

A LETTER FROM JAMES

Michigania Campers,

On behalf of the Alumni Association of the University of Michigan, I am so excited to welcome you to this place that we love, and that we hope you love as well. We are so happy that you have chosen to spend a week with us at Camp Michigania on the shore of beautiful Walloon Lake.

At Michigania, we welcome U-M alums from all backgrounds and want to ensure that your experience with us is one that you and your family will remember fondly forever. The purpose of this booklet is to help everyone in your party become familiar with our programs and policies. While reading it will never fully duplicate the knowledge you gain in person, it gives you a head start on navigating this wonderful camp.

Alumni-owned since the summer of 1963, Michigania has provided a unique opportunity for thousands of Alumni Association members and their families. This year, we look forward to continuing the tradition of excellence for you and your family.

Sincerely,

James McRae Director, Michigania

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PROGRAMS

Michigania program areas are described on the following pages. A weekly schedule book (the Blue Book) will be sent to you via email a few days before you arrive and you will receive a printed version at check-in. Reference the daily schedules in your Blue Book for program times and event information. Detailed information about age groups, including schedules and starting locations, can be picked up at check-in or in the Michigania office during the week.

- Archery
- Boating
- Ceramics, Arts & Crafts
- Field Sports
- Fitness
- Kids Programs
- Nature and Sustainability

- Riding
- Riflery
- Ropes Course
- Swimming
- Teen Program
- Tennis



ARCHERY

TARGET RANGE

No sign-up is necessary at Archery. In the morning, the range is only open to the age groups designated by the schedule in your Blue Book. Each afternoon, the range is open for campers ages 7+ (or entering 2nd grade) to shoot. Campers ages 5 and 6 (soon to be kindergartners and first graders) may shoot only during designated times and must be accompanied by an adult or signed into their Kids Camp group.

FIELD ARCHERY RANGE

To shoot on the field range:

- Archers 13 years and older must be able to hit a range target at 20 yards with five consecutive shots in the black ring or better (gaining the designation of "Field").
- Archers ages seven to 12 years old (or 2nd to 7th graders) must be able to hit a target at 15 yards with five consecutive shots in the black ring or better (gaining the designation of "Junior Field"), and must also be accompanied by an adult.

BOATING

MORNING CLASSES

Every morning, children's programs are held. Generally, if there is wind, children will sail on an Ensign. If there is insufficient wind for sailing, canoeing, and other activities are organized based on the weather, size & skill level of the group.

SAILING LESSONS

Sailing instruction at Michigania is available on three levels: Beginner (Butterfly), Intermediate (Hobie) and Advanced (Admiral). In addition, lessons in sailing Flying Scots and windsurfing are also available.

Lesson Descriptions

Butterfly Lessons (Beginner)

Designed for Maize Teens and older. This lesson gets students sailing on their own in our smallest boats (Butterflies). The "Butterfly" rating is earned upon completion.

Hobie Lessons (Intermediate)

Hobie lessons are offered for campers ages 15+ who have earned their "Butterfly" rating and are interested in learning to sail a Hobie. Lessons take up to one hour and cover how to rig a Hobie Getaway & the differences between sailing a Hobie vs sailing other boats. "Hobie" rating is earned upon completion.

• Admiral Lessons (Advanced)

Offered for proficient sailors with "Hobie" rating, this lesson focuses on the additional knowledge required to rig and sail the Ensigns—our largest, keeled boats, sail away from and back to the mooring & provides a good deal of practice on the water. The "Admiral" rating is earned upon completion.

Flying Scot Lesson

Offered upon request to sailors 18+ with an "Admiral" rating looking to step it up a bit. Students will learn how to rig, sail and properly de-rig the boat.

RATINGS AND QUIZZES

Experienced sailors can bypass full lessons by completing the appropriate quiz for the class of boat they wish to sail.

WINDSURFING

Several windsurfers are available for use throughout the week.

Windsurfing Lessons

Windsurfing lessons are available upon request. Campers who have earned a "Butterfly" rating and are Blue Teens or older are eligible.

• Open Windsurfing

Michigania's windsurfers are available on a first come, first serve basis, any time during daytime open sailing that they are not being used for windsurfing lessons. Windsurfing is not available during night boating.

CANOES AND ROWBOATS

Available for use during open boating throughout the week on a first come, first serve basis.

STANDUP PADDLEBOARDS

Available for use during open boating from Boating on a first come, first serve basis.

KAYAKS

Kayak excursions will be offered upon request. They're also available for use whenever boating is open, and they are not being used for the excursions. Please check with a staffer before using the kayaks to see that they are not reserved for a lesson. The kayak boundaries are the same as the canoe boundaries.

ENSIGN RIDES

Tours of Walloon Lake aboard one of Michigania's Ensign sailboats are offered to campers ages 15 + most days. Campers are welcome to bring snacks and beverages. Please dress appropriately for the weather. Space is limited to 8 passengers per ride.

SAILING EXCURSION

An opportunity for campers with the appropriate rating to sail outside of the Michigania boating boundaries, with a boating staff member nearby on a rescue boat. Butterflies and Lasers are excluded.

PONTOON BOAT RIDES

All campers ages 15+ are invited to cruise Walloon Lake aboard our pontoon boat. Cruises are offered at specific times throughout the week.

REGATTAS

CLASSIC REGATTA

The Camp Michigania Classic Regatta is held Thursday afternoon (Heat #1 from 1:30-3 p.m. and/or Heat #2, 3-4:30 p.m. The regatta is open to all campers, provided they have the necessary rating to sail the desired boat. In order to participate in the regatta, campers must attend the Boat Draw on Thursday, from 9-9:30 a.m. on the boating beach.

