see the Camp office.

### **COURTESY**

Respect is essential for all campers to enjoy their Camp Michigania experience. We remind you that sound carries at Camp Michigania (more than you may realize) and many children and adults may choose to sleep earlier in the evening. If you are being disturbed, we encourage you to make your concerns known by contacting camp staff or the camp office. We expect that an appeal for quiet will generate a positive, cooperative response. Excessive inappropriate behavior, as determined by camp staff, may require campers to forego the balance of their week at Camp. In addition, future Camp attendance may be denied.

#### **ELECTRONIC DEVICES**

We encourage all campers to take advantage of the unique natural environment at Camp Michigania as well as the opportunity to interact with other campers. Therefore, we ask your discretion with electronic devices (such as music players, hand-held gaming devices, tablets, and cell phones). Electronic devices should not be brought to morning kid's activities or workshops.

### **DRONE POLICY**

Operation of an unmanned aircraft system (UAS) by anyone on other U-M affiliated properties, such as Camp Michigania, is prohibited unless the use is approved by the U-M Institutional Autonomous Systems Committee (IASC). The process for obtaining approval is initiated through the submission of an application to the IASC, along with written permission from the Operating Site Property Manager. After review of the application and any supplemental information provided or requested, the IASC will either approve or deny the requested permission. If the IASC grants permission, it will be valid for a specific use and period. If the IASC or Operating Property Site Manager denies the request, the use will be prohibited.

## **GLASS BOTTLES**

Due to the hazards associated with broken glass, we urge you to bring all beverages to Camp Michigania in recyclable aluminum cans or plastic bottles. If you do find the need to have glass bottles, please be very careful with them, and remember to dispose of all containers in the proper recycling receptacles. Glass bottles are not permitted in the swimming or boating areas.

## **PETS**

Some of our best friends walk on all fours, but we don't have accommodations for them at Camp Michigania. Please leave your pets at home with a friend or at one of our local kennels. Information on these local kennels can be found online or by contacting the Camp office.

## **SERVICE DOGS**

Per the Americans With Disabilities Act and Department of Justice guidelines, the service dog policy for Camp Michigania campers is as follows:

A written request from a camper to bring a service dog to Camp must be submitted no later than 30 days before the start of the week the camper will be attending camp.

The letter must answer the following questions:

- •Is the dog a service animal required because of a disability?
- What work or task has the dog been trained to perform?

## SERVICE DOG REQUIREMENTS:

- •The dog shall wear a service dog vest at all times when outside the cabin.
- •The dog should be on a leash at all times, be under the control of the owner, and not be allowed to run loose. This includes the entire Camp grounds, hiking trails, beaches, and roads.
- The dog shall not threaten or disturb (including barking) any other person, or persons, nor any camp program.
- •The owner must immediately pick up after the dog and properly dispose of any waste.
- •The Camp Michigania director shall have the authority to ask that a service dog be removed from Camp Michigania if the terms of the above policy are violated.

## RECYCLING AND TRASH

It is the responsibility of all who enjoy Camp Michigania's facility to help maintain its beauty. We ask that you help us be better environmental stewards by ensuring that your trash is placed in proper receptacles in your cabin and throughout camp, and by picking up any litter you may see. Camp Michigania continues to enhance our recycling and composting programs. Trash, recycling, and composting bins will be available in several areas around camp, including program areas, the Dining Hall, and the Education Center. There will also be a recycling bin located in your cabin's common area for easy transport to one of the designated locations around camp. Detailed recycling and composting information is also in your Blue Books and posted in cabins. If you have additional questions, please ask Camp staff.

Mixed recycling includes all plastics, clear and colored glass, and metals. These black bins in blue racks are located wherever there is a trash bin throughout Camp.

Michigania staffers sort through the recycling by hand. Please make sure all items are clean and empty!

## **SAFETY**

While Camp Michigania is dedicated to providing safety and well-being for all campers, there are risks present. Please be sure to follow safety procedures while at camp, including:

- Supervision of children when program areas are closed and unstaffed (especially at the waterfront and riding barn)
- · Following all rules and emergency protocols posted in cabins and the office
- Avoiding potential hazards

## **FIRST AID**

The Camp Michigania infirmary is located on the lower level of the Education Center and is staffed by a medical professional during posted hours.

In case of a medical emergency during the day, report to any camp staff, and a medical professional will be contacted.

In case of an emergency during the night, you may choose to:

- Go directly to McLaren Northern Michigan Hospital's emergency room, located in Petoskey, approximately 15 minutes from Michigania; directions are on your Emergency Action Plan, posted in your cabin.
- ·Call 911
- Contact the Camp Michigania administration by calling (231) 459-3300 or at the emergency call boxes located at the Education Center and Nature Center.

## **ACCOMMODATIONS**

## **BEDDING AND TOWELS**

One-bedroom units have a queen bed, and two-bedroom units have a queen bed and two sets of bunk beds. Pillows, sheets, a pillowcase, and a bathmat will be provided. Blankets will not be provided. You may wish to bring a sleeping bag, comforter, electric blanket, or your own sheets and pillowcase. Camp Michigania does not provide towels, washcloths, or other shower items.

## MAINTENANCE AND HOUSEKEEPING

Cabins are cleaned between each week, so it's important campers depart by 10 a.m. and arrive no earlier than 3 p.m. During the week, housekeeping supplies, including garbage bags, light bulbs, and basic cleaning supplies are available at the Education Center. If you have a maintenance issue (torn screen, broken door hinge, etc.) please use the <u>online maintenance request form</u> or inform the office staff.

## DINING

The bell atop the Dining Hall rings three times each day announcing the opening of each meal. We would appreciate families going through the line for meals together so parents can help their children take only what they will eat. Please take your dishes to the designated dish return area following each meal. Please do not remove eating utensils from the Dining Hall.

## **DINING HALL HOURS**

Breakfast: 7:45-9 a.m. Lunch: noon-1 p.m. Dinner: 5:30-7 p.m.

Coffee is available in the Education Center Sunday through Friday from 7 a.m.-10 p.m. and every day in the Dining Hall North Lounge from 7 a.m.- 8:30 p.m.

## **LUNCH SERVICE**

In addition to the service in the Dining Hall, grill items and other lunch items will be available outside the Dining Hall on Flagpole Hill.

