# MICHIGANUAL

YOUR GUIDE TO CAMP MICHIGANIA



# **A LETTER FROM MITCH**

Michigania Campers,

On behalf of the Alumni Association of the University of Michigan, I am pleased to welcome you to the world of Michigan alumni camping! We are delighted you have chosen to spend a week with us at Camp Michigania, on the shore of beautiful Walloon Lake.

Our goal, when preparing this booklet, is to provide information to help you plan for and take full advantage of your time at Michigania. I encourage all family members to become familiar with the material contained in the pages that follow, especially those of you that are long time campers!

Alumni-owned since the summer of 1963, Michigania has provided a unique opportunity for thousands of U-M Alumni Association members and their families. This year we look forward to making your experience one that you will enjoy and remember for many years to come.

Truly Blue,

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Mitch Rosenwasser Director, Michigania



# TABLE OF CONTENTS

Programs Index	4
789's Programs	5
Archery	5
Boating	6
Ceramics, Arts and Crafts Field	8
Sports	10
Fitness	10
Kids Programs	10
Nature	12
Riflery	13
Ropes Courses	13
Sustainability	14
Swimming	14
Teen Program	15
Tennis	15
Private Lessons	16

Dining Information	<b>18</b>
Meals	
Dietary Needs & Food Allergies	
Nut Allergies	
Birthdays, Anniversaries, etc.	

#### Policies at Michigania

Policies at Michigania	
Camps Council	19
Camper Behavior Statement	19
	19
Alcohol and Drug Policy	19
Automobiles	20
Bicycles	20
Courtesy for Others Electronic	
Devices	20
Drone Policy	20
Glass Bottles	20
Pets	20
Recycling and Trash	21
Smoking	22
	22
Valuables	

Your Camp Account	22
Program Area Charges	
Check Out	
Guests	
Safety at Michigania	23
Safety Policies	
First Aid	
Babysitting Options	23
Private Babysitting	
Other Details	24
Golf Carts	24
Bedding	24
Ice Machines	24
Laundry	24
Lost And Found	24
Maintenance and Housekeeping	24
Mail and Phone Messages	25
Camper Telephone	25
Computer and Internet Access	25
The Michigania Story	26
Map Of Camp	27

# PROGRAMS

Michigania program areas are described below. A weekly schedule book (the Blue Book) will be sent to you via email a few days before you arrive (in draft form) and you will receive a printed version at checkin. Reference the daily schedules in your Blue Book for program times and event information. Detailed information about age groups, including schedules and starting locations, can be picked up during check-in or in the Michigania office during the week.

- 789's Programs
- Archery
- Boating
- Ceramics, Arts & Crafts
- Field Sports
- Fitness
- Kids Programs
- Nature

- Recycling/Sustainability
- Riflery
- Ropes Course
- Swimming
- Teens
- Tennis



# 789's PROGRAMS (FOR 7, 8 & 9 YEAR OLD CAMPERS)

789's get to experience Camp in independent ways! For morning programs, 789's should meet their group at their first assigned program location on the Morning Activity Grid in the Blue book. A dedicated staff member will guide the group between programs, and parents should talk with their kids about what to do when the program ends at 11:25 AM. Often parents ask their kids to meet them at their cabin or near the Dining Hall for lunch (which begins at noon).

In the afternoons, 789's can do age appropriate activities listed in the daily special events schedule. The afternoon 789 program should help provide some structure and guidance for 789's without sacrificing the independence gained, with the side-benefit of encouraging them to explore the different varieties camp has to offer. Monday-Friday, afternoons begin with a special kick-off activity hosted by 789's staff.

# ARCHERY

#### **SIGN UP PROCEDURES**

Check the schedule to be sure that Archery is open for your age group—otherwise, no sign-ups are necessary.

#### TARGET RANGE

The archery target range is open daily for scheduled programming only. Morning programs cover basic archery skills and safety. Each afternoon, the range is open and campers Ages 7+ (or entering 2nd grade) are welcome to shoot. Children ages 5 and 6 (soon to be kindergarteners and first graders) may shoot only during designated times and must be accompanied by an adult or signed into their Kids Camp group.

#### FIELD ARCHERY RANGE

To shoot on the field range, archers 13 years and older must be able to hit a target at 20 yards with five consecutive shots in the black ring or better (gaining designation of "Field"). Archers ages seven to 12 years old (or 2nd to 7th graders) must be able to hit a target at 15 yards with five consecutive shots in the black ring or better (gaining the designation of "Junior Field"), and must also be accompanied by an adult. Please allow approximately 45 minutes before programming closes to complete the field range.

#### BOATING

#### SIGN UP PROCEDURES

Sign-up sheets are posted in the Boathouse each morning for that day and the following day.

#### **CHILDREN'S CLASSES**

Every morning, children's programs are held. Generally, if there is wind, children will sail on an Ensign. If there is insufficient wind for sailing, canoeing and other activities are organized based on the weather and the size and skill level of the group.

#### SAILING LESSONS

Sailing instruction at Michigania is available on four levels: Beginner, Intermediate (Butterfly), Advanced Intermediate (Skipper), and Advanced (Admiral). In addition, lessons in sailing hobies and windsurfing are also available.

• Beginner/Introduction to Sailing Designed for Maize Teens and older (campers 13+ or going into the 8th grade or above) with minimal sailing Experience. This lesson will familiarize the student with the basics of sailing and provide hands-on experience in a staff-supervised setting, which will take place on a keelboat. No rating is earned.

#### Intermediate/Butterfly

Designed for Maize Teens and older (campers 13 years+ or going into the 8th grade or above) with beginner level sailing knowledge. This lesson gets students sailing on their own in our smallest boats (Butterflies). The "Butterfly" rating is earned upon completion.

#### • Advanced Intermediate/Skipper

Offered to sailors Blue Teens and older (campers 15 years+ or going into the 10th grade) and older with a "Butterfly" rating looking to step it up a bit. Students will learn how to rig, sail away from a mooring, sail back onto a mooring, and properly de-rig the boat. The lesson takes place on a flying scot and the "Skipper" rating is earned upon completion.

#### Advanced/Admiral

Offered for proficient sailors with "Skipper" rating of our moored boats, this lesson focuses on the additional knowledge required to rig and sail the Ensigns—our largest, keeled boats, and provides a good deal of practice on the water. The "Admiral" rating is earned upon completion.

#### Walloon Lesson

Come learn to sail a boat built for Walloon Lake. "Admiral" rating is required to sign up for this lesson.