FUN REGATTA

Interest-dependent, the Fun Regatta is held on Friday afternoons. The Boating staff provides unique and exciting racecourses with a twist. Only beach boats (Butterflies, Lasers, Hobies) will be used in the fun regatta.

SIGN-UP PROCEDURES

Sign-up sheets for sailboats, lessons and rides are posted in the Boathouse each morning for that day and the following day.

BOATING SAFETY RULES

It is the responsibility of those who use Michigania-owned vessels to comply with Michigan State law and Michigania's rules and policies.

LIFE JACKETS

All campers must wear a properly fastened lifejacket in any Michigania-owned boat. 0-9 year-olds must wear a lifejacket when on the boat docks. Michigan law requires that one life jacket per person be on board every boat.

Michigania's life jackets are for everyone's use. Please return them to the boathouse when you are finished.

SWIMMING/WADING

Swimming and/or wading in the boating area is prohibited. Please use the swimming area during open hours.

SIGNAL FLAGS

Located on the flagpole next to the boathouse.

- GREEN indicates that the boating area is open.
- YELLOW indicates abnormal conditions and restricted sailing (check with staff for details).
- RED indicates the boating area is closed due to normal schedule or hazardous weather conditions. Please bring your boat in immediately.

NAMETAGS

Please leave your name tag on the appropriate hook in the boathouse so that if staff needs to reach you, they can locate you on the water.

BOATING BOUNDARIES

(for Michigania-owned boats)

Canoes, Kayaks and Rowboats: within 100 feet offshore and view of boat docks.

Sailboats and Windsurfers: Generally, within view of the boat docks.

Specific Boundaries:

- To the North: Do not go through the narrows.
- Lily Pad Bay: Do not go so far into Lily Pad Bay that you cannot see the boat dock.
- To the Southeast: Do not cross the imaginary line between the yellow boathouse on the east shore and Sumner Road.

PRIVATE BOATS/WATERCRAFT

Small boats may be launched at Michigania's boating area. Larger boats may be launched at the Sumner Road public access. Private boat owners are expected and required to:

- Register their boats/watercraft prior to launching their boat, either through the online form or at the Michigania Office when they arrive at camp.
- Not make a wake within 100 feet of a sailboat.
- Not make a wake within 100 feet of the mooring area.

CERAMICS. ARTS & CRAFTS

Ceramics, Arts & Crafts (CAC) is the place at Camp where you can create stunning artwork for your home, thoughtful gifts, and mementos of your time here.

KIDS' ROOM

The Kid's Room is available for kids of all ages to spend time crafting with our nearly infinite supply of craft items.

- Morning Reserved for scheduled kids' programs.
- Afternoon Open for all (children ages 0-6 must be accompanied by an adult)

ADULT ROOM

Ceramics, glass, wood burning, and other advanced craft projects are available in the Adult Room. The Adult Room is reserved for campers who have been officially categorized as Maize Teen, Blue Teen, or Adult. This guideline has been established for safety and capacity reasons and will be strictly enforced; no exceptions will be made.

 Fused glass is available ONLY in the Adult Room and thus is available only to campers in Maize Teen group and older.

PROJECTS

Kids Room	Adults Room	
Mosaics	Ceramic Glazing	
Lanyards	Silk Scarf Painting	
Beading	Glass Work (etching, painting, fusion)	
Jewelry Making	Wordburning	
And More!	Jewelry Making & More	

DEADLINES

All purchases must be recorded by 11:30 a.m. on Friday afternoon. All glazed ceramics must be placed on the "To Be Fired" shelf by 11:30 a.m. on Friday morning. Glass and bottle projects must be placed on the "To Be Fired" shelf by the end of crafting on Thursday evening.

FINISHED PROJECTS

Most projects may be taken to your cabin as soon as paint or glue is dry. Ceramic projects must be fired overnight and will be available after lunch the following day. Firing takes 20-24 hours to complete and is done overnight, so please be patient.

 Pieces fired on Friday will be available at CAC on Saturday morning after 8:30 a.m. Don't forget to pick up your masterpieces! Finished pieces not picked up by Camp departure time of 10 a.m. on Saturday morning will be given away or recycled.

SIGN UP PROCEDURES

Open Crafting: Check the schedule to be sure that the CAC rooms are open for your age group otherwise, no sign-ups are necessary to visit Open Crafting.

Classes: Sign-up sheets for CAC specific classes will be available on the CAC porch.

SAFETY RULES

Due to potential hazards, please wear shoes or sandals at all times in CAC.

CHARGES

There are additional charges for most ceramics and arts and crafts projects (except morning kids' programs). Prices are posted in CAC and charges will appear on your final bill. No cash is accepted at CAC. Please speak to a CAC staff member for details on establishing limits for your children.

FIELD SPORTS

MORNING CLASSES

Morning field sports classes meet at the softball field. In case of inclement weather, classes will meet in the Long Barn.

TOURNAMENTS

In addition to morning classes, several tournaments including basketball, bocce, golf chipping, 3 v. 3 volleyball, Bag-O, and table tennis are scheduled. Check the special events schedule in your Blue Book for specific times and locations, along with a schedule of activities.

If you're interested in creating a pick-up game, there will be a sheet posted in the Dining Hall North Lounge where you can note when and what equipment you would like. If you need further assistance, please contact a Field Sports staff member.

SIGN UP PROCEDURE

Sign-up sheets for tournaments are posted on Saturday in the Dining Hall North Lounge.

FITNESS

FITNESS CLASSES

We offer a variety of fitness classes throughout the week for all levels, ranging from beginners to more advanced health enthusiasts! Full descriptions of each class can be found on the Fitness Room door.

