30 Minute Mentor Role

As a 30 Minute Mentor you are a guide and resource who will share your academic and professional experience to help a current U-M student build success at U-M and prepare to launch their careers.

Though your session is only 30 minutes, your conversation shows students how to make professional contacts, explore different professional paths, and evaluate internship and career choices.

Alumni mentors set the tone for a comfortable, respectful, and open-minded conversation that will be mutually beneficial for both parties. Mentors benefit by refining your coaching skills, expanding your professional network, and learning about the current U-M campus climate and student population.

30 Minute Mentors

By volunteering as a 30 Minute Mentor, you agree to have your career volunteer profile information published on the Alumni Association’s website for the length of the event. Students will have the opportunity to review your information and register to meet with you. To start out your session, you may want to ask students:

- Their goals for 30 Minute Mentor session
- Their background including major, graduation year, activities, clubs, and work experience

What is Expected of a 30 Minute Mentor?

- One time 30 Minute Mentor session with the students
- Approach the mentoring session with an open mind, professionalism and respect
- May review resume if mentor feels comfortable and opportunity arises
- Complete the post mentoring survey

What is Not Expected of a 30 Minute Mentor?

- To have all the answers for your student
- To offer jobs or internships to your student
- To continue the relationship after fulfilling your 30 Minute session
- To completely write a student’s resume from scratch

**30 Minute Mentors – Student Expectations**

- Approach the mentoring session with an open mind, professionalism and respect
- Be appropriate in requests and questions (in particular, not asking for a job or an internship)
- Read the Alumni Association’s [Guide to Networking](#)
- May bring a resume and [business card](#)
- Complete the post mentoring survey
- If you need to cancel the appointment, please do so at least 24 hours in advance

30 Minute Mentors is a service provided by the Alumni Association of the University of Michigan to students and alumni of the University. While the Alumni Association strives to identify relevant and qualified professionals to provide career advice, we cannot be responsible for screening or evaluating the quality of advice provided by alumni mentors.