## DIETARY NEEDS AND FOOD ALLERGIES

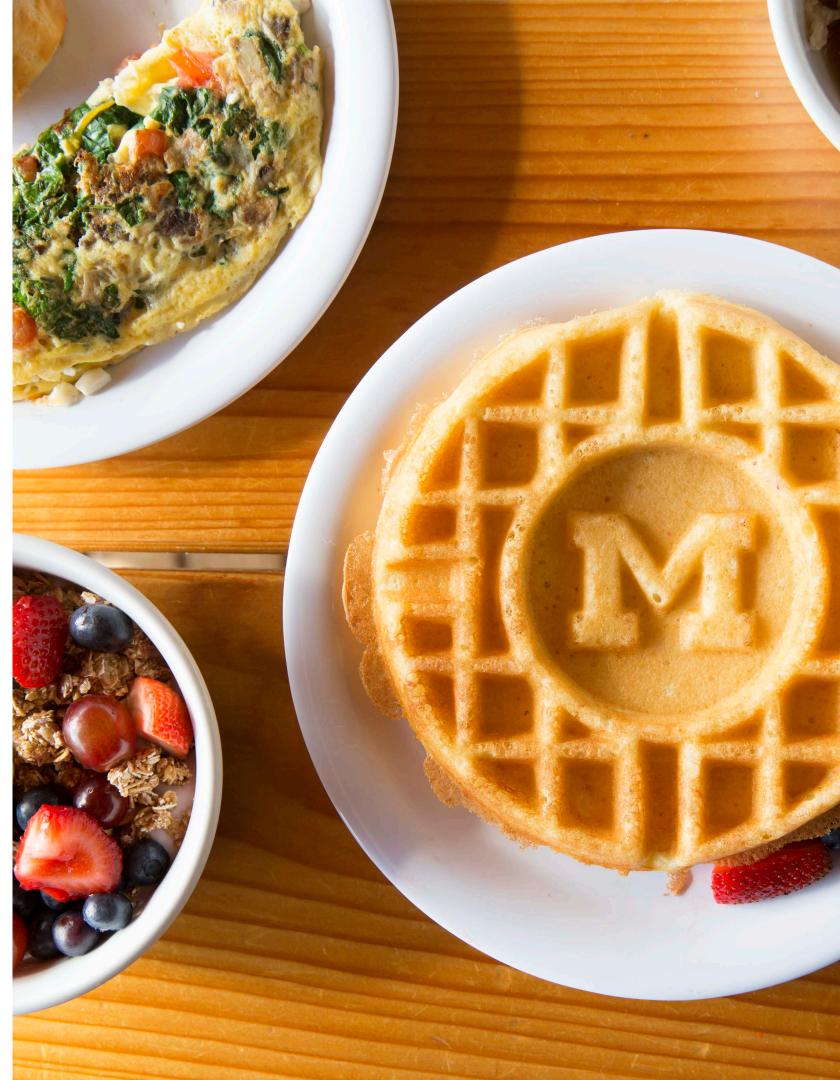
If you have special dietary needs or food allergies, please notify our food service director or our dining room manager upon your arrival.

## **NUT ALLERGIES**

Camp Michigania is not a nut-free facility. Please notify our food service director or our dining room manager upon your arrival to notify them of nut allergies and discuss needs. We have nut-free products onsite. Please feel free to ask to see labels of any food about which you may have concerns.

## BIRTHDAYS, ANNIVERSARIES, AND OTHER CELEBRATIONS

If you or a family member will celebrate a birthday, anniversary, or other special occasion during your stay, the kitchen staff will prepare a special cake for the occasion if given 48 hours advance notice. A fee of \$7 for a 9-inch round, \$12 for a half-sheet cake, or \$20 for a full-sheet cake will be charged to your account. To request a cake, please talk to any member of our food service staff and they can assist you in completing a cake request form. If you will need a cake during the first two days of your stay, please email <a href="mailto:michigania@umich.edu">michigania@umich.edu</a>.



## **CAMP STORE**

The Camp Store is located in the Dining Hall. Store hours will be posted in your Blue Book, the Dining Hall, and Education Center. Apparel, drinkware, ice cream, candy, raffle tickets, and other souvenir items are available for purchase. We will also have a traveling ice cream cart — days and times will be posted on the store door.

## STORE HOURS ARE SUNDAY\* THROUGH FRIDAY

Morning: 8:30-9:30 a.m.

**Afternoon:** 12:30-1:30 p.m.

Evening: 6-7:30 p.m.

\*Store closes at 1:30 p.m. on Sunday

## **LOCAL STORES**

There are several grocery stores, pharmacies, and other businesses in Petoskey, Boyne City, and the communities around Camp. If you are in need of something specific, Camp staff can help direct you to the nearest store.

## **CAMP ACCOUNT**

Charges incurred in program areas are added to your Camp Michigania account and are payable on your final invoice, which will be emailed to you within a few days after check-out.

## PROGRAM AREA CHARGES

Additional charges for materials and other expenses are assessed in the following program areas:

- · Horseback Riding
- Riflery
- · Nature Center
- · Ceramics, Arts and Crafts

Children's groups in the morning will not be charged program fees. Exact amounts for materials or activities are available at designated program areas.

Final payments may be made online or by check. You may also save a credit card to your account and the office will process the final payment for you.

## KIDS PROGRAMS

Camp Michigania offers facilities and staffed programs for infants, toddlers, and children through age 9. Children will be split into developmental groups based on their needs and the number of children in a given week, taking into consideration program and staffing needs. Each group will have its own schedule that it follows throughout the day and counselors to guide groups through activities. Parents will be asked to fill out our Youth Information Form to be shared with staff ahead of their week.

## SCHEDULE OVERVIEW

Children's programs run from 8:45-11:30 a.m. and 1:15-4:30 p.m. each day. For children ages 6 and under, parents are free to sign in or out their child anytime during the sessions. Children ages 7-9 are welcome to selectively participate in daily programming as they choose.

The morning sessions are made up of three, one-hour program blocks where staff take children to various program areas. The afternoon sessions include structured activities, as well as opportunities for free play and exploration.

## INFANTS AND YOUNG TODDLERS

This group is typically for children ages 2 and under who:

- · Are wearing diapers or pull-ups
- Have specific daily nap routines and will nap as part of the daily camp program
- · Have specific daily feeding routines
- · Are non-mobile, crawling, or early walkers
- Are interested in exploration, independent play, adult-led activities, and open-ended time
- Can go outside for short explorations, walks, and/or playtime
- May demonstrate difficulty when separated from parents
- A lot of the time may require one-on-one attention and care from an adult

This group meets at Kid's Camp daily, which is located west of the softball field. Morning and afternoon activities include supervised play, exploration, walks around camp, feeding, snacks, and naps. This group goes outside every day (weather permitting), so children should come prepared to explore (sun hat, sunscreen, etc.). Staff will baby-wear and utilize camp strollers to help our youngest campers explore. Parents must provide diapers, wipes, and specific food their child may need. Individual routines will be followed to the best of our abilities, but parents are welcome and encouraged to stop by to assist with specific feeding or sleeping routines.

Each child will be assigned a drawer to store diapers, bottles, extra clothes, etc. The Kid's Camp building has fridge and freezer space that families have access to, as well as bottle warmers and other baby care essentials. The Kid's Camp building always remains open and accessible to families when staffed programs end for the day.