Offerings include:

- Yoga Wake Up with Walloon Flow, Vinyasa Flow, Intro to Stretching, Senior Stretch and Strengthen, SUP Yoga, Advanced Yoga Play, Yin Yoga, and Meditations. Find Yoga in the Kids Grid, and come on out for Family Yoga!
- Strength Training TRX, Body Pump, Core Power, & SUP Fitness
- Cardio & Running Morning 5K, Michigania Mile, Fitness Hike, Camp Circuit, HIIT, & Zumba
- Other Daily Open Gym, Aqua Fitness, & Wayback Wednesday

SIGN UP PROCEDURE

Most classes are on a drop-in basis. Sign-ups are only required for SUP Yoga and SUP Fitness classes; these sign-up sheets can be found on the Fitness room exterior door.

KIDS PROGRAMS

Camp Michigania offers facilities and staffed programs for infants (ages 0-2 or still in diapers), a special day camp type program for toddlers (ages 3/4, not in diapers), 5/6s (kindergarten-first grade), and 789s (2nd-4th grade). Each age group has their own schedule that they follow throughout the day and counselors to guide them through activities. Parents will be asked to fill out our **Youth Information Form** to be shared with staff ahead of their week.

SCHEDULE OVERVIEW

Programs run from 8:45 - 11:30 a.m. and 1:15 - 4:30 p.m. for children 6 and under, parents are free to sign in or sign out their child anytime during the sessions. 789 year olds are free to come and go within the programming sessions.

The morning sessions are made up of 3 onehour program blocks where staff take children to various program areas. The afternoon sessions include structured activities, as well as opportunities for free play and exploration.

0-2s

The Kids Camp building is located west of the softball field. Morning and afternoon activities include supervised play, feeding, snacks, and naps. Parents must provide diapers, wipes, and any specific food for their children. Each child will be assigned a drawer to store diapers, bottles, extra clothes, etc. Individual routines will be followed to the best of our abilities.

3/4s

The 3/4s meet at the Kids Camp building each session. Morning activities will be posted in the 3/4's room in Kids Camp. Activities include short walks to other areas of Camp to pet a horse, build a sand castle, and search for the Wizard and the Unicorn! In the afternoon, 3/4's will play at North Beach. Children receive a snack each morning and each afternoon. Special activities include: exploring the nature center, organized field sports activities, tie-dying at CAC, and daily arts and crafts.

5/6

The 5/6 year olds meet at the gazebo by the Dining Hall each session and staff members remain with the children at all times and escort them from one program area to another. 5/6s visit North Beach in the afternoons, as well as participate in additional program area activities.

789s PROGRAMS

For morning programs, 789s meet their group at their first assigned program location on the Morning Activity Grid in the Blue book. Sometimes the 789s program is split by age depending on the group size. A dedicated staff member will guide the group(s) between programs, and parents should talk with their kids about what to do when the program ends at 11:30 a.m. Often parents ask their kids to meet them at their cabin or near the Dining Hall for lunch (which begins at noon).

In the afternoons, 789s are able to do any age appropriate activities listed in the daily program schedule. There is an optional staffed afternoon 789 program that will help provide structure and guidance for 789s while also encouraging independence and exploration.

ACCESSIBILITY

Camp Michigania is committed to providing accessible and inclusive camp experiences for all campers. Please reach out to michigania@umich.edu prior to your week to discuss specific needs and supports for your child.

NATURE AND SUSTAINABILITY

The Nature Center features many programs and activities for campers of all ages. Staff members are knowledgeable about environmental education, and are excited to share their enthusiasm for the natural beauty of Michigania. In the morning, kids can enjoy scavenger hunts, meeting and feeding the resident creatures, learning about the outdoors, and many more surprises. Guided and self-guided hikes allow exploration of Michigania's nature trails with posted signs identifying trees and vegetation, and offering information about the area. Rock Polishing is available in the Nature Center all day, and is accessible to all skill levels. You can join us on the Stone Safari to collect Petoskey Stones to polish, but you can also find them around camp, or use our complimentary rocks at the Nature Center.

- Guided Hikes Explore the beauty of Michigania on a variety of guided hikes for all skill levels.
- Adult Kayak Hike A kayak trip followed by a short hike makes a pleasant way to spend an afternoon. Sign up in the North Lounge.
- **Bird Hike** Come join us for an early morning walk around Camp to look for birds.
- Ecology Ensign Ride Join us for this collaboration with the boating area and experience Walloon from a different viewpoint while discussing how the lake was formed, and its ecosystem.
- Leaf Print T-Shirts & Nature Crafts Design your very own t-shirt with the beautiful leaves you collect. Make dreamcatchers, recycled paper, eco-art, and many other nature crafts.
- Rock Polishing This is your chance to shine up those Petoskey stones you've gathered during your time at camp. Located downstairs at the Nature Center.
- Stone Safari Travel to the shores of Lake Michigan to hunt for Petoskey stones to polish at Rock Polishing.
- Michigania Garden Explore, learn, and engage in activities/workshops in the Michigania garden.

SUSTAINABILITY INITIATIVES

At Camp Michigania, we are committed to maintaining and improving sustainable living for our campers and staff. In order to inform environmentally engaged campers about these ongoing efforts, we will provide resources and activities focused on our beautiful garden, forestry, composting, and more.

RIDING

Camp Michigania's riding program is designed to offer individuals a chance to experience the enjoyment of being on horseback in a safe environment. Your understanding and cooperation will help make our program safe and fun.

RIDING LEVELS

Preteens (ages 10+/5th graders) and older earn skill classifications (Blue M or Gold M) by attending a lesson and demonstrating proficiency of the below as directed by a staff member or attending Checkouts on Sunday (ages 15+ only) and demonstrating proficiency.

**Attending a lesson or Checkouts does not guarantee achievement, riders may be asked to take additional lessons before going on Trail. Our goal is to maintain the highest standards of rider safety.