#### **HOBIE SAILING**

To use Michigania's Hobies, campers must take a Hobie check-out or a Hobie lesson.

Hobie Check-Out

Hobie checkouts are offered for campers age 18+ who have earned their "Skipper" rating and are familiar with Hobie sailing.

#### Hobie Lessons

Hobie lessons are offered for campers ages 18+ who have earned their "Skipper" rating and are interested in learning to sail a Hobie. Lessons take one hour and cover how to rig a Hobie Cat, and the differences between sailing a Hobie vs sailing other boats.

#### WINDSURFING

Several windsurfers are available for use throughout the week.

#### Windsurfing Lessons

Windsurfing lessons are available upon request. Campers who have earned a "Butterfly" rating and are Blue Teens (ages 15+ or going into the 10th grade) or older are eligible.

#### Open Windsurfing

Michigania's windsurfers are available on a first come, first serve basis, any time during daytime open sailing that they are not being used for windsurfing lessons. Windsurfing is not available during night boating.

#### **CHECK-OUTS**

Experienced sailors can by-pass full lessons by completing a checkout for the appropriate level of boat they wish to sail.

#### **"BUTTERFLY" CHECK-OUTS**

Campers interested in sailing beginning boats such as Butterflies or Laser must first pass a "Butterfly" level check out.

#### **"SKIPPER" CHECK-OUTS**

Campers interested in sailing intermediate boats such as Flying Scots, must first pass a "Skipper" level checkout.The skipper check out consists of a written exam and being able to demonstrate controlled sailing in front of a member of the boating staff.

#### REGATTAS

Camp Michigania Classic Regattas are held Thursday afternoon (Heat #1 from 1:30-3 PM and/or Heat #2, 3/4:30 PM). Regattas are open to all campers, provided they have the necessary rating to sail the desired boat. In order to participate in one or both of the regattas campers must attend the Boat Draw on Thursday, 9-9:30 AM on the boating beach.

#### **FUN REGATTA**

The Fun Regatta is held on Friday afternoons. The Boating staff provides unique and exciting courses for racing with a twist. Boats are assigned.

#### **ENSIGN RIDES**

Tours of Walloon Lake aboard one of Michigania's Ensign sailboats is offered to Blue Teens (ages 15+ or going into the 10th grade) and older, Monday through Friday. Campers are welcome to bring snacks and non-alcoholic beverages. Please dress appropriately for the weather. On windy days the lake is about 10 degrees cooler than the land, and on calm days, the lake is about 10 degrees warmer than the land. Space is limited to 8 passengers per ride.

#### SAILING EXCURSION

An opportunity for campers with an Admiral rating to take centerboard boats and keelboats to sail outside of the normal Michigania boating boundaries. If the weather and wind conditions are perfect, these boats will be allowed out of bounds with a boating staff member on a rescue boat.

#### **PONTOON BOAT RIDES**

Adults, ages 18 years and older, are invited to cruise Walloon Lake aboard our pontoon boat. Cruises are offered throughout the week.

#### **CANOES AND ROWBOATS**

Available for use throughout the week on a first come, first serve basis.

#### STANDUP PADDLEBOARDS

Available to check out from Boating.

#### **KAYAKS**

Kayak excursions will be offered upon request. They're also available for use whenever boating is open, and they are not being used for the excursions. Please check with a staffer before using the kayaks to see that they are not reserved for a lesson. The kayak boundaries are the same as the canoe boundaries.

# **BOATING SAFETY RULES**

It is the responsibility of those who use Michigania-owned vessels to comply with Michigan State law and Michigania's rules and policies.

#### LIFE JACKETS

All campers must wear a properly fastened lifejacket in any Michigania-owned boat. 0-9 year-olds (or children in 4th grade and under) must wear a lifejacket when on the boat docks. Michigan law requires that one life jacket per person be on board every boat. The sheriff patrols the lake regularly and will not hesitate to give you a ticket if you violate this law. Michigania's life jackets are for everyone's use. Please return them to the boathouse when you are finished.

#### SWIMMING/ WADING

Swimming and/or wading in the boating area is prohibited. Please use the swimming area during open hours.

#### SIGNAL FLAGS

Located on the flagpole next to the boathouse.

- **GREEN** indicates that the boating area is open.
- **YELLOW** indicates abnormal conditions and restricted sailing (check with staff for details).
- **RED** indicates the boating area is closed due to normal schedule or hazardous weather conditions. Please bring your boat in immediately.

#### **PRIVATE BOATS/WATERCRAFT**

Small boats may be launched at Michigania's boating area. Larger boats may be launched at the Sumner Road public access. Private boat owners are expected and required to:

- Register their boats/watercraft prior to launching their boat, either through the online form or at the Michigania Office when they arrive at camp.
- Not make a wake within 100 feet of a sailboat.
- Not make a wake within 100 feet of the mooring area.

#### NAMETAGS

Please leave your name tag on the appropriate hook in the boathouse so that if staff needs to reach you, they can locate you on the water.

#### BOATING BOUNDARIES (for Michigania-owned boats)

Canoes, Kayaks and Rowboats: within 100 feet offshore and view of boat docks.

Sailboats and Windsurfers: Generally, within view of the boat docks.

Specific Boundaries:

- To the North: Do not go through the narrows.
- Lily Pad Bay: Do not go so far into Lily Pad Bay that you cannot see the boat dock.

• To the Southeast: Do not cross the imaginary line between the yellow boathouse on the east shore and Sumner Road.

#### CERAMICS, ARTS & CRAFTS

Ceramics, Arts & Crafts (CAC) is the place at Camp where you can create stunning artwork for your home, thoughtful gifts, and mementos of your time here. Come join us and be inspired!

- The Kids' Room is available for kids of all ages to spend time crafting with our nearly infinite supply of craft items. Projects consist of drawing or painting on paper, canvases, ceramics, or even your own craft creations.
  - » MORNING: Reserved for scheduled kids' programs.
  - » **AFTERNOON**: Open for all (children ages 0-6 with an adult, please).
- The Adult Room is available for ceramics, glass, and other advanced craft projects.
  - MORNING: Open Crafting for Maize Teens (ages 13-14, 8th & 9th graders), Blue Teens (ages 15-17, 10th-12th graders), and Adults (ages 18+)
  - » AFTERNOON: Open Crafting for campers ages 13+ (8th grade and older) - Maize Teens, Blue Teens, and Adults; be sure to note the closing time, as some days offer extended hours, for even more crafting!