### OLDER TODDLERS AND PRESCHOOL

This group is typically for children who are entering preschool in the fall and:

- · Are potty trained
- Have experience with preschool or other structured group activities away from parents
- Can stay with the group on short walks around camp to the various program areas
- Can follow simple instructions from staff to ensure safety
- Are interested in participating in structured (age-appropriate) camp activities with other children
- Can recover from separation from parents within 10 minutes and stay engaged with the adults and children in the group
- Will not nap as part of their daily camp programs (can nap at the cabin and join the group after)



This group meets at Kid's Camp daily, which is located west of the softball field. Morning activities will be posted in the classroom at Kid's Camp. In the morning, this group will visit the various program areas at camp to engage in a variety of activities. In the afternoon, children will play at North Beach. Children receive a snack each morning and each afternoon. Special activities include: exploring the Nature Center, organized field sports activities, arts and crafts, and age-appropriate horseback riding.

the program ends at 11:30 a.m. Often parents ask their kids to meet them at their cabin or near the Dining Hall for lunch.

In the afternoons, 789s can do any ageappropriate activities listed in the daily special events schedule. The optional staffed afternoon 789 program will help provide structure and guidance for 789s while also encouraging independence and exploration.

## **EARLY ELEMENTARY**

This group is typically for children who are entering kindergarten-first grade in the fall:

- Are independent with personal care routines (bathroom, putting on clothing, etc.)
- Have experience with school and/or other structured group environments
- Can follow directions from staff
- Demonstrate stamina for walking to and participating in most camp program areas
- Can consistently stay engaged with the adults and children in the group
- Can carry their own backpacks (if they bring them)

This group meets at the flagpole gazebo each day (outside of the Dining Hall). Staff members remain with the children at all times and escort them from one program area to another for morning sessions. This group visits North Beach in the afternoons, as well as participates in additional program area activities.

## **789S**

The 789s program is for children ages 7-9 or entering second to fourth grade in the fall. For morning programs, 789s meet their group at their first assigned program location on the morning activity grid in the Blue Book. Sometimes the 789s program is split by age depending on the group size. A dedicated staff member will guide the group(s) between programs, and parents should talk with their kids about what to do when

## **TEEN PROGRAM**

Camp Michigania's preteen and teen programs provide fun, supervised evening activities for campers ages 10-17. Campers will be divided into three groups, with some activities separate and others together.

## PRETEENS (10-12 YEARS OLD)

The preteen group will meet in the Long Barn every evening at 8 p.m. for their activity, which may include hayrides, campfires, capture the flag, zipline, and more. Staff supervision of preteens ends each evening at approximately 9:30 p.m.

# MAIZE TEENS (13-14 YEARS OLD) AND BLUE TEENS (15-17 YEARS)

Maize and Blue Teens meet in the Long Barn every evening. Evening activities for teens begin in the Long Barn at 8:30 p.m. and last until approximately 10 p.m. Activities may include a hayride, campfire, zipline, or dance. Staff supervision of teens ends each evening at approximately 10 p.m.

## **SPECIAL EVENTS**

## SKITS AND STAFF INTROS

On Sunday nights after dinner, the program staff performs a live skit for all campers, riffing on camp traditions and welcoming everyone into the spirit of the week. There are song parodies, goofy costumes, and choreographed dancing. Stick around after the performance to meet the staff members!

## **FAMILY OLYMPICS**

At Family Olympics, parents get the chance to cheer on their kids as they play a variety of fun field games on Tuesday at 7 p.m. Staff members will guide kids through everything from sack races to water balloon tosses. There are plenty of opportunities for parents and grandparents to join the fun too! This event is all about providing younger campers the opportunity to get silly and earn some prizes.

## TRIVIA NIGHT

Stop by the Education Center for an hour of challenging and exciting trivia for the whole family on Thursday at 7 p.m. Categories include movies/TV, geography, and history, with it all culminating in a "name that tune" round. Teams will write down their answers to be verified by the judges, and awards will be given to winners.

## **VOLLEYBALL**

Wednesday nights are volleyball nights, so join us at the sand courts by the Dining Hall after dinner and get ready for some competition! Campers will play against staff members in two different games: first, a for-fun volleyball game for beginners and novices, followed by a competitive game for more experienced players. Even if you don't plan to get on the court, volleyball nights are a camp tradition, and it can be just as much fun to cheer your team on from the stands.

## WATER CARNIVAL

On Friday afternoon, gather at the swimming beach for an outdoor, Camp-wide party for all ages. Staff members will lead a program of water and beach games, including tug-of-war, a canoe-tipping race, and a sandcastle competition. Dance along with the staff as you enjoy the sun and classic camp competition!