To earn a Blue M, a rider must be able to:

 Ride with correct position, steer their horse, balance their horse, and sit without holding onto the saddle at all at both a walk AND a trot.

A Blue M enables the rider to go on walking trail rides and join Blue M Lessons. It is earned through Checkouts or an Open Lesson.

To earn a Gold M, a rider must be able to:

 Ride with correct position, steer their horse, balance their horse, and sit without holding onto the saddle at all at a walk, trot, AND canter. A Gold M enables the rider to go on trail rides that include both walking and trotting (Gold M Trails) and join Blue M and Gold M Lessons.

Note that earning the blue and gold pony lanyard awards are based on participation and do not indicate a skill classification.

SAFETY RULES

Range rules are designed, most importantly, for safety. Therefore, they must be strictly observed. The complete set of range rules is posted at Riflery. If you have any questions, please see a Riflery staff member.

RIDING LESSONS AND SPECIAL EVENTS

MORNING CLASSES

Morning programs (depending on the age group) cover the basics of horseback riding. On rare occasions when we cannot ride (i.e. inclement weather), the children will meet at the stable for lessons on horsemanship including grooming, care, feeding, etc. No advance sign up is required for morning programs for children.

AFTERNOON CLASSES

Classes are offered in the afternoons for riders in 789's or older and are separated by level. Riders must be present to check in 15 minutes prior to the lesson start time or they will forfeit their spot.

TRAIL RIDES

Trail rides are offered in the afternoons for riders in Pre-teen or older who have earned a Blue or Gold M or have taken an Open Lesson and been approved to go on trail by their instructor. All campers are required to earn their Blue/Gold Ms each year, regardless of whether they have earned them in past years. Regular trail rides are walking rides. Gold M trail rides include both walking and trotting. Cantering is not permitted on any trail rides. Riders must be present to check in 15 minutes prior to the trail's start time or they will forfeit their spot.

CHECKOUTS (AGES 15+, SUNDAY ONLY)

Adults and Blue Teens who have earned their Blue or Gold M in recent years at Camp or who are proficient riders outside of Camp may participate in the Checkouts on Sunday. Riders must take a paper quiz to qualify to ride in Checkouts. Riders who are able to demonstrate proficiency in riding can earn a Blue or Gold M without taking a full lesson.

LEAD LINE

Lead line provides an opportunity for 3-6 year olds to ride a horse as it is led around the ring. Parents are welcome to watch their children and take photos (without flash). Parents may join their children and take photos (without flash). Parents may join their children in the ring if they wear closed-toe hard-soled shoes (sandals, keens, crocs, "five fingers" or bare feet are not permitted). No advance sign up is required.

STEAK RIDE (ADULTS ONLY, THURSDAY, 5-7:30 P.M.)

This is a walking trail ride, requiring a Blue or Gold M or to take an Open Lesson and be approved to go on trail by the instructor. Riders must be 18+. It includes a stop for steak, chicken or a veggie burger dinner along the trail. Advance sign up is required. Please be prompt and arrive 15 minutes prior to the start time!

LESSON DESCRIPTIONS

- 789 Year Old Lesson Open to all 789's. This lesson concentrates on basic riding skills as well as incorporating fun and games to horseback riding.
- Open Lesson Open to all Pre-teens and older, including those who have not ridden before or have limited experience. Riders who have earned skill classifications are welcome in Open Lessons as well if they would like to practice and polish their skills. If a rider has not yet earned a Blue M in the current summer, they must take an Open Lesson or attend the Sunday Checkouts before advancing to other lessons.
- Blue M Lesson Open to all Pre-teens and older who have earned a Blue M this summer.

- Gold M Lesson Open to all Pre-teens and older who have earned a Gold M this summer.
- Building the Basics Lesson Open to all Preteens and older, including those who have not ridden before or have limited experience. This lesson combines groundwork and riding and is perfect for new riders who are nervous to get in the saddle or experienced riders who want to familiarize themselves with some of the animal psychology and kinesiology concepts behind riding. No sign up necessary for this lesson and no 15 minutes advance arrival is required!
- Trail Open to all Pre-teens and older who have earned a Blue or Gold M this summer or have taken an Open Lesson and been approved to go on trail by their instructor. This is a walking only trail.
- Gold M Trail Open to all Preteens and older who have earned a Gold M this summer. This is a walking and trotting trail.

SIGN UP PROCEDURES

Sign-up sheets for afternoon lessons and trails will be available every morning Sunday through Thursday at 8:30 a.m. Sign-ups for rides that day and the next will be posted. Sign-up sheets include a number of "secured" spots on trails and lessons (limited by the demands of the activity and the horses available for it), as well as several alternate spots. Alternates will get to ride in that activity if those in secured spots cancel, don't show up, or aren't there 15 minutes prior to the activity start time and the alternate is - at the direction/discretion of the Riding Staff.

In an attempt to give everyone a chance to ride:

 Campers are permitted to sign up one person for one ride at a time. They must return to the end of the line if they wish to sign up for a second ride.

- Campers may only sign themselves up for rides. For the 789's Lesson ONLY, campers may sign up their children/the children they have brought to camp. Campers must return to the end of the line for each child they sign up. Even 789's riders are strongly encouraged to sign themselves up at the barn or accompany their adult to ensure they are familiar with how to get to the barn, what time their lesson is at, and our 15 minute advance arrival policy.
- Each camper may only ride once each
 afternoon, unless there is space available
 after all riders have arrived for the lesson/
 trail. Therefore, campers who have signed up
 for a secured spot on any ride and wish to
 have the opportunity to ride again that day
 must return to the end of the line and sign up
 for an alternate spot on another ride.
- Riding Staff reserve the right to prioritize campers in alternate spots for a ride who have not ridden yet in the week if campers who have ridden already are listed above them.