#### **SIGN UP PROCEDURES**

**Open Crafting:** Check the schedule to be sure that the CAC rooms are open for your age group—otherwise, no sign-ups are necessary to visit Open Crafting.

You may sign up for any CAC specific classes on the CAC porch.

**Canvas and Cocktails:** You may sign up for Canvas and Cocktails on the CAC porch.

#### PROJECTS

Kids Room	Adults Room
Mosaics	Ceramic Painting
Lanyards	Silk Scarf Painting
Beading	Glass Work (etching, painting, fusion)
Jewelry Making	Wordburning
And More!	Jewelry Making & More

#### AGE LIMITS

The Adult Room is reserved for campers who have been officially categorized as Maize Teen, Blue Teen, or Adult. This guideline has been established for safety and capacity reasons and will be strictly enforced; no exceptions will be made.

- Fused glass is available ONLY in the Adult Room and thus is available only to campers in Maize Teen group and older.
- Children under the age of 13/entering a grade under 8th this coming fall, should not be in the Adult Room at CAC. All Adult Room crafts are available to campers 13+ (entering 8th grade and older): Maize Teens, Blue Teens, and Adults.
- Some Adult Room crafts are available to younger campers if done on the CAC porch or in the Family room under direct supervision of a responsible adult. Ask CAC Kids' Room staff for details.

The Kids' Arts and Crafts Room is available to all campers with the following guidelines:

- Campers ages 0-6 year must be accompanied by an adult at all times at CAC, if not with their Kids Camp group.
- Lanyard crafts are strictly reserved for ages 7+ (2nd grade and older) and only recommended for ages 10+ (5th grade and older). Adult supervision is recommended for young campers, since they generally

need ongoing hands-on assistance to successfully complete a lanyard. Staff members are available to provide one-onone assistance only for the beginning of a project.

#### DEADLINES

All purchases must be recorded by 2 PM on Friday afternoon. All glazed ceramics must be placed on the "To Be Fired" shelf by 11:30 AM on Friday morning. Glass and bottle projects must be placed on the "To Be Fired" shelf by the end of crafting on Thursday evening.

#### CHARGES

There are additional charges for most ceramics and arts and crafts projects (except morning kids' programs). Prices are posted in CAC and charges will appear on your final bill. No cash is accepted at CAC.

Thursday is the last day to purchase materials. Parents may wish to limit the amount their children may charge; please speak to a CAC staff member for details on establishing limits for your children.

#### **FINISHED PROJECTS**

Most projects may be taken to your cabin as soon as paint or glue is dry. Ceramic projects must be fired overnight and will be available after lunch the following day. Pieces fired on Friday will be available at CAC on Saturday morning after 8:30 AM. Don't forget to pick up your masterpieces!

Finished pieces not picked up by Camp departure time of 10 AM on Saturday morning will be given away or recycled.

\*Firing takes 20-24 hours to complete and is done overnight, so please be patient.

**\*SAFETY:** Due to potential hazards, please wear shoes or sandals at all times in CAC.

# **FIELD SPORTS**

#### SIGN UP PROCEDURES

Sign-up sheets for tournaments are posted on Sunday in the Dining Hall North Lounge.

#### **MORNING CLASSES**

Morning field sports classes meet at the softball field. In case of inclement weather, classes will meet in the Long Barn. Activities and instruction vary according to age group.

#### **TOURNAMENTS AND CLINICS**

In addition to morning classes, several clinics and tournaments including bocce, golf chipping, and table tennis are scheduled. Sign-up sheets are in the Dining Hall North Lounge. Check the special events schedule in your Blue Book for specific times and locations, along with a schedule of activities. If you're interested in creating a pick-up game, please contact a Field Sports staff member for assistance with scheduling and equipment, or you can ask the office to check out various sports equipment.

- Water Fitness including stand up paddle board classes and other water fitness possibilities like aerobics, kayaking, aqua Zumba, etc. Take advantage of waterfront and fitness opportunities in Walloon!
- **TRX & Strength Training** TRX straps to the fitness room expand the possibilities for classes focusing on strength training at Camp. Use our hand weights and exercise bands during Body Pump, Core Pilates, and open gym.
- **Cardio & Running** from programs like Zumba and 5K runs to circuit and interval training, take advantage of classes that are sure to get you pumped up. Keep an eye out for a variety of unique options every summer for all ages from the Fitness Staff. Class descriptions are posted on the Fitness room door.
- **Other** Kids classes will be offered during the kids grid.

# **KIDS PROGRAMS**

# FITNESS

#### **SIGN UP PROCEDURES**

Reference the fitness sign-up area outside the fitness room. Actual sign-up sheets for classes will be located on the Fitness room exterior door on clipboards. Sign up for fitness classes with limitations on the exterior door clipboards.

#### **FITNESS CLASSES**

We offer fitness classes for beginners and more advanced health enthusiasts. There is a wide variety of offerings throughout the day for our Fitness program! Full descriptions of each class can be found on the Fitness Room door.

Offerings include:

• **Yoga** - start your morning overlooking Walloon with a wake-up flow on the porch of the Ed Center. Delve into your vinyasa flow practice with a daily class. Relax and restore with meditation and yig yoga, or learn beginner stretching with our intro class. Camp Michigania offers facilities and programs for infants (ages 0-2 or still in diapers), a special day camp type program for toddlers (ages 3/4, not in diapers), and 5/6's.

Please bring your kids to the programs only if they are healthy. If you're unsure, please check with our camp nurse. We may ask you to pick up your child if our nurse determines they should not be around other kids for health reasons. We will do temperature checks upon arrival for all children.

Your kids may come back messier than when they were dropped off due to arts and crafts projects or outdoor activities.

#### 0-2's

The Kids Camp building is located west of the softball field. Morning and afternoon activities include supervised play, feeding, snacks, naps, etc. Additional engaging activities will be planned for older children in the 0-2 program.

#### **GENERAL PROCEDURES & INFORMATION (0-2's)**

- Please sign your child in and out, indicating cabin number and where a parent will be.
- Parents must provide diapers and milk and/or formula for their children. Each child will be assigned a drawer to store diapers, plastic bottles, extra clothes, etc.
- Individual routines for napping and feeding will be followed to the best of our abilities. We will discuss on the 1st day of programming.
- Frequent diaper checks are made so that children are not in soiled diapers.
- Please alert the staff of any allergies/medical concerns for your child.
- Many of our young campers have peanut allergies. Please assist us by refraining from bringing any nut products into the 0-2's.
- On M-F, drop off your child at Kids Camp after 9:15 AM for the morning and after 1:15 PM for the afternoon session.
- On M-Th pick up your child at or before closing times (11:25 AM and 4:30 PM) from Kids Camp.
- Pickup is outside Kids Camp. The awards ceremony, which you're invited to attend, runs from 4:15-4:30 PM on Friday.