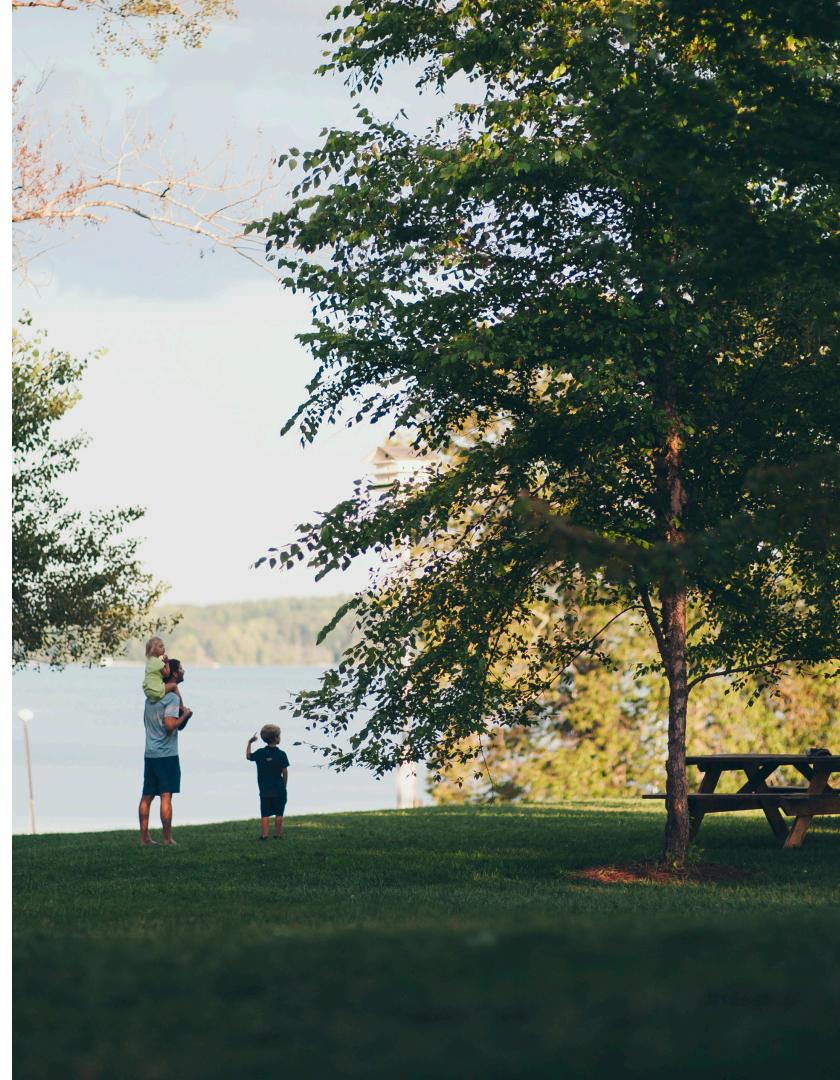
## **AWARDS CEREMONY**

Join us on Flagpole Hill outside the Dining Hall after dinner on Friday for the week's Awards Ceremony! Kids and adults will receive their highly sought-after, well-earned awards from each area at Camp, presented by the teens and special events staff. It's an exciting send-off each week and a great way to guarantee everyone in your family leaves Camp with something to remember. The awards ceremony is followed by a group photo opportunity for every kid's age group.

## KEG N' COKE

5/24

On Friday nights, campers come together at the Dining Hall for a camper-led talent show. Participants can sing songs, do skits, karaoke, magic, storytelling, and so much more. Check with your Camps Council representative or Keg n' Coke MC (announced during your week at Camp) to sign up!



## OTHER INFORMATION

### **GOLF CARTS**

A limited number of golf carts are available for campers with mobility needs. Golf carts can transport up to two people at a time and children are not permitted to ride on the cart unless they have mobility needs. If you would like to reserve a golf cart, please contact the Camp Michigania office at (231) 582-9191, preferably at least two weeks before your arrival.

## LAUNDRY

Laundromats are located in North Camp and South Camp. Each laundry has coin-operated washing machines and dryers, and a change machine is available. The cost is \$1.75 for the washing machine and \$1.25 for the dryer. Please visit the office for bill exchange or quarters. To assist in environmental stewardship, low phosphate detergent is provided, and we ask you to only use our detergent. As a courtesy to others, please remove your clothing as soon as the cycle is completed.

## **ICE MACHINES**

Ice machines are located outside the North and South Camp laundromats.

### LOST AND FOUND

The lost and found is located in the Dining Hall North Lounge. A lost and found box can be found in each program area, but are all brought to the Dining Hall North Lounge at the end of each week. If you cannot find an item in the area where you lost it or in the lost and found, check with the main office. Valuable items (wallets, watches, cameras, jewelry, etc.) are taken to the main office and a loss report can be filed. Unclaimed items are donated 14 days after the end of each week. If you arrive home and realize you are missing an item, please contact Camp Michigania as soon as possible. If your item is found, we will ship it to you at your expense.

## SPORTS EQUIPMENT CHECK-OUT

Campers can borrow camp-owned sporting equipment for their personal use outside of program hours. This includes frisbees, soccer balls, bag-o (cornhole) sets, and Spikeball. Campers who wish to borrow equipment must use the check-out sheet located in the Dining Hall before Sunday afternoon to have their equipment delivered to their cabin. Return the borrowed equipment to the bin by the Education Center at check-out (located right next to the linen/towel return).

## **PRIVATE LESSONS**

Private lessons for tennis, sailing, arts and crafts, high ropes, and archery are available upon request in most program areas at the discretion of the staff in that area. This is an optional activity for staff and is not a mandatory service.

- -Private lessons can only be given outside of regularly scheduled program hours.
- -Campers should check with staff on rates ahead of scheduling private lessons.

## **BABYSITTING**

Campers can make arrangements with staff to babysit children of any age throughout the week when staff is off duty. Campers should check with staff on rates ahead of scheduling babysitting.

## **ACTIVITIES AND PROGRAMS**

Camp Michigania activities program areas are described on the following pages. A weekly schedule book (the Blue Book) will be sent to you via email a few days before you arrive and you will receive a printed version at check-in. Reference the daily schedules in your Blue Book for program times and event information.

- Archery
- Ceramics, Arts and Crafts
- Field Sports
- Fitness
- Horseback Riding

- Nature and Sustainability
- Riflery
- Ropes Course
- Swimming and Boating
- Tennis and Pickleball



## **RANGE ARCHERY**

No sign-up is necessary for archery. In the morning, the archery range is only open to the age groups designated by the schedule in your Blue Book. Each afternoon, the range is open for campers ages 7 and up (or entering second grade) to shoot. Campers ages 5 and 6 (soon-to-be kindergarteners and first graders) may shoot only during designated times and must be accompanied by an adult or signed into their Kid's Camp group.

## FIELD ARCHERY

#### To shoot in the field:

- Archers ages 13 and up must first shoot at the range and shoot five arrows in the black ring or better at a distance of 20 yards. Upon completion of this, archers gain the designation of "Field," and may shoot in the field during the hours it is open, as designated in your Blue Book.
- Archers ages 7 to 12 years old (or second to seventh graders) must shoot first at the range and shoot five arrows in the black ring or better at a distance of 15 yards. Upon completion of this, this group of archers gains the designation of "Junior Field" and may shoot in the field during the hours it is open, as designated in your Blue Book, but they must be accompanied by an adult camper.

## CERMAICS, ARTS AND CRAFTS

Ceramics, Arts and Crafts (CAC) are held in the CAC building, where you can create stunning artwork, thoughtful gifts, and mementos of your time here.

#### **Kid's Room**

The Kid's Room is available for kids of all ages to spend time crafting with our large supply of craft items.

- Morning: Reserved for scheduled kid's programs
- Afternoon: Open for all (children ages 6 and under must be accompanied by an adult)

#### **Adult Room**

Ceramics, glass, woodburning, and other advanced craft projects are available in the Adult Room. The Adult Room is reserved for Maize Teens, Blue Teens, and adults. This guideline has been established for safety and capacity reasons and will be strictly enforced; no exceptions will be made.

• Fused glass is available ONLY in the Adult Room and thus is available only to campers in the Maize Teen group and older.

#### **Projects**

Kids Room	Adult Room
Mosaics	Ceramic Glazing
Lanyards	Silk Scarf Painting
Beading	Glass Work (etching, painting, fusion)
Jewelry Making	Woodburning
And More!	Jewelry Making and more!

#### **Deadlines**

Some projects require additional purchases, which must be recorded by 11:30 a.m. on Friday. All glazed ceramics must be placed on the "To Be Fired" shelf by 11:30 a.m. on Friday, as they need to be placed in a kiln with enough time to process before you leave Camp. Glass and bottle projects must be placed on the "To Be Fired" shelf by the end of crafting on Thursday evening.