RIDING ATTIRE

Long pants such as jeans with some flexibility to them (leggings are not recommended if they are slick because they may cause the rider to slide around in the saddle).

Closed-toe/closed-heel footwear (such as low-heeled boots, tennis shoes, or other sturdy well-fitting shoes) We do not allow sandals, crocs, keens, "five fingers" shoes, or bare feet.

Helmets are required and are provided by Camp. Campers may bring their own helmets if they are ASTM/SEI certified and less than five years old (SEI seals contain a manufacturer's date).

CHARGES

Please check for current prices in your weekly Blue Book. Please note that children are NOT charged for their morning classes.

RIFLERY

RIFLERY PROGRAM

No sign up is necessary at Riflery. Please note the minimum age for Riflery is the Preteen group. Morning classes are open at scheduled times listed in your Blue Book. Instruction in safety and shooting techniques will be stressed.

- Riflery 101 is a beginner lesson offered at specific times during the week. All beginners are strongly encouraged to attend a lesson before coming to an open shooting period.
- Michigania's rifle range is equipped with .22 caliber rifles and 12 and 20 gauge shotguns.
- Shotgun demonstration and instruction is provided for the trap and skeet range.

SAFETY RULES

Range rules are essential for safety. Therefore, they must be strictly observed. The complete set of range rules is posted at Riflery.

- ALL CAMPERS WILL BE REQUIRED TO DEMONSTRATE UNDERSTANDING OF RANGE RULES VIA QUIZ PRIOR TO PARTICIPATION.
- Personal firearms are prohibited.
- Wearing eye and ear protection is required while shooting.
- Visiting the ranges when the area is closed is prohibited.
- Wash/rinse hands thoroughly after handling ammunition.
- Do not handle clay pigeon fragments.
- Ranges will be closed during periods of significant rain, or if thunder and lightning are present. If you have any questions, please see a Riflery staff member.

CHARGES

Please check for current prices in your weekly Blue Book. Please note that children are NOT charged for their morning classes.

ROPES COURSES

Michigania is home to a wide range of different activities at ropes, ranging from low ropes and challenge games to the high ropes course and zipline. Success comes with the willingness to challenge oneself and take risks within the course's safe and supportive environment. We maintain a challenge-by-choice philosophy, where the camper is in control of the degree of difficulty in which they choose to participate. We offer something for every level of comfort and ability for all ages, each supervised by trained staff facilitators.

LOW ROPES AND CHALLENGE GAMES

Michigania's low elements ropes course offers participants a unique opportunity to challenge themselves and experience success through cooperation with others. A group of 10-12 people is presented with an "obstacle" or challenging problem. Their goal is to find a solution using different problem-solving techniques, group coordination, and creativity. The course includes group initiatives and elements such as the Whale Watch, Spider's Web, and more.

HIGH ROPES COURSE (AGES 10+)

Michigania's high ropes course offers participants a chance to challenge themselves in a high adventure setting. While securely fastened in a safety harness, participants climb, swing, jump, and fly through high ropes course elements such as the Climbing Wall, Octagons, Cargo Net, and many more.

ELEMENTS (AGES 13+)

For our most adventurous of climbers, Ropes offers a series of special elements to showcase your skills and bravery. For ages 13+ campers can try their hand at the Giant's Ladder, Crate Stacking, and Leap of Faith. Completion of any of the elements resulting in an award being granted at the end of the week!

ZIPLINE

Michigania's zipline is a fan favorite of all ages. After climbing to the top of the ropes course, campers are rewarded with flying through the trees down the zipline track. The Zipline has special times for each age group, along with "Family Zip" for all ages.

MEETING PLACES

Preteens meet at the Nature Center front porch for their morning Ropes classes. 789's are guided to the course by their dedicated staff member for their Low Ropes/Challenge Games program. Adults and Teens meet at the ropes course.

SWIMMING

OPEN SWIM

Starts at 1:30 in the afternoon daily.

KIDS GRID

Aquatic games and activities for children of all ages and swimming abilities. There will also be games on land for those who don't wish to swim.

SWIM AND STAY FIT

Open daily for adults(16+) to swim laps from 8:45 to 11:45 a.m.

One length = 35 Yds, 44 lengths (22 laps) = 1 mile.

SWIM TESTS

Children under 7 can only go into the water as deep as they can stand until they pass a Tadpole test (swimming one length of the swimming area with solid form). Swimmers under 16 must pass a Fish test to swim in the third area with the raft (swimming form non-stop Freestyle to one side of the dock and back with Backstroke).

SIGN UP PROCEDURES

Sheets to sign up for Lake Swim and swim lessons will be found underneath the Nest at the swimming area.

TEEN PROGRAM

Michigania's Teen Program provides fun, supervised activities for all teens and pre-teens ages 10-17. Teens will be divided into 3 groups, with some activities separate and others together with all teens.

PRE-TEENS (10-12)

Will meet in the Long Barn every evening at 8:00 p.m. for their activity, which may include hayrides, campfires, capture the flag, zip line, and more. Staff will walk Pre-teens back to their side of Camp after their evening activity, and staff supervision of teens ends each evening at approximately 9:30 p.m.

MAIZE TEENS (13-14)

Will meet in the Long Barn every evening. Evening activities for teens begin in the Long Barn at 8:30 p.m. and last until approximately 10:00 p.m. Activities may include a hayride, campfire, zip line, and dance. Staff supervision of teens ends each evening at approximately 10:00 p.m.

BLUE TEENS (15-17)

Will meet in the Teen Lounge in the Long Barn. Evening activities for teens begin in the Long Barn at 8:30 p.m. and last until approximately 10:00 p.m. Evening activities may include a hayride, campfire, zip line, and dance. Staff supervision of teens ends each evening at approximately 10:00 p.m.