#### 3/4's

Kids Camp is located west of the softball field.

Morning activities will be posted in the 3/4's room in Kids Camp. Activities include short walks to other areas of Camp to pet a horse, build a sand castle, and search for the Wizard and the Unicorn!

In the afternoon, 3/4's will play at North Beach. Children should be wearing their swimsuit when they arrive at Kids Camp after lunch, and should have a change of clothes in their backpack.

Children receive a snack each morning and each afternoon.

Special activities include: exploring the nature center, organized field sports activities, tie-dying at CAC, and daily arts and crafts.

#### **GENERAL PROCEDURES & INFORMATION (3/4's):**

- Complete and return a Child Information Card for each child (Also, available at check-in, please fill out in advance if possible).
- Please sign your child in and out, indicating cabin number and where a parent will be.
- If your child cries when dropped off, please let a staff member interest them in an activity. We will reassure the child and explain that you will be back later.
- Sorry, 3/4's do not have diaper changing facilities.
- On M-F, please drop off your child after 9:15 AM for the morning and 1:15 PM for the afternoon, and pick up your child at or before closing times (11:25 AM and 4:30 PM).

#### 5/6's

The 5/6 year olds meet at the front porch of Kids Camp every day at 9:15 AM and 1:15 PM. Staff members remain with the children at all times and escort them from one program area to another for morning sessions. 5/6's visit North Beach in the afternoons, and should have swimsuits on under their clothes when they arrive after lunch. 5/6's should bring a change of clothes in their backpacks if they plan on participating in the afternoon activities.

On M-F, children should be dropped off at 9:15 AM for the morning and 1:15 PM for the afternoon and be picked up promptly at 11:25 AM and at 4:30 PM at the afternoon activity. Children must be signed out by a parent/adult guardian. You will have the choice to pick up your child at 3 PM during Cookie man on the north side of the Dining Hall or allow Kids Camp staff to accompany them to their planned afternoon activity, which you are encouraged to come and watch. On Monday, if you think that your child can be left on their own at the end of the morning or afternoon session, please ask a staff member to mark an "H" (for "Home") on the back of your child's Name tag and on their Child Information Card. Please alert staff members if you decide to give your child the "H." This will indicate that the child is permitted to leave the group alone at the end of the day. Otherwise, staff members will remain with the children until they are picked up. Please send a snack with your child if you would like them to have one during the day.

#### FOR ALL KIDS CAMP CAMPERS:

**Campfire Sing-Along:** On Monday night, join the staff at North beach as they lead the kids (and adults) in some of Michigania's favorite camp songs. Following the singing, we'll roast marshmallows for the yummy goodness of s'mores!

# NATURE

The Nature Center features many programs and activities for campers of all ages. Staff members are knowledgeable about environmental education, and are very excited to share their enthusiasm for the beauty and wonders found at Michigania! A visit to the Nature Center offers displays of animals, habitats, sustainability, and more. In the morning, kids can enjoy scavenger hunts, meeting and feeding the resident creatures, learning about the outdoors, and many more surprises. Guided and self-guided hikes allow exploration of Michigania's nature trails with posted signs identifying trees and vegetation, and offering information about the area. Come visit us in the beautiful Resnick Family Nature Center!

#### **ADULT CANOE LUNCH**

What a great way to spend a lunchtime canoeing on Walloon and enjoying a delicious sack lunch followed by a brief nature hike. Sign up in the North Lounge.

#### **ASTRONOMY TALK**

Get a little starry-eyed as you gaze up at the stars and learn about the constellations and their mythology. (Make sure to check whiteboard daily, as rain date may be as early as Monday or anytime after Tuesday.)

#### **BIRD HIKE**

Come join us for an early morning walk around Camp to identify birds.

#### **ECOLOGY ENSIGN RIDE**

Join us for this collaboration with the boating area and experience Walloon from a different viewpoint while discussing how the lake was formed, and its ecosystem.

#### **EXPLORERS HIKE**

Adventure off the trail to discover the untouched parts of the Michigania forest. Search for interesting plants and animals alike.

#### LAKE SHORE HIKE

Michigania has a beautiful lakeshore, no doubt about it. Come and learn more about the history and ecology of Walloon Lake.

#### **LEAF PRINT T-SHIRTS & NATURE CRAFTS**

Design your very own t-shirt with the beautiful leaves you collect. Make dreamcatchers, recycled paper, eco-art, and many other nature crafts.

#### **ROCK POLISHING**

This is your chance to shine up those Petoskey stones you've gathered during your time at camp.

#### **STONE SAFARI**

Travel to the shores of Lake Michigan to hunt for Petoskey stones to polish at Rock Polishing.

#### **TOP 'O THE MORNING HIKE**

A brisk morning hike along the lakeshore for all of you early hikers. Let nature make your morning the tops.

#### **TREEMENDOUS TREE HIKE**

Join us for a walk through the woods and learn about the wonderful variety of trees in our backyard.

#### **TWO LAKES MEADOW HIKE**

Enjoy the breathtaking view of Lake Charlevoix and Walloon Lake atop a meadow.

#### WET 'N' WILD HIKE

Venture into the waters of Walloon to explore the coast from the lake's view and see what surprises are waiting in the water. \*SAFETY: WATER SHOES ARE REQUIRED

#### WILDFLOWER HIKE

Come walk and learn about the beautiful wildflowers of Michigania.

# RIFLERY

#### SIGN UP PROCEDURES

No signup necessary at Riflery. Please note the minimum age for Riflery is the Pre-teen group.

Michigania's rifle range is equipped with .22 caliber rifles and 12 and 20 gauge shotguns. PERSONAL FIREARMS ARE PROHIBITED.

#### SAFETY RULES

Range rules are designed, most importantly, for safety. Therefore, they must be strictly observed. The complete set of range rules is posted at Riflery. If you have any questions, please see a Riflery staff member.

- PERSONAL FIREARMS ARE PROHIBITED
- WEARING EYE AND EAR PROTECTORS IS REQUIRED WHILE SHOOTING.
- VISITING THE RANGES WHEN THEY ARE CLOSED IS PROHIBITED.
- WASH AND RINSE HANDS THOROUGHLY AFTER HANDLING AMMUNITION.
- DO NOT HANDLE CLAY PIGEON FRAGMENTS.