## **Finished Projects**

Most projects may be taken to your cabin as soon as the paint or glue is dry. Ceramic projects must be fired in a kiln overnight and will be available after lunch the following day. Firing takes 20-24 hours to complete and is done overnight, so please be patient.

• Pieces fired on Friday will be available at the CAC on Saturday morning after 8:30 a.m.

Don't forget to pick up your masterpieces! Finished pieces not picked up by departure time of 10:00 a.m. on Saturday will be given away or recycled.

## **Sign-Up Procedures**

- Open Crafting: Check the schedule to be sure that the CAC rooms are open for your age group; no signups are necessary to visit during open crafting hours.
- Classes: Sign-up sheets for CAC-specific classes will be available on the CAC porch.

## Safety Rules

Due to potential hazards, please wear shoes or sandals at all times in the CAC.

### **Charges**

There are additional charges for most ceramics and arts and crafts projects (except morning kid's programs). Prices are posted in the CAC and charges will appear on your final bill. No cash is accepted at the CAC. Please speak to a CAC staff member for details on establishing limits for your children.



## FIELD SPORTS

## **Morning Classes**

Morning field sports classes meet at the softball field. In case of inclement weather, classes will meet in the Long Barn.

### **Tournaments**

Several tournaments including basketball, bocce, golf chipping, 3v3 volleyball, Bag-O, and table tennis are scheduled throughout the week. Check the field sports schedule in your Blue Book for specific times and locations, and sign-up sheets for these tournaments will be posted in the Dining Hall North Lounge on Saturday.

### **FITNESS**

Come and have fun at fitness! We offer a variety of classes throughout the week for all fitness levels. Full descriptions of each class can be found on the Fitness Room door which is located at the lower level of the Dining Hall, near the volleyball courts.

## Offerings include:

- Yoga: Wake Up with Walloon Flow, Vinyasa Flow, Intro to Stretching, SUP Yoga, Yin Yoga, and Meditations. Find Yoga in the Kids Grid, and come on out for Family Yoga!
- Strength Training: TRX, HIIT, Camp Circuit, Cardio Body Pump, Core Power, SUP Fitness, and Senior Stretch and Strengthen
- Cardio and Running: 5K, Michigania Mile, Fitness Hike, Accessible Senior's Hike, Camp Circuit, HIIT, and Zumba
- ·Other: daily open gym

## **Sign-Up Procedures**

Most classes are available on a drop-in basis. Sign-ups are only required for SUP Yoga and SUP Fitness classes; these sign-up sheets can be found on the Fitness Room exterior door. Sign-up begins Sunday morning after breakfast.



## HORSEBACK RIDING

The riding program is designed to offer individuals a chance to experience the enjoyment of being on horseback in a safe environment. Your understanding and cooperation with riding policies will help make our program safe and fun.

#### **Trail Rides**

Trail rides are offered in the afternoons for riders ages 10 and up. Trail rides are walking rides. Riders must be present to check in 15 minutes before the start time or they will forfeit their spot.

## **Lead Line**

Lead line provides an opportunity for children ages 3-6 to ride a horse as it is led around the ring. Parents are welcome to watch their children and take photos (without flash). Parents may join their children in the ring if they wear closed-toe, hard-soled shoes— sandals, keens, Crocs, "five fingers," or bare feet are not permitted. No advance sign-up is required.

## **Kid's Group**

Children ages 7-9 have specific activities and age-appropriate lessons with their Kid's Group.

## Steak Ride (adults only)

This is a longer walking trail ride, available to riders ages 18 and up. It includes a stop for steak, chicken, or a veggie burger dinner along the trail. Advance sign-up is required. Riders must arrive 15 minutes before the start time.

### **Lessons and Advanced Experiences**

We are actively working toward planning what will work best for our horses and program this summer. Please check in with the staff at the barn once summer starts to learn more.

## **Sign-Up Procedures**

Sign-up sheets for afternoon lessons and trails will be available Sunday morning through Thursday at 8:30 a.m. Sign-ups for the current and next day will be posted. Sign-up sheets include several "secured" spots on trails and lessons (limited by the demands of the activity and the number of horses available for it) and several alternate spots. Alternates will get to ride in an activity if riders in secured spots cancel or aren't present 15 minutes before the activity start time, at the direction/discretion of the riding staff.

### In an attempt to give everyone a chance to ride:

- Campers can sign up one person for one ride at a time. They must return to the end of the line if they wish to sign up for a second ride.
- Campers may only sign themselves up for rides.
- Each camper may only ride once each afternoon unless there is space available after all riders have arrived for the lesson or trail. Therefore, campers who have signed up for a secured spot on any ride and wish to have the opportunity to ride again that day must return to the end of the line and sign up for an alternate spot on another ride.
- Riding staff reserve the right to prioritize campers in alternate spots for a ride who have not ridden yet in the week if campers who have already ridden are listed above them.

#### Charges

Please check for current prices in the area upon arrival. Please note that children are not charged for rides as part of their morning classes.

#### NATURE AND SUSTAINABILITY

The Nature Center features many programs and activities for campers of all ages. Staff members are excited to share their knowledge of and love for the natural beauty of Camp Michigania. In the morning, kids can enjoy connecting with the natural world with curated environmental education activities as well as games, scavenger hunts, meeting with the resident creatures, and more.

Guided and self-guided hikes allow connection with and exploration of Camp Michigania's nature trails, with posted signs identifying trees and vegetation. Join in guided forest bathing to engage your senses in the natural world and restore your connection with nature.

Rock polishing is available in the Nature Center all day and is accessible to all skill levels. Join the Stone Safari to collect Petoskey stones to polish, but you can also find them around Camp, or use any donated by other campers at the Nature Center.

Paracording and leaf print shirt-making are also available at the Nature Center.

## **Nature Activities**

- Guided Hikes: Explore the beauty of Camp Michigania on a variety of guided hikes for all skill levels.
- Forest Bathing: Therapeutic relaxation in nature using senses to connect with the wonders of the more than human world. Led by a certified Forest Therapy Guide.
- Adult Kayak Hike: A kayak trip followed by a short hike makes a pleasant way to spend an afternoon. Sign up in the North Lounge.
- **Bird Hike:** Come join us for an early morning walk around Camp to look for birds.
- Ecology Ensign Ride: Join us for this collaboration with the boating area and experience Walloon Lake from a different viewpoint while discussing how the lake was formed and its ecosystem.

- Leaf Print T-Shirts and Paracord Bracelets:

  Design your very own t-shirt with the beautiful leaves you collect, or make a paracord design to bring home with you.
- Rock Polishing: Bring any Petoskey stone or other gray stones to rock polishing to shape and shine the stone you want to honor in this special way.
- Stone Safari: Travel to the shores of Lake Michigan to enjoy the beauty and look for a Petoskey stone you may want to polish.
- *Michigania Garden:* Explore, learn, and engage in activities and workshops in the Michigania garden, such as tea making and pickling.