TENNIS

ADULT TENNIS INSTRUCTION

Lessons take place in the mornings (8:45 - 11:35 a.m.) and will take campers through a progression of all major components of tennis. Morning instruction is for Blue Teens and older.

- Lessons are split by skill level (beginner, intermediate, and advanced) and cover basic tennis technique and strategy.
- All morning instruction takes place on the center courts (unless otherwise noted).
- Rackets and balls are provided for morning instruction.

CHILD TENNIS INSTRUCTION

Lessons take place several afternoons throughout the week. Check the special events schedule in your Blue Book for specific days and times.

 Lessons are split up by age group (5/6s, 789s, and Preeten & Maize Teens)

PICKLEBALL INSTRUCTION

Lessons take place several afternoons throughout the week. Check the special events schedule in your Blue Book for specific days and times.

- Lessons include basic pickleball technique and strategy
- A pickleball tournament is held on Wednesday afternoon, and players DO NOT need to signup ahead of time.

TENNIS TOURNAMENT

Campers need to sign up for tournaments by SUNDAY NIGHT AT 8 p.m. Be sure to note your cabin and phone number on the sign-up so that you and your opponent can easily find one another.

Draws - There are 7 different tournaments (men's and women's singles, men's and women's doubles, mixed doubles, teen, and parent/child). All tournaments are randomly drawn. Pairings will be posted by the end of lunch on Monday in the Dining Hall North Lounge.

Timeline - Matches can begin on Monday as soon as the draws are posted. Each player/team is responsible for finding their opponents and completing their matches by the deadline given on the brackets.

- Upon completion of a match, players must post their results in the Dining Hall North Lounge.
- All matches must be completed before the finals on Friday morning.

Rules - Players call their own lines, foot faults, and scores. Failure to arrive within 30 minutes of a set tourney match will result in forfeiture by the player/team and will advance the opposing player/team. Players must provide their own tennis balls for all tournament matches, except the finals.

- Matches are 8 game pro sets.
- Finals are 6 game sets, best 2 out of 3 sets.

SIGN UP PROCEDURES

All of the sign-up sheets for reserving court time and for tournaments are posted on Saturday in the Dining Hall North Lounge.

- Court Sign Up Court sign-up sheets will remain in the Dining Hall North Lounge until 8:30 a.m. daily. At 8:30 a.m. they will be moved to the various courts.
 - o Unreserved courts are considered open
 - Center courts can not be reserved during lesson times
- Tournament Sign Up Tournament sign-up sheets will remain in the Dining Hall North Lounge until 8 p.m. on Sunday. Campers need to sign up for tournaments by Sunday night at 8 p.m.

PRIVATE LESSONS

Private lessons are available upon request in most program areas at the discretion of the staff in that area. This is an optional activity for staff and is not a mandatory service.

- Private lessons can only be given outside of regularly scheduled program hours.
- Monetary compensation should be worked out in advance with the staff member(s) providing the lesson.
- Private lessons are for recreational purposes, so awards cannot be granted.

SPECIAL EVENTS

WATER CARNIVAL

On Friday afternoon, gather at the Swimming Beach for an outdoor, camp-wide party for all ages! Staff-members will lead a program of various competitive water games, including tug-of-war, a canoe-tipping race, and a sandcastle competition. This is also when all awards for the week will be distributed, so be sure to stop by, even if you don't plan on getting in the lake!

FAMILY OLYMPICS

At Family Olympics, parents get the chance to cheer on while their young children play a variety of fun field games. Staff-members will guide kids through everything from sack races to water balloon tosses. This event is all about providing younger campers with the opportunity to get silly and earn some awards!

TRIVIA NIGHT

There are two successive trivia events at Camp this summer: one for families/all ages, and another just for adults. Family trivia happens earlier in the evening, and features multiple rounds of questions that kids, teens, and adults can all enjoy together. Later, adults will get the chance to try their hand at more challenging questions. In both events, teams will write down their answers to be verified by the judges. Awards will be given for first, second, and third places, as well as for best team names!

VOLLEYBALL

Wednesday nights at Camp are volleyball nights, so gather at the courts by the Dining Hall after dinner and get ready for some competition! Campers will compete against staff-members in two different games: first, a for-fun volleyball game for beginners and novices, followed by a competitive game for more experienced players. Even if you don't plan on getting on the court, Volleyball nights are a Camp tradition, and it can be just as much fun to cheer your team on from the stands!

SOFTBALL

Bring your own equipment or use Camp-provided mitts, bats, and softballs. Campers will form teams and compete against one another while staff-members act as umpires and MCs. Batter up!

SPORTS EQUIPMENT CHECK-OUT

Campers have the ability to borrow camp-owned sporting equipment for their personal use outside of program hours. This includes frisbees, soccer balls, bag-o (cornhole) sets, and even Spikeball! Campers who wish to borrow equipment must use the check-out sheet located in the Dining Hall.

KEG N COKE

On Friday night's, campers come together at the Dining Hall for a camper-led talent show. Participants sing songs, do skits, karaoke, magic, storytelling, and so much more. Check with your Camps Council rep or Keg n Coke MC to sign up!



DINING INFORMATION

The bell atop the Dining Hall rings three times each day announcing the opening of each meal. We would appreciate families going through the line for meals together so parents can help their children take only what they will eat. We also ask that everyone take their dishes to the designated area following each meal. Please do not remove eating utensils from the Dining Hall.

DINING HALL HOURS

Breakfast: 7:45 - 9 a.m.

Lunch: 12 - 1 p.m. Dinner: 5:30 - 7 p.m.

Coffee is available in the Education Center Sunday through Thursday, 7:30 a.m. – 10 p.m. Friday 8:30 a.m. – 8 p.m., and in the Dining Hall North Lounge from 7 a.m. – 8:30 p.m.