#### MORNING CLASSES (9:30-11:25 AM)

Open for scheduled classes (times listed in your Blue Book). Instruction in safety and shooting techniques will be stressed. Please note children are NOT charged for morning riflery sessions.

#### **AFTERNOON OPEN SHOOTING**

Campers can use this time for individual rifle and shotgun target practice and recreation. Campers must be Pre-teens or older to shoot rifles, and Blue Teens or older to shoot trap.

#### SHOTGUN

Demonstration and instruction is provided for the trap and skeet range. Both ranges will be closed during periods of significant rain, or if thunder and lightning are present, to protect the campers as well as the guns.

#### **BEGINNERS' LESSONS**

Guns 101 is offered at specific times during the week. All beginners are strongly encouraged to attend a lesson before coming to an open shooting period. Please do not attend beginner classes if you are not a true beginner, you will not be allowed to shoot. See the Blue Book for a detailed schedule of open shooting times. Note that Sundays are reserved for beginners ONLY.

#### RATES

.22 cal	\$2/10 rounds
12 ga. Ammo & Pigeons	\$5/10 rounds
20 ga. Ammo & Pigeons	\$5/10 rounds

# **ROPES COURSES**

Michigania has both low ropes and high ropes activities. Success comes with the willingness to challenge oneself and take risks within the course's safe and supportive environment. We maintain a challengeby-choice philosophy, and the participant decides the degree of challenge. Groups are supervised by trained staff facilitators.

#### LOW ROPES & CHALLENGE GAMES

Michigania's low elements ropes course offers participants a unique opportunity to challenge themselves and experience success through cooperation with others. A group of 10-12 people is presented with an "obstacle" or challenging problem. Their goal is to find a solution using different problem-solving techniques, group coordination, and creativity. The course includes group initiatives and elements such as the Whale Watch, Spider's Web, and more.

#### **HIGH ROPES COURSE**

Michigania's high ropes course offers participants a chance to challenge themselves in a high adventure setting. While securely fastened in a safety harness, participants climb, swing, jump, and zip through high ropes course elements such as the Climbing Wall, the Leap of Faith, Zip Lines, and many more. Observers are not permitted at the high ropes course. It is important that participants remain focused on their task. If you would like pictures, please send your camera with your child and the ropes staff will do their best to capture photos. Please refer to your Blue Book for the high course schedule. Children under 10 years old (or entering fourth grade or lower) are not permitted to use the high ropes course. Pre-teens meet at the Nature Center front porch for their morning Ropes classes. 789's are guided to the course by their dedicated staff member for their Low Ropes/Challenge Games program. Adults and Teens meet at the Course.

# SUSTAINABILITY

At Camp Michigania, we are committed to maintaining and improving sustainable living for our campers and staff. In order to inform environmentally engaged campers about these ongoing efforts, we will host tours, film screenings, and workshops focused on our beautiful garden, tree planting, forestry, composting, and more. We encourage every camper to get involved and check the Blue Book for times and locations of these environmental programs.

#### **GARDENING ROUNDTABLE**

Meets at the garden (next to the Dining Hall).

#### SUSTAINABLE MICHIGANIA TOUR

Meets at the Nature Center.

#### GARDEN FRESH WORKSHOP

Meets at the garden (next to the Dining Hall). Sign up in North Lounge

#### SWIMMING

#### SIGN UP PROCEDURES

Sign up at Swimming for swimming lessons, Lake Swim, or to track your laps for Swim and Stay Fit.

#### **OPEN SWIMMING**

The swimming area is open daily from 1:30 PM to 5:30 PM except Sunday, when the open hours are 3 to 5 PM.

#### **MORNING KIDS GRID**

Includes aquatic games and activities that challenge and entertain children of different swimming abilities. The activities are designed to include all the children in the group regardless of ability. During inclement weather, alternate land games will be scheduled.

#### SWIM AND STAY FIT

One lane will be open each morning, **9:30** to 11:45 AM, for adults only wishing to swim lengths.

One length = 35 yards, 44 lengths = 1 mile

#### TESTING

To enter into the second swimming area, children must demonstrate an ability to swim the distance between the two swimming docks without stopping. Children under 5 years of age must be accompanied by an adult.

To swim in the raft area, swimmers must swim two lengths (one length of front crawl and one of back crawl) non-stop between the swimming docks, with good, strong strokes. Children must be in the 789's or older to take the "Fish" test.

#### SAFETY

While swimming and other water activities may be fun, there are hazards associated with the water. We ask your cooperation in using common sense and following the lifeguard's commands. The swimming area rules have been established to insure the safety of all.

#### \*NO SWIMMING ALLOWED WHEN THE AREA IS CLOSED!! DO NOT ENTER THE WATER UNLESS A LIFEGUARD IS ON DUTY.

#### LIFEGUARD SIGNALS

In a safe swimming area, all swimmers should be familiar with the guard's signals. They are as follows:

3 short blasts	EMERGENCY! - Clear the water immediately!
1 short blast	REPRIMAND
1 long blast	AREA CLOSED - Please clear the water

# **TEEN PROGRAM**

This program provides fun, supervised activities for all teens and pre-teens ages 10-17. Teens will be divided into 3 groups, with some activities separate and others together with all teens. Schedule:

- 8:30 PM: Pre-teens meet in the Long Barn to discuss the night's activities. On Sunday, parents are invited for first 15 minutes.
- **9:00 PM**: Maize and Blue Teens meet in the Long Barn and Teen Lounge, respectively.

#### Pre-teens (10-12 years)

Will meet in the Long Barn every evening at 8:30 PM for their activity, which may include hayrides, campfires, capture the flag, ropes course. Staff will walk Pre-teens back to their side of camp after their evening activity, and staff supervision of teens ends each evening at approximately 10 PM. Additional programs will take place on some afternoons; check the Blue Book for details.

#### MAIZE Teens (13-14 years)

Will meet in the Long Barn every evening. Evening activities for teens begin in the Long Barn at 9 PM and last until approximately 11 PM. Activities may include a hayride, campfire, ropes course, and dance. Staff supervision of teens ends each evening at approximately 11 PM.

#### BLUE Teens (15-17 years)

Will meet in the Long Barn. Evening activities for teens begin in the Long Barn at 9 PM and last until approximately 11 PM, except Thursdays. Evening activities may include a hayride, campfire, ropes course, and dance. Staff supervision of teens ends each evening at approximately 11 PM, aside from Thursday.