## **Sustainability Initiatives**

At Camp Michigania, we are committed to maintaining and improving sustainable living for our campers and staff. To inform environmentally engaged campers about these ongoing efforts, we will provide resources and activities focused on our beautiful garden, forestry, composting, and more.

- Classes on sustainability include pickling and tea making, using our garden resources, as well as paper recycling and soap making.
- Help mitigate invasive species and plant native species to increase biodiversity at camp.
- •Go on an accessible garden tour to see how we are growing native plants in our three sisters' garden.
- Zero Waste Michigania displays show how we are reducing waste by making thoughtful swaps.
   There are also tips to make zero waste swaps at home.

### **RIFLERY**

The riflery area at Camp Michigania provides campers with the instructions and equipment to safely participate in recreational shooting. Both .22 caliber rifles, and trap and skeet shotguns are available. Campers are encouraged to compete for high scores as their skills at the range improve.

## **Riflery Program**

No sign-up is necessary at riflery. Please note the minimum age for riflery is the preteen group, ages 10 and up. Morning classes are open at the scheduled times listed in your Blue Book. Instruction in safety and shooting techniques will be emphasized.

## Riflery 101

Riflery 101 is a beginner lesson offered at specific times during the week. All beginners are strongly encouraged to attend a lesson before coming to an open shooting period.

- Camp Michigania's rifle range is equipped with .22 caliber rifles as well as 12 and 20-gauge shotguns.
- Shotgun demonstration and instruction are provided for the trap and skeet range.

## **Safety Rules**

Range rules are essential for safety. Therefore, they must be strictly observed. The complete set of range rules is posted at riflery.

- All campers will be required to demonstrate an understanding of range rules to staff before participation.
- · Personal firearms are prohibited.
- Wearing eye and ear protection is required while shooting.
- Visiting the ranges when the area is closed is prohibited.
- Wash/rinse hands thoroughly after handling ammunition.
- · Do not handle clay pigeon fragments.
- Ranges will be closed during periods of significant rain, or if thunder and lightning are present. If you have any questions, please see a riflery staff member.
- Failure to adhere to all safety rules and procedures as outlined by staff members may result in loss of participation in programming.

## **Charges**

Please check for current prices in your weekly Blue Book. Please note that teens are NOT charged for their morning classes.

## **ROPES COURSE**

Camp Michigania is home to a wide range of different activities at the ropes course, ranging from low ropes and challenge games to the high ropes course and zipline. Success comes with the willingness to challenge oneself and take risks within the course's safe and supportive environment. We maintain a challenge-by-choice philosophy, where the camper is in control of the degree of difficulty in which they choose to participate. We offer something for every level of comfort and ability for all ages, each supervised by trained staff facilitators.

## **Low Ropes and Challenge Games**

Camp Michigania's low elements ropes course offers participants a unique opportunity to challenge themselves and experience success through cooperation with others. A group of 10-12 people (you don't have to come with a group) is presented with an "obstacle" or challenging problem. The goal is to find a solution using different problem-solving techniques, group coordination, and creativity. The course includes group initiatives and elements such as the Whale Watch, Spider's Web, and more. This is great for bonding with other campers and puzzle lovers.

## High Ropes Course (ages 10 and up)

Camp Michigania's high ropes course offers participants a chance to challenge themselves in a high-adventure setting. While securely fastened in a safety harness, participants climb, swing, and jump through high ropes course elements such as the Climbing Wall, Octagons, Cargo Net, and many more.

#### **Elements (ages 13 and up)**

For our most adventurous climbers, ropes offer a series of special elements to showcase your skills and bravery. For ages 13 and up, campers can try their hand at the Giant's Ladder, Crate Stacking, and Leap of Faith. Completion of any of the elements results in an award being granted at the end of the week.

## **Zipline**

Camp Michigania's zipline is a fan favorite for all ages. After climbing to the top of the ropes course, campers are rewarded with flying through the trees down the zipline track. The zipline has designated times outlined in the weekly Blue Book for each age group. There is also a designated time when the whole family can come out and do the zipline together during family zip.

## Giant Swing (ages 10 and up)

Formerly a special activity for 789s, the Giant Swing is now open to all campers. Participants are pulled by staff and fellow campers up a pulley and swung through the air on our huge swing, offering fun for all ages and a great way to unlock your inner child.

## **Meeting Places**

Preteens meet at the Nature Center front porch for their morning ropes classes. 789s are guided to the course by their dedicated staff member for their low ropes or challenge games program. Adults and teens meet at the ropes course.

### **SWIMMING**

Campers are welcome to swim in Walloon Lake during available times while a lifeguard is on duty on South Beach. Family-friendly beach attire is suggested. Inner tubes, kickboards, sand toys, goggles, water toys, and balls are available.

## **Open Swim**

Open swim begins at 1:30 p.m. daily and ends at 5:15 p.m.

## **Morning Kid's Activities**

Aquatic games and activities are available for children of all ages and swimming abilities. There will also be games on land for those who don't wish to swim.

## **Open Adult Swim**

Open daily for campers ages 16 and up to swim laps from 8:45-11:45 a.m. One length from one swim dock to the other is 35 yards. A total of 44 lengths (or 22 laps) is 1 mile.

#### **Swim Tests**

Children under the age of 7 can only go into the water as deep as they can stand until they pass a "tadpole" test (swimming one length of the swimming area with solid form). Swimmers under 16 must pass a "fish" (swimming freestyle without stopping for two lengths and treading water for one minute in the deepest swim area). Campers can request a "tadpole" or "fish" test from a lifeguard during any open swim time.

## **Swim Lessons**

Swim lessons are available at varying times during the afternoon open swim times. Please check with swim staff about the schedule and sign-up process when you arrive at Camp.

## **Sign-Up Procedures**

Sheets to sign up for Lake Swim (a swim across the lake and back before breakfast) and swim lessons will be found underneath the Nest at the swimming area.



### **BOATING**

Camp Michigania offers many different types of boats for campers of all skill levels to explore Walloon Lake.

## **Morning Classes**

Every morning, children's programs are held. Generally, if there is wind, children will sail on an Ensign, our largest, keeled boats. If there is insufficient wind for sailing, canoeing, and other activities are organized based on the weather, size, and skill level of the group.

#### Sailing Lessons

Sailing instruction at Camp Michigania is available on three levels: Butterfly (beginner), Hobie (intermediate), and Admiral (advanced). In addition, windsurfing lessons are also available.

## **Lesson Descriptions**

**Butterfly Lessons (beginner):** Designed for Maize Teens and older, this lesson gets students sailing on their own in our smallest boats (Butterflies). The "Butterfly" rating is earned upon completion.