Lunch Service

In addition to the service in the Dining Hall, grill items and other lunch items will be available outside the Dining Hall on Flagpole Hill. Please feel free to take your meal down to the Swimming beach to eat by the lake.

DIETARY NEEDS & FOOD ALLERGIES

If you have special dietary needs/food allergies, please see our Food Service Director and/or our Dining Room Manager, upon your arrival. They'll work with you to make sure you have a great mealtime experience at Camp.

NUT ALLERGIES

Camp Michigania is not a nut free facility. Please notify our Food Service Director, and/or our Dining Room Manager, upon your arrival to notify them of nut allergies and discuss needs. We have nut free products on site. Please feel free to ask to see labels.

BIRTHDAYS, ANNIVERSARIES, ETC.

If you or a family member will celebrate a birthday, anniversary or other special occasion at Michigania, the kitchen staff will prepare a special cake for the occasion if given 48 hours advance notice.

A fee of \$7.00 for a 9-inch round, \$12.00 for a half sheet cake or \$20.00 for full sheet cake will be charged to your account.

To request a cake, please talk to any member of our food service staff and they can assist you in completing a cake request form. If you will need a cake during the first two days of your stay, please email michigania@umich.edu and we'll provide information on requesting a cake.

CAMP POLICIES

CAMPS COUNCIL

The Camps Council Advisory Board consists of representatives from each week at camp and are a valuable resource for you during your stay. They provide direction and recommendations to the Camp Michigania professional staff, sharing your feedback throughout the summer and at two annual meetings.

MICHIGANIA COMMUNITY STANDARDS

As your Camp Michigania Camps Council Representatives, our hope is to sustain and enhance the camp experience for all families attending camp now and in the future. We would like to remind everyone that Camp Michigania represents a special place for all of our families, and we hope it always remains a welcoming, safe and enjoyable place. Your Camps Council fully supports the Camp policies regarding appropriate behavior and expectations of our campers throughout their week at camp, and would ask that each family review these expectations. Please feel free to contact your week's representative if you have any input or concerns.

ALCOHOL AND DRUGS

Michigania's policy with regard to alcohol and drugs is consistent with state law. In Michigan, the legal age for the purchase, distribution, and consumption of all alcoholic beverages is 21. Those campers of legal age who choose to consume alcoholic beverages while at Michigania must only do so with proper and lawful regard for the rights and safety of others.

It is the responsibility of those who have alcoholic beverages at Michigania to make certain they are not available to minors at any time, including making certain that all alcoholic beverages are stored securely inside their cabin unit (not in common rooms, on front porches, etc.) Michigania is a family camp and should be treated as such at all times. Consumption in program areas and other common areas should be kept to a minimum.

Campers choosing to drink should do so responsibly, with an awareness that inappropriate, alcohol impaired behavior dangerous to themselves or dangerous/disruptive to others may result in the Camp administration intervening, and possibly asking them to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied. Use, possession, or distribution of illegal drugs is strictly prohibited. Campers are also responsible for properly handling and securing prescription medications. Those who violate the law will be held legally responsible for their actions and required to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied.

AUTOMOBILES

After unloading belongings at their cabins, campers should park their car in one of Michigania's parking lots. Unless authorized by the administration, cars should not be driven to cabins again until the end of the week. Campers who leave Michigania midweek should walk to and from the parking lots. Pull carts will be provided at each lot to aid those who need to transport items between their cabin and their car during the week.

BICYCLES

Bicycles may be ridden only in designated areas at specified times. These include the Camp road, west of the North Camp parking area. Campers are requested to walk their bicycles to and from their cabins. Please ride slowly and use extreme caution at all times!

COURTESY FOR OTHERS

Respect for the rights of others is essential if everyone is to enjoy their Camp Michigania experience. We remind you that sound carries at Michigania (more than you may realize) and many children and adults attempt to sleep early in the evening. If you are being disturbed, we encourage you to make your concern known. We expect that an appeal for quiet will generate a positive, cooperative response. Excessive inappropriate behavior, as determined by the Camp administration, may require campers to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied.

ELECTRONIC DEVICES

We encourage all campers to take advantage of the unique natural environment at Michigania as well as the opportunity to interact with other campers. Therefore, we ask your discretion with electronic devices (such as iPods, hand-held gaming devices, tablets, and cellphones). Electronic devices should not be brought to morning kids' activities or workshops.

DRONE POLICY

Operation of a UAS by anyone on other U-M affiliated properties, such as Camp Michigania in Boyne City, MI is prohibited unless the use is approved by the IASC. The process for obtaining approval is initiated through submission of an application to the IASC, along with written permission from the Operating Site Property Manager. After review of the application and any supplemental information provided or requested, the IASC will either approve or deny the requested permission. If the IASC grants permission, it will be valid for a specific use and time period. If the IASC or Operating Property Site Manager denies the request, the use will be prohibited.

GLASS BOTTLES

Due to the hazards associated with broken glass, we urge you to bring all beverages to Michigania in recyclable aluminum cans or plastic bottles. If you do find the need to have glass bottles, please be very careful with them, and remember to dispose of all containers in the proper recycling receptacles. Glass bottles are not permitted in the swimming or boating areas.

PETS

Some of our best friends walk on all fours, but we simply don't have accommodations for them at Michigania. Please leave your pets at home with a friend, or at one of our local kennels. Information on these local kennels can be found online or by contacting the Camp office.