Thursdays - At the beginning of each camp week teens will have the option to vote on doing an extended activity or an overnight. If the overnight activity is chosen, we have equipment for camping out.

Both activities will be located at steak ride and food will be provided.

\*An emergency card/permission form is required for participation in the overnight. The form must be signed by a guardian/adult and the teen participant, and it can be done in advance online (umalumni.com/michiganual).

# TENNIS

#### SIGN UP PROCEDURES

Court sign-up sheets are posted Sunday in the North Lounge of the Dining Hall. Sign-up sheets for Tournaments are posted in the North Lounge of the Dining Hall. Please sign up for tournaments by Monday at lunch.

#### INSTRUCTION

Tennis instruction for children (by age group) is scheduled several afternoons throughout the week. Check the special events schedule in your Blue Book for specifics. Adult tennis instruction will take the campers through a progression of all major components of tennis. Lessons include basic tennis technique and strategy. Rackets and balls are provided for morning instruction. Morning instruction is for Blue Teens and older. Except where noted, all lessons will be held on the center courts.

#### TOURNAMENTS

Those wishing to play in the men's and women's singles, doubles, men's and women's doubles, mixed doubles, teen, and parent/child tournaments must sign up NO LATER THAN LUNCH ON MONDAY. Tournament sign-up sheets will be posted in the North Lounge of the Dining Hall. All tournaments are randomly drawn. Pairings for tournaments will be posted Monday by the end of dinner. Be sure to note your cabin and phone number so you and your opponent can find one another easily.

Each player/team is responsible for finding their opponents and completing their matches by the deadline given on the brackets. All matches must be completed before finals Friday morning. Matches are 8 game pro sets; finals are best 2 out of 3 six game sets. Players call their own lines, foot faults and score. Upon completion, results for matches must be posted in the Dining Hall North Lounge.

Tournament players must provide their own tennis balls for all matches, except the finals.

#### **COURT SIGN-UP PROCEDURE**

Sign-up sheets for reserving court time are located in the Dining Hall North Lounge until 9 AM daily. At 9 AM they will be moved to the various courts. Unreserved courts are considered open. Center courts will be unavailable for signup and matches during lesson times.

#### PICKLEBALL

Comparable to a combination of tennis and ping pong, pickleball is the new craze! Learn the basics of this trendy sport and play with fellow campers. A detailed schedule of tennis and pickleball lessons are included in your Blue Book.

# **PRIVATE LESSONS**

Private lessons are available in most program areas at the discretion of the staff in that area. This is an optional activity for staff and is not a mandatory service. Private lessons can only be done during times when the program area is closed. These lessons are for recreational purposes, so no awards or enhanced achievement levels will be granted. Schedule and wages should be worked out in advance with the staff members providing the lesson.

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# MEALS

#### **Dining Hall Hours**

Breakfast:	7:45 AM – 9 AM
Lunch:	12 PM - 1 PM
Dinner:	5:30 PM - 7 PM

The bell atop the Dining Hall rings three times each day announcing the opening of each meal. We expect families going through the line for meals together so parents can help their children take only what they will eat, and to make sure processes are followed.

#### **Dining Hall Process**

Only enter the dining hall through the double doors by the bathrooms, with your mask on. Before entering the servery, put on gloves (provided). Children should stay with their parents will in the servery. Proceed through the servery as quickly as possible to avoid overcrowding. Please sit with your family or cabin group, and leave tables in their existing locations. When leaving the dining hall, please exit only the lakeside or North and South doors.

Frozen Yogurt and Waffles are adults only, please get servings for your children.

At the beverage bars, please make sure you're wearing gloves, and, use a new cup for refills. If you're using a travel mug or water bottle, please make sure it is cleaned out before filling.

#### **Lunch & Dinner Service**

In addition to the service in the Dining Hall, grill items will be available outside the Dining Hall on Flagpole Hill **at** Greg's Grill. Please feel free to take your meal down to the Swimming beach to eat by the lake.

Coffee is available in the Education Center Sunday through Thursday, 8:30 AM – 10:30 PM, Friday 8:30 AM – 8 PM, and in the Dining Hall North Lounge from 7 AM – 8:30 PM.

#### Camp Michigania is not a nut free facility. Please notify our Food Service Director, and/or our Dining Room Manager, upon your arrival to notify them of nut allergies and discuss needs. We have nut free products onsite. Please feel free to ask to see labels.

# DIETARY NEEDS & FOOD ALLERGIES

**NUT ALLERGIES** 

If you have special dietary needs/food allergies, please see our Food Service Director and/or our Dining Room Manager, upon your arrival. They'll work with you to make sure you have a great mealtime experience at Camp.

# **CAMP POLICIES**

# **CAMPS COUNCIL**

The Camps Council Advisory Board consists of representatives from each week at camp and are a valuable resource for you during your stay. They provide direction and recommendations to the Camp Michigania professional staff, sharing your feedback throughout the summer and at two annual meetings.

# CAMPER BEHAVIOR STATEMENT

As your Camp Michigania Camps Council Representatives, our hope is to sustain and enhance the camp experience for all families attending camp now and in the future. We would like to remind everyone that Camp Michigania represents a special place for all of our families, and we hope it always remains a welcoming, safe and enjoyable place. Your Camps Council fully supports the Camp policies regarding appropriate behavior and expectations of our campers throughout their week at camp, and would ask that each family review these expectations. Please feel free to contact your week's representative if you have any input or concerns.

# ALCOHOL AND DRUGS

Michigania's policy with regard to alcohol and drugs is consistent with state law. In Michigan, the legal age for the purchase, distribution, and consumption of all alcoholic beverages is 21. Those campers of legal age who choose to consume alcoholic beverages while at Michigania must only do so with proper and lawful regard for the rights and safety of others. It is the responsibility of those who have alcoholic beverages at Michigania to make certain they are not available to minors at any time, including making certain that all alcoholic beverages are stored securely inside their cabin unit (not in common rooms, on front porches, etc.) Michigania is a family camp and should be treated as such at all times. Consumption in program areas and other common areas should be kept to a minimum.

Campers choosing to drink should do so responsibly, with an awareness that inappropriate, alcohol impaired behavior dangerous to themselves or dangerous/disruptive to others may result in the Camp administration intervening, and possibly asking them to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied. Use, possession, or distribution of illegal drugs is strictly prohibited. Campers are also responsible for properly handling and securing prescription medications. Those who violate the law will be held legally responsible for their actions and required to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied.