Hobie Lessons (intermediate): Hobie lessons are offered for campers ages 15 and up who have earned their "Butterfly" rating and are interested in learning to sail a Hobie. Lessons take up to one hour and cover how to rig a Hobie Getaway and the differences between sailing a Hobie versus sailing other boats. "Hobie" rating is earned upon completion.

Admiral Lessons (advanced): Offered for proficient sailors with a "Hobie" rating, this lesson focuses on the additional knowledge required to rig and sail the Ensigns — our largest, keeled boats — sail away from and back to the mooring and provides a good deal of practice on the water. The "Admiral" rating is earned upon completion.

## **Ratings and Quizzes**

Experienced sailors can bypass full lessons by completing the appropriate written quiz for the class of boat they wish to sail.

## Windsurfing

Several windsurfers are available for use throughout the week.

**Windsurfing Lessons:** Windsurfing lessons are available upon request. Campers who have earned a "Butterfly" rating and are Blue Teens or older are eligible.

**Open Windsurfing:** Camp Michigania's windsurfers are available on a first-come, first-served basis, any time during daytime open sailing that they are not being used for windsurfing lessons. Windsurfing is not available during night boating.

#### **Canoes and Rowboats**

Available for use during open boating throughout the week on a first-come, first-served basis.

#### **Standup Paddleboards**

Available for use during open boating on a first-come, first-served basis except when used for paddleboard yoga and paddleboard fitness.

#### **Kayaks**

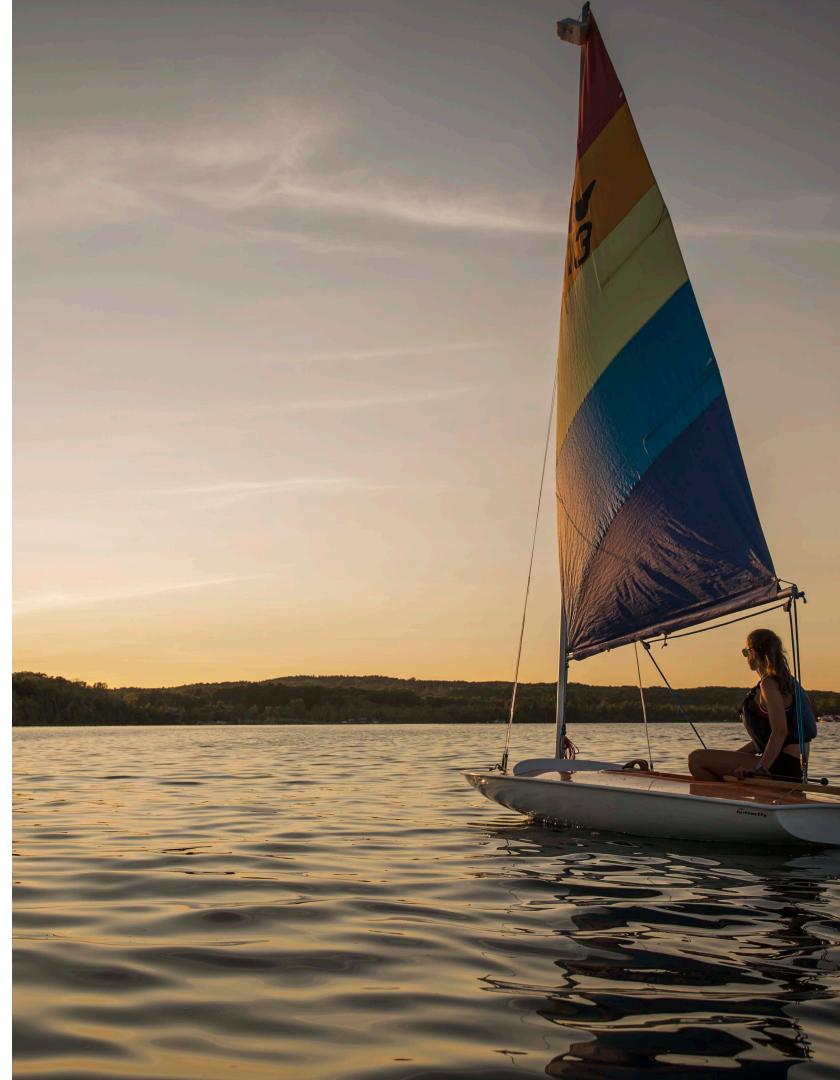
Kayak excursions will be offered upon request. They're also available for use whenever boating is open, and they are not being used for excursions. Please check with a staffer before using the kayaks to see that they are not reserved for a lesson. The kayak boundaries are the same as the canoe boundaries (described below).

## **Ensign Rides**

Tours of Walloon Lake aboard one of Camp Michigania's Ensign sailboats are offered to campers ages 15 and up most days. Campers are welcome to bring snacks and beverages. Please dress appropriately for the weather. Space is limited to eight passengers per ride.

### **Sailing Excursion**

An opportunity for campers with the appropriate rating to sail outside of the Camp Michigania boating boundaries, with a boating staff member nearby on a rescue boat.



#### **Pontoon Boat Rides**

All campers ages 15 and up are invited to cruise Walloon Lake aboard our pontoon boat. Cruises are offered at specific times throughout the week. Space is limited to 10 passengers per ride.

## **Classic Regatta**

The Camp Michigania Classic Regatta is held Thursday afternoon (Heat 1 from 1:30-3:00 p.m. and/or Heat 2, 3-4:30 p.m.). The Classic Regatta is open to all campers, provided they have the necessary rating to sail the desired boat. To participate, campers must attend the Boat Draw on Thursday, from 9-9:30 a.m. on the boating beach where they will be assigned their boats at random.

## **Fun Regatta**

The Fun Regatta is a fun, less intense, and often silly sailing race. Interest-dependent, the Fun Regatta is held on Friday afternoons. The boating staff provides unique and exciting race courses with a twist. Only beach boats (Butterflies, Lasers, Hobies) will be used in the Fun Regatta.

### Sign-up Procedures

Sign-up sheets for sailboats, lessons, and rides are posted in the Boathouse each morning for that day and the following day. In the morning if there is a long line for sign-ups, guests are instructed to only sign up for two things at a time and then move to the back of the line to ensure that everyone gets a fair chance at signing up. If a boat is signed out but on the beach or mooring ball 15 minutes after the scheduled time slot then the boat is available on a first-come, first-served basis.

#### **Night Boating**

Night boating is offered on Tuesday and Thursday from 6:30-8 p.m. All of the beach sailboats and paddleboats are available on a first-come, first-served basis.

### **Boating Safety Rules**

It is the responsibility of those who use Camp Michigania-owned vessels to comply with Michigan State law and Camp Michigania's rules and policies.

#### **Life Jackets**

All campers must wear a properly fastened lifejacket in any Camp Michigania-owned boat. Children 0-9 year-olds must wear a lifejacket when on the boat docks. Michigan law requires that one life jacket per person be on board every boat.