Per ADA and Department of Justice guidelines, The Service Dog policy for Camp Michigania is as follows:

A written request from a camper to bring a service dog to Camp must be submitted no later than 30 days prior to the start of the week the camper will be attending camp. The letter must answer the following questions:

- 1. Is the dog a service animal required because of a disability?
- 2. What work or task has the dog been trained to perform?
- 3. The dog shall wear a Service Dog vest at all times when outside the cabin.
- 4. The dog should be on a leash at all times, be under the control of the owner and not be allowed to run loose. This includes the entire Camp grounds, hiking trails, beaches and roads.
- 5. The dog shall not threaten or disturb (including barking) any other person, or persons, nor any camp program.
- 6. The owner must immediately pick up after the dog and properly dispose of any waste.

The Director of Camp Michigania shall have the authority to ask that a Service Dog be removed from Camp Michigania if the terms of the above policy are violated.

RECYCLING & TRASH

It is the responsibility of all who enjoy Camp Michigania's facility to help maintain its beauty. We ask that you help us be better environmental stewards by ensuring that your trash is placed in proper receptacles in your cabin and throughout camp, and by picking up any litter you may see. Camp Michigania continues to enhance our recycling and composting programs. Trash, recycling, and composting bins will be available in several areas around camp, including program areas, the Dining Hall, and the Education Center.

There will also be a recycling bin located in your cabin's common area for easy transport to one of the designated locations around camp. Detailed recycling and composting information is also in your blue books and posted in cabins. If you have additional questions, please ask the staff.

MIXED RECYCLING includes all plastics, clear and colored glass, and metals. These black bins in blue racks are located wherever there is a trash bin throughout camp.

Michigania staffers sort through the recycling by hand. Please make sure all items are clean and empty!

STORE

The Camp Store is located in the Dining Hall. Store hours will be posted in your Blue Book, the Dining Hall, and Education Center. Items for purchase will include apparel, drinkware, ice cream, candy, and other souvenir items.

YOUR CAMP ACCOUNT

PROGRAM AREA CHARGES

Additional charges for materials and other expenses are assessed in the following program areas:

- Riding
- Riflery
- Nature
- Ceramics/Arts & Crafts

Children's groups in the morning will NOT be charged program fees. Exact amounts for the above-mentioned materials/activities are available at those program areas. Charges incurred in program areas are added to your Michigania account and are payable on your final invoice, which will be mailed to you.

CHECK OUT

Invoices will be emailed to campers following their week at camp. Final payments may be made online or by check. You may also save a credit card to your account and the office will process the final payment for you.

BABYSITTING

Campers can make arrangements with staff to babysit any age children throughout the week when staff are off duty. Please be sure to work out hours and wages with staff in advance.

SAFETY AT MICHIGANIA

SAFETY POLICIES

While Michigania is dedicated to providing safety and well-being for all campers, there are risks present. Please be sure to follow safety procedures while at camp, including:

- Supervision of children when program areas are closed and unstaffed (especially at the waterfront and Riding barn).
- Following all Camp rules and emergency protocols which are posted in cabins and the office.
- Using common sense to avoid potential hazards.

FIRST AID

The Michigania infirmary is located on the lower level of the Education Center and is staffed by a medical professional during posted hours. In case of a medical emergency during the day, report to any staff person and a medical professional will be contacted.

In case of an emergency during the night, you may choose to:

- Go directly to Northern Michigan Hospitals' emergency room (located in Petoskey, approximately fifteen minutes from Michigania; directions are on your Emergency Action Plan, posted in your cabin).
- Call 911
- Contact the Camp administration per the information posted in your cabin.

OTHER DETAILS

GOLF CARTS

A limited number of golf carts are available for campers who have difficulty walking. If you would like to reserve a golf cart, please contact the Michigania office at 231.582.9191, ideally at least 2 weeks prior to your arrival. Golf cart rates can be found online.

BEDDING

1 bedroom units have a queen bed, and 2 bedroom units have a queen bed and 2 sets of bunk beds. Pillows will be provided. **Blankets will not be provided.** You may wish to bring a sleeping bag, comforter, or electric blanket. You may bring your own sheets and pillow cases, or we will provide sheets, pillowcases, and a bathmat, free of charge. **Michigania does NOT provide towels and washcloths.**

ICE MACHINES

Ice machines are located outside the North and South Camp laundromats.

LAUNDRY

Laundromats are located in North Camp and South Camp. Each laundry has coin-operated washing machines and dryers, and a change machine is available. The cost is \$1.75 for washing machine and \$1.25 for dryer. Please visit the office for bill exchange or quarters. To assist in environmental stewardship, low phosphate detergent is furnished by Camp, and we ask you to only use our detergent. As a courtesy to others, please remove your clothing as soon as the cycle is completed.

LOST AND FOUND

Check the lost and found area in the Dining Hall North Lounge. A lost and found box can be found in each program area, but are all brought to the Dining Hall North Lounge at the end of each week. If you cannot find an item in the area you lost it or in the Dining Hall North Lounge, check with the office. Valuable items (wallets, watches, cameras, jewelry, etc.) are taken to the Main Office and a loss report can be made in the office. Unclaimed items are given to charity 14 days after the end of each week. If you arrive home and realize you are missing an item, please contact Michigania as soon as possible. If your item is found, we will ship it to you at your expense.

MAINTENANCE AND HOUSEKEEPING

Cabins are cleaned between each week, so it's important campers depart by 10 a.m. and arrive no earlier than 3 p.m. During the week, housekeeping supplies, including garbage bags, light bulbs, and basic cleaning supplies are available at the Education Center.

If you have a maintenance issue (torn screen, broken door hinge, etc.) please add it to the maintenance request list located in the office, and we'll take care of it.

ADDITIONAL PROGRAMMING

Camp Michigania offers a wide variety of programming in the Fall, Winter, and Spring. Some programs include Fall Colors weekend, Family weekend, Winter Camp, retreats, heritage month events, and more. Visit our website to learn more!