# AUTOMOBILES

To ensure the safety of all campers, and enhance the "Camp" atmosphere, use of vehicles in Camp is severely restricted. After unloading belongings at their cabins, campers should park their car in one of Michigania's parking lots. Unless authorized by the administration, cars should not be driven in cabin and program areas again until the end of the week. Campers who leave Michigania mid-week should walk to and from the parking lots. Pull carts will be provided at each lot to aid those who need to transport items between their cabin and their car during the week.

# BICYCLES

Bicycles may be ridden only in designated areas at specified times. These include the Camp road, west of the North Camp parking area. Campers are requested to walk their bicycles to and from their cabins. Please ride slowly and use extreme caution at all times!

# **COURTESY FOR OTHERS**

Respect for the rights of others is essential if everyone is to enjoy their Camp Michigania experience. We remind you that sound carries at Michigania (more than you may realize) and many children and adults attempt to sleep early in the evening. If you are being disturbed, we encourage you to make your concern known. We expect that an appeal for quiet will generate a positive, cooperative response. Excessive inappropriate behavior, as determined by the Camp administration, may require campers to forego the balance of their week at Michigania. In addition, future attendance at Michigania may be denied.

# **ELECTRONIC DEVICES**

We encourage all campers to take advantage of the unique natural environment at Michigania as well as the opportunity to interact with other campers. Therefore, we ask your discretion with electronic devices (such as iPods, handheld gaming devices, tablets, and cellphones). Electronic devices should not be brought to morning kids' activities or workshops.

# **DRONE POLICY**

Operation of a UAS by anyone on other U-M affiliated properties, such as Camp Michigania in Boyne City, MI is prohibited unless the use is approved by the IASC. The process for obtaining approval is initiated through submission of an application to the IASC, along with written permission from the Operating Site Property Manager. After review of the application and any supplemental information provided or requested, the IASC will either approve or deny the requested permission. If the IASC grants permission, it will be valid for a specific use and time period. If the IASC or Operating Property Site Manager denies the request, the use will be prohibited.

# **GLASS BOTTLES**

Due to the hazards associated with broken glass, we urge you to bring all beverages to Michigania in recyclable aluminum cans or plastic bottles. If you do find the need to have glass bottles, please be very careful with them, and remember to dispose of all containers in the proper recycling receptacles. Glass bottles are not permitted in the swimming or boating areas.

# PETS

Some of our best friends walk on all fours, but we simply don't have accommodations for them at Michigania. Please leave your pets at home with a friend, or at one of our local kennels. Information on these local kennels can be found online or by contacting the Camp office. The Alumni Association of the University of Michigan recognizes the increased prevalence of service dogs in society. The US Department of Justice Civil Rights Division, Disability Rights Section, under ADA requirements, defines a service animal:

Service Animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Examples of such work or tasks include guiding people who are blind. alerting people who are deaf, pulling a wheelchair, alerting and protecting a person who is having a seizure, reminding a person with mental illness to take prescribed medications, calming a person with Post Traumatic Stress Disorder (PTSD) during an anxiety attack, or performing other duties. Service animals are working animals, not pets. The work or task a dog has been trained to provide must be directly related to the person's disability. Dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA.

Per ADA and Department of Justice guidelines, The Service Dog policy for Camp Michigania is as follows:

A written request from a camper to bring a service dog to Camp must be submitted no later than 30 days prior to the start of the week the camper will be attending camp. The letter must answer the following questions:

- 1. Is the dog a service animal required because of a disability?
- 2. What work or task has the dog been trained to perform?
- 3. The dog shall wear a Service Dog vest at all times when outside the cabin.
- The dog should be on a leash at all times, be under the control of the owner and not be allowed to run loose. This includes the entire Camp grounds, hiking trails, beaches and roads.
- 5. The dog shall not threaten or disturb (including barking) any other person, or persons, nor any camp program.

6. The owner must immediately pick up after the dog and properly dispose of any waste.

The Director of Camp Michigania shall have the authority to ask that a Service Dog be removed from Camp Michigania if the terms of the above policy are violated.

# **RECYCLING & TRASH**

It is the responsibility of all who enjoy Camp Michigania's facility to help maintain its beauty. We ask that you help us be better environmental stewards by ensuring that your trash is placed in proper receptacles in your cabin and throughout camp, and by picking up any litter you may see. Camp Michigania continues to enhance our recycling and composting programs. Trash, recycling, and composting bins will be available in several areas around camp, including program areas, the Dining Hall, and the Education Center. There will also be a recycling bin located in your cabin's common area for easy transport to one of the designated locations around camp. Detailed recycling and composting information is also in your blue books and posted in cabins. If you have additional questions, please ask the staff.

**MIXED RECYCLING** includes all plastics, clear and colored glass, and metals. These black bins in blue racks are located wherever there is a trash bin throughout camp.

**RETURNABLE CANS** - place in marked bins at CAC, Nature, the North Lounge, Education Center, North and South Laundry.

Michigania staffers sort through the recycling by hand. Please make sure all items are clean and empty!

#### SMOKING

Because of the serious dangers associated with fire, we ask all campers to be especially careful with matches, cigarettes and other flammable materials. SMOKING AND VAPING IS PROHIBITED except for in designated areas. Those areas are the hill to the west of the Education Center and the Staff parking lot to the west of the dumpsters.

# VALUABLES

Campers may check valuables at the Michigania office for safekeeping. Items in the safe can be reclaimed any time during regular office hours.

# YOUR CAMP ACCOUNT

# **PROGRAM AREA CHARGES**

Additional charges for materials and other expenses are assessed in the following program areas:

- Riflery
- Nature
- Ceramics/Arts & Crafts

Children's groups in the morning will not be charged program fees. Exact amounts for the above-mentioned materials/activities are available at those program areas. Charges incurred in program areas are added to your Michigania account and are payable at Friday night checkout in the Dining Hall.

# CHECK OUT

Invoices will be emailed to campers following their week at camp. Final payments may be made online or by check.

# GUESTS

For the summer of 2021, we ask that no guests visit Camp Michigania.

# SAFETY AT MICHIGANIA

# **BABYSITTING OPTIONS**

# SAFETY POLICIES

There is a sense of security and well-being at Michigania. Camp provides many opportunities for personal growth and development. Children in particular are often given more freedom and less supervision than usual. While we all would like the Camp environment to be worryfree, there are risks present. Children must not be left unsupervised on the docks or near the water when the boating and swimming areas are closed, and they may not visit the riding stable and venture into the horse stalls unattended. These are but two examples of activities (both in violation of Camp rules) with potentially serious consequences. It is the responsibility of parents and guardians of minors to supervise the children under these and similar circumstances and times. Everyone, and in particular adults attending with children, should be cognizant of and obey Camp rules (provided in each cabin unit and available at the office) and use common sense to avoid potential hazards. Parental/adult supervision of children is needed at Michigania. just as much, if not more than at home.