Camp Michigania's life jackets are for everyone's use. Please return them to the Boathouse when you are finished.

## **Swimming and Wading**

Swimming and/or wading in the boating area is prohibited. Please use the swimming area during open hours.

## **Signal Flags**

Signal flags are located on the flagpole next to the boathouse:

- · Green indicates that the boating area is open.
- Yellow indicates abnormal conditions and restricted sailing (check with staff for details).
- Red indicates the boating area is closed due to normal schedule or hazardous weather conditions. If you are on the water when you see a red signal flag, please bring your boat in immediately.

#### **Name Tags**

Please leave your name tag on the appropriate hook in the Boathouse so that if staff needs to reach you, they can locate you on the water.

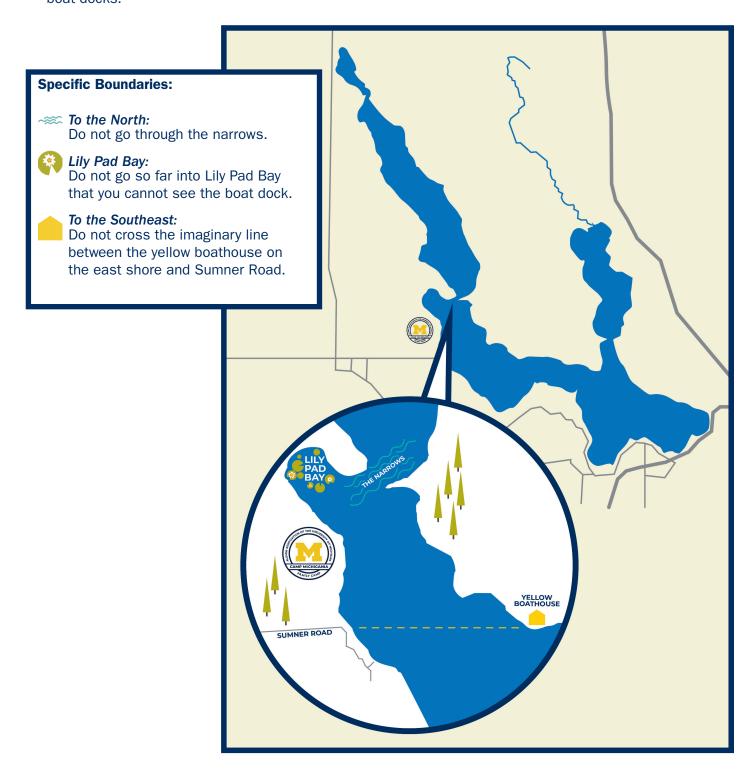
### **Private Boats/Watercraft**

Small boats may be launched at Camp Michigania's boating area. Larger boats may be launched at the Sumner Road public access. Private boat owners are expected and required to:

- Register their boats/watercraft before launching their boat, either through the online form or at the Camp Michigania office when they arrive at camp.
- · Not make a wake within 100 feet of a sailboat.
- Not make a wake within 100 feet of the mooring area.

# **Boating Boundaries** (for Camp Michigania-owned boats)

- Canoes, kayaks, and rowboats: within 100 feet offshore and in view of the boat docks.
- Sailboats and windsurfers: within view of the boat docks.



#### TENNIS AND PICKLEBALL

#### **Adult Tennis Instruction**

Lessons take place in the mornings from 8:45-11:35 a.m., and will take campers through a progression of all major components of tennis. Morning instruction is for Blue Teens and adults.

- Lessons are split by skill level (beginner, intermediate, and advanced) and cover basic tennis techniques and strategy.
- All morning instruction takes place on the center courts unless otherwise noted.
- Rackets and balls are provided for morning instruction.

#### **Children Tennis Instruction**

Lessons take place on several afternoons throughout the week on the main tennis courts. Check the special events schedule in your Blue Book for designated days and times.

- ·Lessons are separated by age group
- Rackets and balls are provided, but campers are welcome to bring their own.

#### **Pickleball Instruction**

Lessons take place on several afternoons throughout the week. Check the special events schedule in your Blue Book for designated days and times.

- Lessons include basic pickleball technique and strategy
- A pickleball tournament is held on Wednesday afternoon and players do not need to sign up ahead of time.

#### **Tennis Tournament**

Campers need to sign up for tournaments by Sunday at 8 p.m. Be sure to note your cabin and phone number on the sign-up sheet so that you and your opponent can easily find one another. There are seven different tournaments: men's and women's singles, men's and women's doubles, mixed doubles, teen, and parent/child.

**Draws:** All tournaments are randomly drawn. Pairings will be posted by the end of lunch on Monday in the Dining Hall North Lounge.

**Timeline:** Matches can begin on Monday as soon as the draws are posted. Each player/team is responsible for finding their opponents and completing their matches by the deadline given on the brackets.

- Upon completion of a match, players must post their results in the Dining Hall North Lounge.
- All matches must be completed before the finals on Friday morning.

#### Rules:

Players call their own lines, foot faults, and scores. Failure to arrive within 30 minutes of a set tournament match will result in forfeiture by the player/team and will advance the opposing player/team. Players must provide their own tennis balls for all tournament matches, except the finals. Balls can also be borrowed from tennis staff.

- Matches are eight-game prosets (one set, up to eight).
- •The finals are traditional matches, sets up to six games, and the best two out of three sets.

## **Sign-Up Procedures**

All of the sign-up sheets for reserving court time and for tournaments are posted on Saturday in the Dining Hall North Lounge.

- Court Sign Up: Court sign-up sheets will remain in the Dining Hall North Lounge until 8:30 a.m. daily. After this time they will be moved to their respective courts.
- Unreserved courts are considered open
- Center courts can not be reserved during lesson times
- Tournament Sign-Up: Tournament sign-up sheets will remain in the Dining Hall North Lounge until 8 p.m. on Sunday.

## OTHER CAMP GETAWAYS

Camp Michigania offers a wide variety of programming in the fall, winter, and spring. Some programs include Fall Colors, Walloween (Family Halloween Weekend), Winter Camp, retreats, student programs, cabin rentals, heritage month events, and more. We also offer opportunities to reserve camp for weddings and private events.

Visit our website to learn more at <a href="https://alumni.umich.edu/camp-michigania/">https://alumni.umich.edu/camp-michigania/</a>

Check our website for cabin rental dates at <a href="https://alumni.umich.edu/camp-michigania/cabin-rentals">https://alumni.umich.edu/camp-michigania/cabin-rentals</a>

## **CONTACTS**

In case of an emergency: Dial 911

Camp Michigania Office: (231) 582-9191

Camp Michigania on-call number: (231) 459-3300

Address:

3006 Camp Sherwood Road Boyne City, MI 49712