# **FIRST AID**

The Michigania infirmary is located on the lower level of the Education Center and is staffed by a medical professional during posted hours. In case of a medical emergency during the day, report to any staff person and a medical professional will be contacted. In case of an emergency during the night, you may choose to go directly to Northern Michigan Hospitals' emergency room (located in Petoskey, approximately fifteen minutes from Michigania; directions are on your Emergency Action Plan, posted in your cabin). Or you may contact the Camp administration per the information posted in your cabin. In order to help minimize the potential for accidents please obey Michigania's safety rules, which have been established for everyone's safety and well-being.

# **PRIVATE BABYSITTING**

Staff may be asked to babysit for any age children throughout the week. They can only babysit when they are not on duty and hours and wages should be worked out in advance directly between you and the staff member.

Adults must arrange to have a private babysitter for Keg & Koke if they:

- have children younger than five
- wish to leave Michigania

We suggest you make arrangements with a staff member early in the week. Hours and wages should be worked out in advance with your sitter. Staff may be asked to babysit for any age children throughout the week in addition to Keg & Koke on Friday.

# **OTHER DETAILS**

# **GOLF CARTS**

A limited number of golf carts are available for campers who have difficulty walking. If you would like to reserve a golf cart, please contact the Michigania office at 231.582.9191, ideally at least 2 weeks prior to your arrival. Golf cart rates can be found online.

#### BEDDING

1 bedroom units have a queen bed and 2 bedroom units have a queen bed and 2 sets of bunk beds. Blankets and pillows **WILL NOT BE** furnished by Michigania for the summer of 2021. You may wish to bring a sleeping bag, comforter, or electric blanket. You may bring your own sheets and pillow cases, or we will provide sheets pillowcases, and a bathmat, free of charge. **Michigania does NOT provide towels and washcloths.** 

#### ICE MACHINES

Ice machines are located outside the North and South Camp laundromats.

#### LAUNDRY

Laundromats are located in North Camp and South Camp. Each laundry has coin-operated washing machines and dryers, and a change machine is available. Please visit the office for bill exchange or quarters. To assist in envrionmental stewardship, low phosphate detergent is furnished by Camp, and we ask you to only use our detergent. As a courtesy to others, please remove your clothing as soon as the cycle is completed.

#### LOST AND FOUND

Check the lost and found area in the Dining Hall North Lounge. A lost and found box can be found in each program area, but are all brought to the Dining Hall North Lounge at the end of each week. If you cannot find an item in the area you lost it or in the Dining Hall North Lounge, check with the office. Valuable items (wallets, watches, cameras, jewelry, etc.) are taken to the Main Office and a loss report can be made in the office. Unclaimed items are given to charity 14 days after the end of each week. If you arrive home and realize you are missing an item, please contact Michigania as soon as possible. If your item is found, we will ship it to you at your expense.

# MAINTENANCE AND HOUSEKEEPING

Cabins are cleaned between each week, so it is important that campers depart by 10 AM and arrive no earlier than 3 PM. During the week, housekeeping supplies, including garbage bags, light bulbs, and basic cleaning supplies are available at the Education Center.

If you have a maintenance issue (torn screen, broken door hinge, etc.) please add it to the maintenance request list located in the office, and we'll take care of it.

# MAIL AND PHONE MESSAGES

# **COMPUTER AND INTERNET ACCESS**

Outgoing mail may be left at the office, placed in the mailbox west of the Education Center, or placed in the "outgoing mail" box located outside the store. Stamps may be purchased in the Camp store. A notice of incoming mail and phone messages is posted in the servery during each meal. The actual messages or mail are held in the office. If you are expecting a phone call or mail, please check at the office during office hours.

Mail sent to you during your visit should be addressed as follows:

Your name

c/o Michigania 3006 Camp Sherwood Road Boyne City, MI 49712-9361

# **CAMPER TELEPHONE**

We have a phone available for camper use located near the lower entrance of the Education Center, please follow the posted signs to the camper work area. Computer access is available in the camper work area in the lower level of the education center. Please limit usage to 30 minutes if others are waiting. Wireless access is available in the Education Center for campers with laptops, tablets, or other devices with wireless connectivity. A nominal charge of \$10 per family per week will be added to your account. Please sign up at check-in or at the office. We ask that children not be online in public areas, as many families are "disconnecting and reconnecting" during the week.

# THE MICHIGANIA STORY

Michigania is owned and operated by the Alumni Association of the University of Michigan. It is the home of Michigan alumni camping in the summer, and a variety of educational and recreational programs throughout the fall, winter, and spring. The Alumni Association began its camping program in August 1961. Two one-week sessions for Alumni Association members and their families were offered at the University's Biological Station on Douglas Lake (approximately 45 miles north of Michigania). The following summer, the Association leased the facilities of two children's camps during their postcamp seasons: Camp Charlevoix on Lake Charlevoix, and Camp Huntingdon/Sherwood on Walloon Lake. Both filled quickly and it became apparent a permanent site was needed.

In the fall of 1962, following an extensive search, the Association learned the owners of Camp Huntingdon/Sherwood were retiring and wished to sell their camp. Assuring the owners it would continue to operate a camping program on the 377 acre site, the Alumni Association purchased Camp Huntingdon/Sherwood in December 1962. In what can be called a Herculean effort, many alumni and alumnae donated time and materials to renovate the camp's facilities prior to the 1963 season, in order to make them better suited to family camping. The first Memorial Day Work Weekend took place that year with a number of committed volunteers lending a hand to prepare camp for the approaching summer season, and this tradition continues today with 75-100 volunteers participating each year.

The 1963 Camp season consisted of ten one-week sessions, each filled to capacity with an average of 50 families per week. In the years since, the popularity of alumni camping has grown steadily. Additional cabins have been built and the season has been extended to eleven weeks to allow more alumni, alumnae and their families to attend, with capacity over 100 families per week, and a wait list of over 100 families. In addition to Michigania on Walloon Lake, the Alumni Association has operated an alumni camping program in upstate New York since 1973. Using the facilities of Pointe O'Pines, a private girl's camp, Michigania East can accommodate approximately 50 families during each of its sessions at the end of August.



